The Farnam Method of

Defensive Handgunning

Second Edition



John S. Farnam

The Farnam Method Of Defensive Handgunning

Dave Grossman, Loren W. Christensen

The Farnam Method Of Defensive Handgunning:

The Farnam Method of Defensive Handgunning John S. Farnam, 1994-04-01 **Personal Protection Training Dr.** Leonard M. Breure, Rob Pincus, 2012-07-27 Some Comments from Lens Students I want you to know that in my many years of being a student you easily rank as the best teacher I have ever had Your skill and patience has made me infinitely more comfortable with my weapons and myself The next class you teach I ll be there in a heartbeat I m sure you don t have to be reminded of the multitude of people you have touched and the positive impact you have had on firearms training overall Bob Patridge Len has taught me to effectively and safely use a handgun and rifle and for that I will always be grateful I look forward to the time I spend once or twice a week under his instruction Len has created a wide range of firearms training programs out of virtually nothing and trained a sizeable and competent cadre of firearms instructors who like me greatly respects the man He is engaged with his students and always approachable Students who have shot much longer than me comment on his great depth of knowledge and ability to improve their shooting He clearly loves to teach the material and his enthusiasm is contagious He has a great sense of humor and makes his classes a lot of fun But in spite of all of this the safety of his students is always his first concern Dr Noel Pillman MD I am a retired police officer and a former police firearms instructor for over 20 years I have been to numerous firearms training classes over the years but have not had any instructors more professional knowledgeable and dedicated to what they do then Len Breure Maurice Merabella Len was my first real tactical instructor a few years ago He is a thorough safe and well versed instructor His teaching style is unique in a way that clearly conveys lessons and makes them easy to understand for experienced shooters and novices alike Len brings a wealth of prior been there done that experience to the table that s an asset to his teaching and is rarely found in many of the new instructors that have come to the arena since most states have enacted concealed carry laws I continue to train with a variety of tactical instructors and am always amazed by how much of the information Len taught me is still the foundation upon which I build Mike VanMeeteren I have been fortunate enough to receive numerous training courses that were being taught by Len Breure In my opinion Len is one of the best in the business It is very rewarding to be able to learn from someone who has the experience and knowledge to take tactical training to the next level Jim Bryant I first meet Len while taking my Minnesota Concealed Carry Course in 2005 Since that time I have taken every course that Len teaches In my opinion Len is the consummate professional who teaches with passion and an incredible degree of knowledge I would strongly urge anyone interested in personal protection to take Lens courses Mike Pingel On Combat Dave Grossman, Loren W. Christensen, 2022-08-09 The director of the Killology Research Group shares a thorough examination of the emotional and physical effects of deadly conflict Kirkus Reviews On Combat examines the stress resulting from engaging in deadly battle and its effects on the human body from the heart and the nervous system to visual and auditory perception to memory The historical perspective on the evolution of combat provided in this text further deepens our understanding of the

brave men and women who train their minds and bodies to go to that place from which others flee Lt Col Dave Grossman a war veteran and former West Point psychology professor presents combat coping strategies demonstrating how one can train the mind to be inoculated against stress fear and even pain This fresh and informative look at post traumatic stress disorder PTSD details how to prevent it how to survive it how to come out of it stronger and how to help others who are experiencing it Grossman underscores the importance of post combat debriefing when warriors gather to share learn from each other and begin to heal from the horror Based on extensive new research Grossman's findings are supported by revealing quotes and anecdotes from combat veterans and other leaders in the warrior community Modern Law Enforcement Weapons & Tactics Patrick Sweeney, 2004-05-10 Modern Law Enforcement The face of modern law enforcement is changing The best cop with a maple night stick and Model 10 revolver has been replaced by partners in police cruisers carrying pepper spray Tasers and polymer framed pistols Author Patrick Sweeney shows you the tools modern police agencies are using and how they are employed From rifles shotguns and pistols to the latest in flashlights and handcuff cases Sweeney walks you through the latest gear and tactics employed by American law enforcement officers Use of Force Training in Law Enforcement Kenneth R. Murray, M. R. Haberfeld, 2020-12-08 This Brief describes a reality based approach to use of force training in law enforcement an area of growing importance It explains what scenario based training is how it works to improve police community relations and provides a guide for how the training can be implemented. This brief will be of value to researchers working to understand the negative impact of use of force on police community relations and interested in alternative approaches that integrate academic research with tactical experience The traditional use of force training paradigm is based on relatively brief training sessions with high student to instructor ratios In scenario based training officers listen to social science based lectures develop a set of scenarios to be tested in a training environment and conclude with a debriefing session that brings together the theoretical with the practical including the consequences of the shooting from the tactical emotional psychological social and economic angles This work will be of interest to researchers in criminology criminal justice sociology psychology and related fields policy makers particularly with interest in police legitimacy and police community relations as well as practitioners in police organization and training Women & Guns ,2006 The Survival Code and Situational Awareness Tony Lee Burleson Phd, 2012-04-20 When it comes to the defensive use of firearms the skill of not being shot is at least as important as the skill of shooting Moving to cover and shooting from cover should be a constant part of Handgun drilling but unfortunately most exercises don't emphasize this aspect of defense In a perfect world the first shots a beginner fires would be from behind cover Seeking cover while drawing or firing should be an instinct you are training yourself every time you handle a gun and if you stand out in the open when shooting drills you are training yourself to stand out In the open when returning fire an immobile and easy target as is very often observed in law enforcement shootings The antidote is to shoot from cover from the very outset and keep it a constant part of your training

As law enforcement training shifts to this paradigm they observe that officers who come up for qualification are uneasy firing in the open they instinctively prefer to shoot from Behind cover when it is available There is very little use of cover in these drills which is why I mention it here They can however be adapted It is up to you to give yourself the kind of training you want to have ARMORED MEN Thomas Taylor, 2010-09-27 Once again Thomas Taylor gives us a look over the shoulder of world class protectors Two years after the events in Mortal Shield Lieutenant David Armstrong and his team from the Governor's Security Division return to find themselves and their protectee Missouri Governor William Ulysses Stovall in harm s way Stovall has teamed up with a firebrand Islamic cleric Imam Adel al Walid to take on Islamic extremists When they announce a high profile town hall meeting with national impact at the historic Gateway Arch in St Louis a group of violent homegrown terrorists decide it s the ideal target What follows is a race inside the upper reaches of the Arch with terrorists closing in on Stovall and his protectors from all sides Armstrong and his team will once again be tested to the limits of their abilities their dedication and their willingness to put their lives on the line to protect the First Family Not everyone will make **Last Came Anarchy** Thomas Taylor, 2012-03-23 A follower of the Occupy movement has decided to take out it out alive four high profile public figures who belong to the evil One Percent the most weathy segment of Americans When the Governor's Security Division GSD determines their protectee Governor William Ulysses Stovall might be in the assassin's crosshairs they implement high level protective measures to keep him safe But their efforts are undermined by an aggressive reporter who decides to reveal GSD s most protective secrets including their new armored Cadillac Escalade codenamed Achilles As the risk to Stovall escalates GSD finds their protectee pushing them back to apease the press LAST CAME ANARCHY explores the tactics and strategies of a high level protective detail and the importance an armored vehicle brings to any protective operation Inspired by actual events LAST CAME ANARCHY takes on the heated issues of Safety vs Exposure the protector's responsibility of safety vs the public's right to know Defensive Handgun for the Armed Citizen Eddie B. Hulsey, 2009-03 Provides instruction on the use of handguns for personal self defense

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