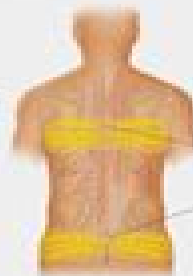
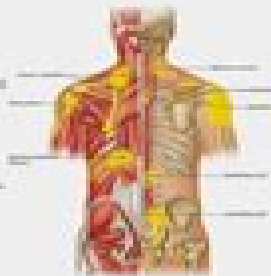
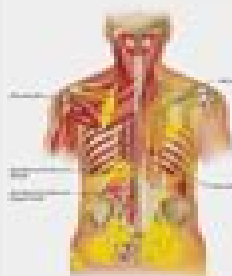


TRIGGER POINTS: HEAD, NECK & TRUNK

Trigger point is a small area of hyperirritable tissue that often presents as a palpable nodule in the muscle. It is associated with a hypersensitive state of the muscle, which may be caused by a variety of factors.

Symbol	Meaning
●	Active trigger point
○	Latent trigger point
■	End organ
▲	End organ
◆	End organ



The Head Neck And Trunk Muscles And Motor Points

**Daniel Paul QUIRING, John Hiatt
WARFEL**



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