

Perinatal Mental Health and Substance Use

Substance use disorder and PMADS
(perinatal mood and anxiety disorders)

SUBSTANCE USE DURING PREGNANCY

In the U.S., the National Survey on Drug Use and Health indicated that 4.7% of pregnant women used illicit substances in 2015.

Furthermore, 9.3% of these women used alcohol and 13.6% used tobacco.

INFANTS EXPOSED

In 2012, it was estimated that approximately 380,000 newborn infants were exposed to illicit substances in the U.S.

Over 550,000 were exposed to alcohol and more than 1 million were exposed to tobacco before birth.

COMMONLY ABUSED SUBSTANCES

Tobacco is the most commonly used substance during pregnancy, followed by alcohol and then cocaine-derived drugs. Marijuana, amphetamines, and opioids are other drugs used.

THE RISKS OF SUBSTANCE ABUSE DURING PREGNANCY

Substance abuse by women of childbearing age is problematic because it poses hazards to women's health and reproductive health. Substance use during pregnancy is especially dangerous, as it directly impacts both mother and child, increasing prematurity, intrauterine or neonatal death, and child maltreatment.

GETTING TREATMENT

We know that substance use disorders have negative consequences for mother and child well-being. However, only 10.3% to 39% of pregnant women with these complex health issues receive treatment.

For more information
and information on resources please contact
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Strong Baby Perinatal Mental Health Specialist
mzahra@milwaukee.gov
414-286-6664



**CITY OF MILWAUKEE
HEALTH DEPARTMENT**
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References: <https://www.dhs.wisconsin.gov/mch/pncc-mental-health-resources.htm>

Substance Abuse In Perinatal Care

F Rizvi



Substance Abuse In Perinatal Care:

Unveiling the Magic of Words: A Review of "**Substance Abuse In Perinatal Care**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Substance Abuse In Perinatal Care**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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