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R E C O V E R Y

*"[The Small Book] can lead to sobriety without AA."  
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# A REVOLUTIONARY ALTERNATIVE FOR OVERCOMING ALCOHOL AND DRUG DEPENDENCE

# The small book

**Jack Trimpey**  
with an introduction by  
**Albert Ellis, Ph.D.**

# Small A Revolutionary Alternative For Overcoming Alcohol And Drug Dependence

**Neil R. Bockian, Ph.D., Nora Elizabeth  
Villagran, Valerie Ma Porr**



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