

# THE HAIR PULLING "HABIT" AND YOU

## *How to Solve the Trichotillomania Puzzle*

Revised Edition

A guide for...

- ✓ kids & teens
- ✓ parents
- ✓ therapists



Ruth Goldfinger Gekowt /  
Sherrin Mansfield Verrickel

Illustrations by  
Terri Ford and Emily Condon-Boyd

# The Hair Pulling Habit And You How To Solve The Trichotillomania Puzzle Revised Edition

**Andrés Martin, Fred R.  
Volkmar, Michael H. Bloch**



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