

Audrey E. Mitchell

SLEEP

an unlearned element
in education

Sleep An Unobserved Element In Education Learning Resources Series

CO Houle



Sleep An Unobserved Element In Education Learning Resources Series:

Sleep Audrey E. McAllen,1981 Recent research suggests that sleep is unnecessary for human beings Our waking consciousness could therefore be extended so that we could do without sleep altogether Audrey McAllen however believes that sleep is vital for physical psychological and spiritual well being An essential element in her remedial work with children is to encourage the development of a healthy relationship to sleep **Whitaker's Cumulative Book List** ,1986

Whitaker's Books of the Month & Books to Come ,1986 **Sleep** Audrey Enid McAllen,2004 **The Athenaeum** ,1862 *The Critic* Jeannette Leonard Gilder,Joseph Benson Gilder,1896 Critic and Literary World Jeannette Leonard Gilder,Joseph Benson Gilder,1896 *Athenaeum and Literary Chronicle* James Silk Buckingham,John Sterling,Frederick Denison Maurice,Henry Stebbing,Charles Wentworth Dilke,Thomas Kibble Hervey,William Hepworth Dixon,Norman Maccoll,Vernon Horace Rendall,John Middleton Murry,1862 Hospitals and Nursing Homes Syed Amin Tabish,2021-07-02

The Musician ,1903 Sociological Abstracts ,1992 *Scholastic* ,1974 **Sleep and Learning** Gary R. Plaford,2009 Gary Plaford s book is an easy read and chock full of useful information and practical ideas for anyone working with young people Plaford writes as if you are in the room and he is telling you what he has learned with wonderful stories and humor to illustrate his points I highly recommend this book to anyone working with children **Sleeping** Anne Mountfield,1990-01-01 The Sleep Book Kathy Macdonald,1985 Learning During Natural Sleep Leonid Andreevich Bliznichenko,Geoffrey Stocker,1967 *Enhancing Human Performance* National Research Council,Division of Behavioral and Social Sciences and Education,Commission on Behavioral and Social Sciences and Education,Committee on Techniques for the Enhancement of Human Performance,1988-02-01 Is it possible for people to register and retain what is said in their presence while they sleep If it is possible is the learning that takes place during sleep efficient enough to be of practical as well as theoretical significance These are the questions of chief concern in this paper To address these issues the second section of the paper summarizes research dealing with a number of variables that may have an important influence on sleep learning In the third section some tentative conclusions concerning the possibility and practicality of learning during sleep are outlined

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