

REVIEW ARTICLE

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Why do adolescents attempt suicide? Insights from leading ideation-to-action suicide theories: a systematic review

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Suicide is a leading cause of death among adolescents, and recent suicide theories have sought to clarify the factors that facilitate the transition from suicide ideation to action. Specifically, the Interpersonal Theory of Suicide (IPTS), Integrated Motivational-Volitional Model (IMV), and Three Step Theory (3ST) have highlighted risk factors central to the formation of suicidal ideation and suicidal behaviors, which is necessary for suicide death. However, these models were initially developed and tested among adults, and given core socioemotional and neurodevelopmental differences in adolescents, the applicability of these models remains unclear. Directly addressing this gap in knowledge, this systematic review aimed to (1) describe the evidence of leading ideation-to-action theories (i.e., IPTS, IMV, 3ST) as they relate to suicide risk among adolescents, (2) integrate ideation-to-action theories within prevailing biological frameworks of adolescent suicide, and (3) provide recommendations for future adolescent suicide research. Overall, few studies provided a complete test of models in adolescent samples, and empirical research testing components of these theories provided mixed support. Future research would benefit from integrating neurodevelopmental and developmentally sensitive psychosocial frameworks to increase the applicability of ideation-to-action theories to adolescents. Further, utilizing real-time monitoring approaches may serve to further clarify the temporal association among risk factors and suicide.

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INTRODUCTION

Despite considerable global prevention efforts [1], suicide remains a leading cause of death among adolescents [2]. Broadly, adolescence is a developmental period characterized by substantial social change, including greater reliance on peer support [3–5], burgeoning romantic relationships [3], and enhanced autonomy [6]. For some, these changes cause stress [7, 8], which may contribute to the increased occurrence of affective disorders [9, 10] and suicide attempts [11, 12] during adolescence. Accordingly, leading suicide theories have sought to clarify how stressors and related risk factors facilitate the emergence of suicidal thoughts and behaviors (STB).

Several suicide theories have operationalized pathways from suicidal ideation to behaviors. The most widely recognized theories for examining “ideation-to-action” pathways in adolescent populations include the Interpersonal Theory of Suicide (IPTS; Joiner [13]; Van Orden et al. [14]), Integrated Motivational-Volitional Model (IMV; O’Connor [15]), and Three Step Theory (3ST; Klonsky and May, [16]). According to IPTS, the simultaneous presence of thwarted belongingness, perceived burdensomeness, and hopelessness about interpersonal states leads to intense active suicidal desire, and it is necessary for individuals to have a low fear of death and high pain tolerance to transition to suicidal behavior. The IMV is a three-part model that delineates background factors and triggering events (pre-motivational phase) that increase vulnerability for suicidal ideation. Suicidal ideation and intent form through constructs of defeat and entrapment, and

transition to suicidal behavior depends on volitional moderators, which include but are not limited to capability factors outlined in IPTS. The most recently developed theory, 3ST, requires the simultaneous presence of pain and hopelessness to contribute to suicidal ideation, which intensifies only if pain overwhelms feelings of connectedness. Similar to the other theories, the capability to act on suicidal thoughts leads to suicide attempts (for similarities and differences across theories, see Table 1). Generally, these models were developed and tested among adults and later extended to adolescent populations. However, there are important interpersonal, socioemotional, and neurodevelopmental differences between youth and adults that may impact these models [17]. Therefore, the aim of this systematic review is to (1) delineate evidence for these ideation-to-action theories among adolescents, (2) incorporate aspects of these theories within recent frameworks that highlight biological components as risk factors for adolescent suicide, and (3) provide recommendations for future adolescent suicide research.

METHOD

PRISMA guidelines were applied to prepare this systematic review [18]. PubMed and Google Scholar searches were conducted to identify empirical articles testing the IPTS, IMV, and 3ST beginning from the dates that theories were published through January 1, 2023. The search terms included the name of the theory (e.g., “3ST”, “Three-Step Theory”) and suicide-related terms (e.g., “suicide

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Suicide And Attempted Suicide Among Children And Adolescents Developmental Clinical Psychology And Psychiatry

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Suicide And Attempted Suicide Among Children And Adolescents Developmental Clinical Psychology And Psychiatry:

Suicidal Behavior in Children and Adolescents Barry M. Wagner, 2009-10-13 In this remarkably clear and readable evaluation of the research on this topic Barry Wagner presents the current state of knowledge about suicidal behaviors in children and adolescents addressing the trends of the past ten years and evaluating available treatment approaches Wagner provides an in depth examination of the problem of suicidal behavior within the context of child and adolescent behavior Among the developmental issues covered are the evolving capacity for emotional self regulation change and stresses in family peer and romantic relationships and developing conceptions of time and death He also provides an up to date review of the controversy surrounding the possible influence of antidepressant medications on suicidal behavior Within the context of an integrative model of the suicide crisis Wagner discusses issues pertaining to assessment treatment and prevention

The Development of Emotion Regulation and Dysregulation Judy Garber, 1991-05-31 Provides a developmental perspective of the regulation and dysregulation of emotion in particular how children learn about feelings and how they learn to deal with both positive and negative feelings Emotion regulation involves the interaction of physical behavioral and cognitive processes in response to changes in one's emotional state The changes can be brought on by factors internal to the individual e.g biological or external e.g other people Featuring contributions from leading researchers in developmental psychopathology the volume concentrates on recent theories and data concerning the development of emotion regulation with an emphasis on both intrapersonal and interpersonal processes Original conceptualizations of the reciprocal influences among the various response systems neurophysiological biochemical behavioral expressive and subjective experiential are provided and the individual chapters address both normal and psychopathological forms of emotion regulation particularly depression and aggression from infancy through adolescence This book will appeal to specialists in developmental clinical and social psychology psychiatry education and others interested in understanding the developmental processes involved in the regulation of emotion over the course of childhood *Annual Progress in Child Psychiatry and Child Development, 1988*

Stella Chess, Alexander Thomas, Margaret E. Hertzog, 1988-12 The 21st annual edition of a respected review Covers developmental studies child care and methodological issues temperament clinical issues autism physical illness child abuse adolescence Not indexed Annotation copyright Book News Inc Portland Or

Forensic Child and Adolescent Mental Health Susan Bailey, Prathiba Chitsabesan, Paul Tarbuck, 2017-04-24 An overview of forensic child and adolescent mental health for professionals in mental health social care education law and policy [Handbook of Developmental](#)

[Psychopathology](#) Michael Lewis, Karen D. Rudolph, 2014-04-09 When developmental psychologists set forth the theory that the roots of adult psychopathology could be traced to childhood experience and behavior the idea quickly took hold

Subsequently as significant research in this area advanced during the past decade more sophisticated theory more accurate

research methodologies and improved replication of empirical findings have been the result. The Third Edition of the Handbook of Developmental Psychopathology incorporates these research advances throughout its comprehensive up to date examination of this diverse and maturing field. Integrative state of the art models document the complex interplay of risk and protective factors and other variables contributing to normal and pathological development. New and updated chapters describe current refinements in assessment methods and offer the latest research findings from neuroscience. In addition, the Third Edition provides readers with a detailed review across the spectrum of salient topics from the effects of early deprivation to the impact of puberty. As the field continues to shift from traditional symptom based concepts of pathology to a contemporary dynamic paradigm, the Third Edition addresses such key topics as Early Childhood disorders including failure to thrive and attachment disorders, Aggression, ADHD and other disruptive conditions, Developmental models of depression, anxiety, self injury, suicide, and OCD, The autism spectrum and other chronic developmental disorders, Child maltreatment and trauma disorders. The Third Edition of the Handbook of Developmental Psychopathology is a discipline defining forward looking resource for researchers, clinicians, scientist practitioners and graduate students in such fields as developmental psychology, psychiatry, social work, child and school psychology, educational psychology and pediatrics.

The Oxford Handbook of Behavioral Emergencies and Crises Phillip M. Kleespies, 2016-09-19. The Oxford Handbook of Behavioral Emergencies and Crises includes the most up to date and valuable research on the evaluation and management of the most challenging patients or clients faced by mental health providers: individuals who are at high risk of suicide, of other directed violence, or of becoming the victims of interpersonal violence. These are cases in which the outcome can be serious injury or death, and there can be negative consequences not only for the patient but also for the patient's family and friends, for the assessing or treating clinician, and for the patient's clinic or medical center. Virtually all mental health clinicians with an active caseload will see individuals with such issues. This Handbook is comprised of chapters by leading clinicians, researchers, and scholars in this area of practice. It presents a framework for learning the skills needed for assessing and working competently with such high risk individuals. Chapters draw a distinction between behavioral emergencies and crises, and between emergency intervention and crisis intervention. The book examines the inter related aspects of the major behavioral emergencies, that is, for example, the degree to which interpersonal victimization may lead an individual on a pathway to later suicidal or violent behavior, or the degree to which suicidal individuals and violent individuals may share certain cognitive characteristics. This resource is not simply a knowledge base for behavioral emergencies; it also presents a method for reducing stress and acquiring skills in working with high risk people.

Abnormal Child and Adolescent Psychology Linda Wilmschurst, 2017-03-03. Written from a developmental perspective, Abnormal Child and Adolescent Psychology is organized around five prominent and recurring themes: the course of normal development proceeds in an orderly and predictable direction; maladaptive behaviors represent deviations from the normal path; maladaptive behavior is

represented by a continuum of severity symptoms syndromes disorders based on the degree to which behaviors deviate from the norm individual interpersonal contextual and cultural factors interact in a reciprocal way to influence normal development and abnormal deviations theoretical input from diverse perspectives can guide our understanding of underlying processes that precipitate and maintain behaviors and the different developmental pathways that might result The revision will be divided into 5 sections all integrating the DSM 5 and will include a new chapter on child maltreatment and self injurious behavior

National Library of Medicine Current Catalog National Library of Medicine (U.S.),1987 **Abnormal Child and Adolescent Psychology** Rita Wicks-Nelson,2015-08-07 Abnormal Child and Adolescent Psychology with DSM 5 Updates 8 e presents students with a comprehensive research based introduction to understanding child and adolescent psychopathology The authors provide a logically formatted and easy to understand text that covers the central issues and theoretical and methodological foundations of childhood behavior disorders Rich with illustrations and examples this text highlights the newest areas of research and clinical work stressing supported treatments and the prevention of behavior problems of youth

BASIC PSYCHOLOGICAL SKILLS FOR FRONT-LINE STAFF OF RESIDENTIAL YOUTH FACILITIES Kenneth France,1993-01-01 Bringing about meaningful change in the lives of young people in residential care programs requires that staff members use key psychological skills and abilities including goal setting communication problem solving behavior modification suicide prevention and stress management This text skillfully addresses these fundamental capabilities Chapter 1 examines a frequently encountered condition learned helplessness then discusses the issue of setting goals Chapter 2 focuses on communication with emphasis on listening skills and on the development of positive relationships Chapter 3 describes problem solving from three perspectives helping a resident to confront an issue facilitating small group problem solving and supervising large group discussions Chapter 4 gives a user friendly presentation of behavior modification Chapter 5 reviews methods for assessing suicide lethality and intervening with suicidal residents And the final chapter provides several effective methods of coping with stress This most useful book is a fundamental resource for new and veteran staff of residential youth facilities as well as a practical text for college courses that prepare students for work in these organizations In addition it serves as a primer for those who serve internships or do volunteer work in such programs

The Oxford Handbook of Suicide and Self-injury Matthew Nock,2014 This handbook provides a comprehensive summary of the most important and exciting advances in our understanding of suicide and self injury and our ability to predict and prevent it

Encyclopedia of Mental Health ,2015-08-26 Encyclopedia of Mental Health Second Edition Four Volume Set tackles the subject of mental health arguably one of the biggest issues facing modern society The book presents a comprehensive overview of the many genetic neurological social and psychological factors that affect mental health also describing the impact of mental health on the individual and society and illustrating the factors that aid positive mental health The book contains 245 peer reviewed articles written by more than 250 expert authors and provides essential material

on assessment theories of personality specific disorders therapies forensic issues ethics and cross cultural and sociological aspects Both professionals and libraries will find this timely work indispensable Provides fully up to date descriptions of the neurological social genetic and psychological factors that affect the individual and society Contains more than 240 articles written by domain experts in the field Written in an accessible style using terms that an educated layperson can understand Of interest to public as well as research libraries with coverage of many important topics including marital health divorce couples therapy fathers child custody day care and day care providers extended families and family therapy Handbook of Depression in Children and Adolescents John R. Z. Abela, Benjamin L. Hankin, 2008-01-01 This timely authoritative volume provides an integrative review of current knowledge on child and adolescent depression covering everything from epidemiology and neurobiology to evidence based treatment and prevention From foremost scientist practitioners the book is organized within a developmental psychopathology framework that elucidates the factors that put certain children at risk and what can be done to help Proven intervention models are discussed in step by step detail with coverage of cognitive behavioral interpersonal and pharmacological approaches among others Special topics include sex differences in depression understanding and managing suicidality and the intergenerational transmission of depression Handbook of Adolescent Development Sandy Jackson, Luc Goossens, 2020-01-29 Handbook of Adolescent Development fills a gap in the literature on adolescent development and behaviour all of the authors of the various chapters were invited to include as many findings on European adolescents as possible Through this specific emphasis the handbook provides a complement to other reviews of the literature that are mostly based on North American samples The contributors are all eminent researchers in the field and the individual chapters cover their specific areas of expertise Theories of adolescence along with emotional physical and cognitive issues are explored Topics covered include families peer relations school and leisure time as well as problem areas such as depression drug consumption and delinquency Handbook of Adolescent Development also incorporates a comprehensive review of the literature in the area and considers avenues for future research This multidisciplinary text will be of interest to those studying and researching in the fields of developmental psychology sociology demography epidemiology and criminology **Encyclopedia of Cognitive Behavior Therapy** Stephanie Felgoise, Arthur M. Nezu, Christine M. Nezu, Mark A. Reinecke, 2006-06-18 One of the hallmarks of cognitive behavior therapy is its diversity today Since its inception over twenty five years ago this once revolutionary approach to psychotherapy has grown to encompass treatments across the full range of psychological disorders The Encyclopedia of Cognitive Behavior Therapy brings together all of the key aspects of this field distilling decades of clinical wisdom into one authoritative volume With a preface by Aaron T Beck founder of the cognitive approach the Encyclopedia features entries by noted experts including Arthur Freeman Windy Dryden Marsha Linehan Edna Foa and Thomas Ollendick to name but a few and reviews the latest empirical data on first line therapies and combination approaches to give readers both insights into clients problems and the

most effective treatments available Common disorders and conditions anxiety depression OCD phobias sleep disturbance eating disorders grief anger Essential components of treatment the therapeutic relationship case formulation homework relapse prevention Treatment methods dialectical behavior therapy REBT paradoxical interventions social skills training stress inoculation play therapy CBT medicine combinations Applications of CBT with specific populations children adolescents couples dually diagnosed clients the elderly veterans refugees Emerging problems Internet addiction chronic pain narcolepsy pathological gambling jet lag All entries feature reference lists and are cross indexed The Encyclopedia of Cognitive Behavior Therapy capably fills practitioners and educators needs for an idea book teaching text or quick access to practical workable interventions

Handbook of Borderline Personality Disorder in Children and Adolescents Carla Sharp, Jennifer L. Tackett, 2014-04-21 Diagnosing Borderline Personality Disorder BPD in young people has long been a tough call for clinicians either for fear of stigmatizing the child or confusing the normal mood shifts of adolescence with pathology Now a recent upsurge in relevant research into early onset BPD is inspiring the field to move beyond this hesitance toward a developmentally nuanced understanding of the disorder The Handbook of Borderline Personality Disorder in Children and Adolescents reflects the broad scope and empirical strengths of current research as well as promising advances in treatment This comprehensive resource is authored by veteran and emerging names across disciplines including developmental psychopathology clinical psychology child psychiatry genetics and neuroscience in order to organize the field for an integrative future Leading edge topics range from the role of parenting in the development of BPD to trait based versus symptom based assessment approaches from the life course trajectory of BPD to the impact of the DSM 5 on diagnosis And of particular interest are the data on youth modifications of widely used adult interventions with session excerpts Key areas featured in the Handbook The history of research on BPD in childhood and adolescence Conceptualization and assessment issues Etiology and core components of BPD Developmental course and psychosocial correlates Empirically supported treatment methods Implications for future research assessment and intervention The Handbook of Borderline Personality Disorder in Children and Adolescents is a breakthrough reference for researchers and clinicians in a wide range of disciplines including child and school psychology and psychiatry social work psychotherapy and counseling nursing management and research and personality and social psychology

Handbook of Preschool Mental Health Joan L. Luby, 2009-06-19 Children

Journal of Applied Behavior Analysis, 1985

Handbook of Depression in Children and Adolescents William M. Reynolds, Hugh F. Johnston, 2013-11-22 Anyone who has ever been close to a seriously depressed child has undoubtedly been affected by the youngster's vulnerability misery and pain Indeed it is much like caring for a child who is in physical pain For the child in the depths of depression no activity is fun nothing can be enjoyed and no one can provide enough consolation or comfort At times the youngster may cry or whimper There may be fits of defiance or rage and sometimes withdrawal into a numb sullen silence A child in this state tries the patience of parents and siblings

Remedies of every sort are tried including gifts punishments bribes lectures pleading and a host of others Such efforts occasionally provide temporary relief but more often they seem to make matters worse Commonly there is an emotional wall of anger and frustration between a depressed child and other family members that may inevitably lead to further isolation and withdrawal If too much time passes without their being helped many depressed children and adolescents come to believe that suicide offers the only real relief for their pain Currently there is a Depression Awareness Week that includes free screening at participating health and mental health settings around the United States and is designed to identify depression in adults suggesting that society s awareness of depression and psychiatric disorders is focused to a large extent on adults

Dialectical Behavior Therapy with Suicidal Adolescents Alec L. Miller, 2017-05-19 Filling a tremendous need this highly practical book adapts the proven techniques of dialectical behavior therapy DBT to treatment of multiproblem adolescents at highest risk for suicidal behavior and self injury The authors are master clinicians who take the reader step by step through understanding and assessing severe emotional dysregulation in teens and implementing individual family and group based interventions Insightful guidance on everything from orientation to termination is enlivened by case illustrations and sample dialogues Appendices feature 30 mindfulness exercises as well as lecture notes and 12 reproducible handouts for Walking the Middle Path a DBT skills training module for adolescents and their families Purchasers get access to a Web page where they can download and print these handouts and several other tools from the book in a convenient 8 1 2 x 11 size See also Rathus and Miller s DBT Skills Manual for Adolescents packed with tools for implementing DBT skills training with adolescents with a wide range of problems

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