

ONE WOMAN'S  
JOURNEY  
THROUGH  
POSTPARTUM  
DEPRESSION

# SLEEPLESS DAYS

"Susan Kushner Resnick has written a real page-turner, a fast-paced, terrifying story of one woman's descent into a type of depression little discussed. Little known, but here, finally. Illustrated in prose that rings clear and sharp." — Lauren Slater, author of *Lyrics & Holograms*  
*Atlanta Journal-Constitution*, and *Believer in My Country*

SUSAN KUSHNER RESNICK

# Sleepless Days One Womans Journey Through Postpartum Depression

**Peggy O'Mara**



## **Sleepless Days One Womans Journey Through Postpartum Depression:**

Uncover the mysteries within Crafted by is enigmatic creation, Embark on a Mystery with **Sleepless Days One Womans Journey Through Postpartum Depression** . This downloadable ebook, shrouded in suspense, is available in a PDF format (\*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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