

*Mark Andon, Ph.D.  
Senior Scientist, Procter & Gamble Company*

# Super Calcium Miracle

*Increase  
your calcium  
absorption  
by 40%*

The Calcium Citrate  
Malate Breakthrough



**REDUCE YOUR RISK  
OF OSTEOPOROSIS!**

# Super Calcium Miracle The Calcium Citrate Malate Breakthrough

**D Siedentop**



### **Super Calcium Miracle The Calcium Citrate Malate Breakthrough:**

Super Calcium Miracle Mark Andon,1998 Are you getting enough calcium Recent studies show that most people are not Calcium the building block of your bones is critical for good health and a strong skeleton Now you can substantially improve your bone health and protect against osteoporosis with a remarkable new source of calcium CCM calcium citrate malate This super calcium extensively researched at leading universities for over a decade delivers more absorbable calcium and better protection against bone loss than other calcium supplements Dr Mark Andon describes what optimal calcium nutrition is and provides compelling evidence showing why CCM should be part of your arsenal against bone loss including How calcium helps maintain vital functions and strong bones Why you should double your calcium intake now Why certain lifestyle factors can make or break your bones How CCM provides 40% more calcium absorption than other calcium sources And more Super Calcium Miracle goes beyond speculation to give you a winning formula for success in your fight against bone loss

Beverage Quality and Safety Tammy Foster,Purnendu C. Vasavada,2003-06-26 Based on an IFT short course Beverage Quality and Safety offers information on the latest beverage industry trends related to products processing and packaging technologies including new generation nutraceutical beverages It also covers important regulatory issues including federal regulations on HACCP Among the topical issues it addresses **Books in Print Supplement** ,2002 **Subject Guide to Books in Print** ,1991 *Forthcoming Books* Rose Arny,1999-04 **Effects of Calcium Citrate Malate and Calcium Citrate Malate Plus Trace Minerals on Bone Density and Serum Trace Minerals** Robert J. Saldivar,1987

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