

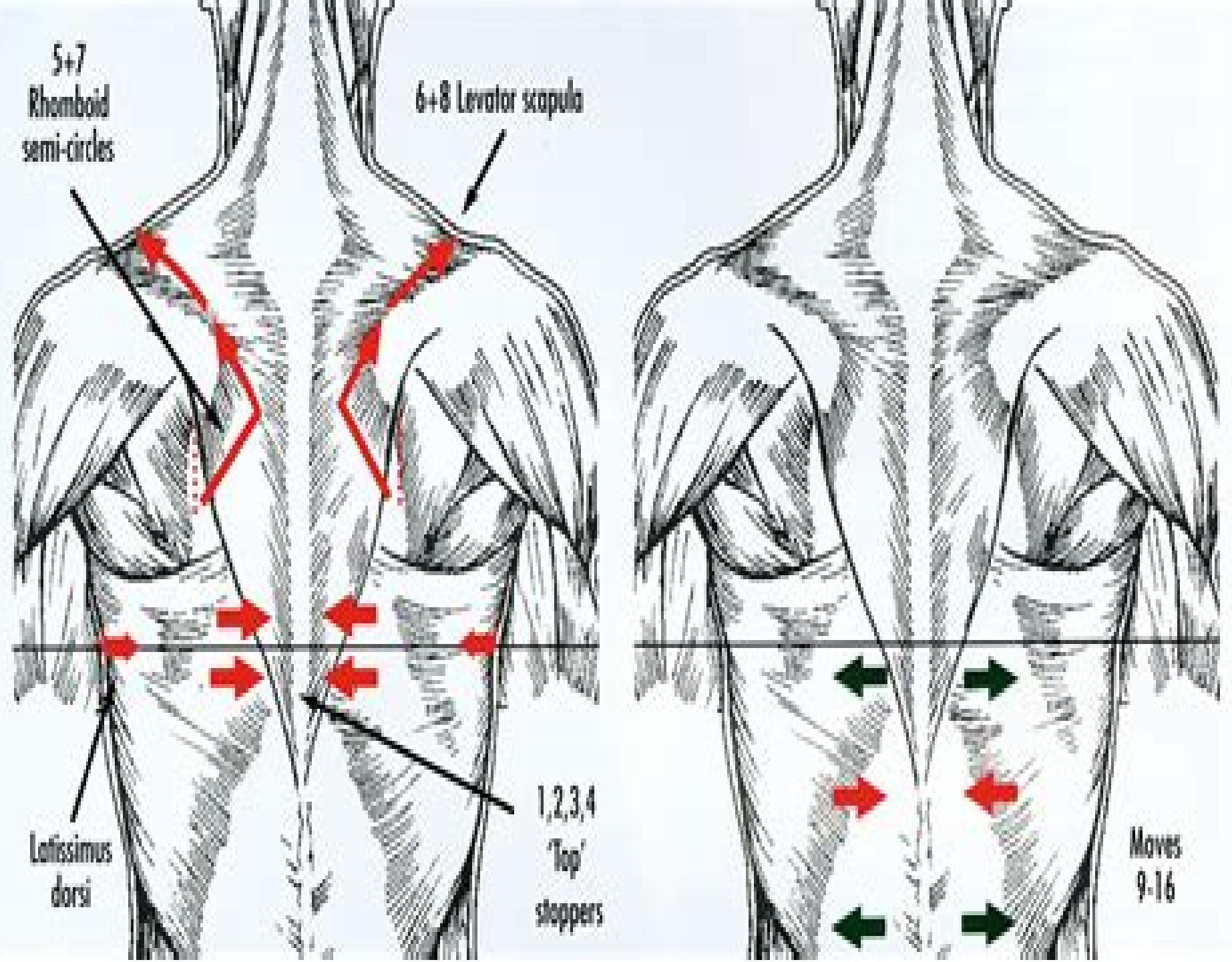
5+7
Rhomboid
semi-circles

6+8 Levator scapula

Latissimus
dorsi

1,2,3,4
'top'
stoppers

Moves
9-16



The Bowen Technique

CO Houle



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