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17 rezepte nur rezepte 4 3 5 35 schweinerücken sous vide 20 min normal vom mangalitza schwein 4 6 5 18 roastbeef sous vide 15 min normal 4 8 5 6 gepökelter schweinebauch sous vide gegart 20 min normal im vakuum gegart 5 5 4 hohe rippe vom rind sous vide gegart 30 min simpel 4 2 5 5