



What is the link?

Most heart attacks do not lead to cardiac arrest. But when cardiac arrest occurs, heart attack is a common cause.

# Do You Know the Difference?

# SUDDEN CARDIAC ARREST

An "electrical" problem.

# Cause



Electric malfunction in the heart causes an irregular heartbeat, stopping the blood from flowing to the body and the brain.

#### Risk



- Previous heart attack
- Heart failure
- Abnormal heart rhythm
- Low ejection fraction [<35%]</li>
- · Family history of sudden cardiac arrest

## Time of symptoms (2)

May occur moments before the loss of consciousness & collapse

## Symptoms in-

Collapse

- · Not breathing
- Unconscious
   No pulse

## What should a bystander do? (3)

- · Call 999 or another emergency number
- Start CPR
- Use an automated external defibrillator (AED) if there is one nearby.

Death occurs within minutes if the victim does not receive treatment.

# VS

# **HEART ATTACK**

A "plumbing" problem.

# Cause (1)



The blood flow to the heart is blocked. It may permanently damage part of the heart.

#### Risk A

High cholesterol.

- Diabetes
- High blood pressure
- Obesity
- Family history of a heart attack
   Smoking

### Time of symptoms

May occur hours or days before symptoms are recognized

### Symptoms in

Chest pain

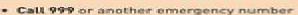
- Nausea

Fatigue

· Difficulty breathing

Weakness

## What should a bystander do? 🚷



- Begin CPR
   if the patient is unconscious.
- Use an AED
  - if the patient is unconscious.



What is an AED, and how do I use it? Stay tuned for our AED video!



# **Sudden Cardiac Death**

Richard M. Luceri

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#### **Table of Contents Sudden Cardiac Death**

- 1. Understanding the eBook Sudden Cardiac Death
  - The Rise of Digital Reading Sudden Cardiac Death
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Sudden Cardiac Death
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Sudden Cardiac Death
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Sudden Cardiac Death
  - Personalized Recommendations
  - Sudden Cardiac Death User Reviews and Ratings
  - Sudden Cardiac Death and Bestseller Lists
- 5. Accessing Sudden Cardiac Death Free and Paid eBooks

- Sudden Cardiac Death Public Domain eBooks
- Sudden Cardiac Death eBook Subscription Services
- Sudden Cardiac Death Budget-Friendly Options
- 6. Navigating Sudden Cardiac Death eBook Formats
  - o ePub, PDF, MOBI, and More
  - Sudden Cardiac Death Compatibility with Devices
  - Sudden Cardiac Death Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Sudden Cardiac Death
  - Highlighting and Note-Taking Sudden Cardiac Death
  - Interactive Elements Sudden Cardiac Death
- 8. Staying Engaged with Sudden Cardiac Death
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Sudden Cardiac Death
- 9. Balancing eBooks and Physical Books Sudden Cardiac Death
  - Benefits of a Digital Library
  - $\circ$  Creating a Diverse Reading Collection Sudden Cardiac Death
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Sudden Cardiac Death
  - Setting Reading Goals Sudden Cardiac Death
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sudden Cardiac Death
  - Fact-Checking eBook Content of Sudden Cardiac Death
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development

- Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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