

Orient Express Chinese Cook Book

Friedlander, Iris

Notes: This is not the actual book cover

The Orient Express Chinese Cookbook

Ying-Ying Zheng



The Orient Express Chinese Cookbook:

The Orient Express Chinese Cookbook Iris Friedlander, Marge Lin, 1979 *The Orient Express Chinese Cookbook* Iris Friedlander, Marge Lin, 1979 **Chop Suey, USA** Yong Chen, 2014-11-04 American diners began to flock to Chinese restaurants more than a century ago making Chinese food the first mass consumed cuisine in the United States By 1980 it had become the country's most popular ethnic cuisine Chop Suey USA offers the first comprehensive interpretation of the rise of Chinese food revealing the forces that made it ubiquitous in the American gastronomic landscape and turned the country into an empire of consumption Engineered by a politically disenfranchised numerically small and economically exploited group Chinese food's tour de America is an epic story of global cultural encounter It reflects not only changes in taste but also a growing appetite for a more leisurely lifestyle Americans fell in love with Chinese food not because of its gastronomic excellence but because of its affordability and convenience which is why they preferred the quick and simple dishes of China while shunning its haute cuisine Epitomized by chop suey American Chinese food was a forerunner of McDonald's democratizing the once exclusive dining out experience for such groups as marginalized Anglos African Americans and Jews The rise of Chinese food is also a classic American story of immigrant entrepreneurship and perseverance Barred from many occupations Chinese Americans successfully turned Chinese food from a despised cuisine into a dominant force in the restaurant market creating a critical lifeline for their community Chinese American restaurant workers developed the concept of the open kitchen and popularized the practice of home delivery They streamlined certain Chinese dishes such as chop suey and egg foo young turning them into nationally recognized brand names **The Good Housekeeping Test Kitchen Cookbook** Good Housekeeping, 2011-10-04 Here is the first ring binder cookbook from the famed Good Housekeeping test kitchens where every dish is triple tested for ease reliability and great taste These 375 delicious recipes specially selected by the test kitchen as any home cooks essential go to collection are paired with irresistible color photographs and the magazines unmatched kitchen know how Recipes include colorful icons to indicate at a glance low calorie heart healthy 30 minute meals make ahead and slow cooker choices Chapters cover everything from appetizers to desserts and there are special chapters on one dish meals vegetarian main meals and fast weeknight meals Includes smart phone tags that link to 35 helpful Good Housekeeping how to cooking videos The user simply scans the tags with a free phone app to view them For users without smart phones URLs are also provided to view the videos on the web Under the direction of Susan Westmoreland The Good Housekeeping Test Kitchen buys approximately 17 000 pounds of food performs 1 700 taste tests and washes 77 000 dishes every year to make sure that every delicious recipe works in any oven or stovetop with any brand of ingredients no matter what **The Energy Saver's Cookbook** Marina Polvay, 1980

Monographic Series Library of Congress, 1980 *Vatch's Southeast Asian Cookbook* Vatcharin Bhumichitr, 1997 The countries of Southeast Asia boast some of the most vibrant flavorful cooking in the world Renowned Thai born chef Vatcharin

Bhumichitr known as Vatch takes us on an insider's culinary tour of Thailand and its neighbors in this irresistible collection. With more than one hundred recipes that range from pungent crab to heavenly pumpkin and coconut soup, Vatch's book overflows with fresh ingredients, exuberant flavors, and irresistible specialties of the countries covered: Thailand, Laos, Cambodia, Vietnam, Burma, Malaysia, and Singapore. Get ready for a spicy, spectacular journey.

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