Social Cognition and Individual Change

Current Theory and Counseling Guidelines

AARON M. BROWER PAULA S. NURIUS



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Social Cognition And Individual Change Current Theory And Counseling Guidelines:

Social Cognition and Individual Change Aaron M. Brower, Paula Nurius, 1993-10-19 Use the following for Social Work catalogs Social Cognition and Individual Change provides a much needed link among several perspectives in social work practice such as the ecological or generalist model and the myriad of atheoretical techniques that social work practitioners must choose from This new social work practice book makes more concrete and practical the basic premises of person environment interaction and starting where the client is It details the processes through which people perceive and interpret the social world how problems arise and how understanding these processes can significantly sharpen our assessments intervention planning goal selection and evaluation It draws upon the best up to date work in cognitive and emotional functioning self concept formation and change and coping with stress This book goes beyond introductory practice texts in describing how social work theory can guide practice Special topics include clinical reasoning the structure of memory and social cognitive explanations for psychodynamic phenomenon Social Cognition and Individual Change should be included in courses for advanced practice and social work practice theory. Use this ad copy for psych In recent years there have been some major developments in the area of person environment interaction specifically the study of social cognition Although knowledge of this literature is critical for the helping professional social cognition in clients has been among the more difficult to adequately assess and use for intervention Until now Clear and succinct Social Cognition and Individual Change offers a comprehensive introduction to a cognitive ecological approach to counseling and clinical practice To provide a solid conceptual grounding for the reader the theoretical underpinnings of the cognitive ecological model are described in detail including its key components strengths and limitations The model is then applied to relevant stages of practice such as assessment goal setting intervention planning and evaluation In addition the authors provide numerous examples to illustrate how practitioners can use the model to enhance their work Among the other topics covered are social perception and the practitioner and feedback and follow through Social Cognition and Individual Change is perfectly suitable for courses on human behavior in the social environment and courses on practice methods Human service practitioners who would like an updated resource to fill a gap in their social psychological training will also appreciate this volume The structure of this book allows one to use it for training students as well as a resource for professional practitioners. The material presented in each chapter is reinforced by the material in the succeeding chapter The authors systematically develop the theoretical underpinnings and practice behaviors requisite for empowering clients and workers Families in Society Use this for social work catalog In this era of the cognitive revolution books that address the use of cognitive techniques to facilitate personal change are abundant None however match the conceptual depth and clarity offered by Brower and Nurius By using clear conceptual descriptions vivid and relevant examples step by step procedural guidelines chapter introductions and capsule summaries Brower and Nurius deftly follow their own prescriptions about how to capture attention prime associations and

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frontline crisis intervention strategies this book gives professionals access to specific guidelines practice techniques protective factors 60 case study applications and evidence based crisis intervention strategies that maximize opportunities for rapid assessment and crisis resolution This highly practical timely and reader friendly handbook addresses the full range of acute substance abuse battering sexually transmitted diseases bio terrorism and terrorist bombings This new edition remains essential reading for crisis workers crisis counselors behavioral health clinicians emergency service workers disaster mental health specialists and social workers School Social Work David Dupper, 2002-10-08 This book is well written and inclusive with a realistic approach to problems encountered in schools today Practical and useable interventions are included which makes this text a valuableresource to the school social worker Terry Housteau Hill LSCW Lead Consultant Knox County SchoolSocial Services An invaluable resource and extremely reader friendly Michelle Alvarez MSW LCSW Assistant Professor School of SocialWork University of Southern Indiana School Social Work thoroughly covers all aspects of this burgeoningfield from the history and function of school social workers and up to date empirically and developmentally supported interventions to effective methods for implementing and evaluating school socialwork programs Educational policy and legislation community based interventions and prevention programs are also covered Supported by case vignettes and discussion questions that engagethe reader in every chapter this book Provides proven and promising programs for change in classrooms schools families neighborhoods and communities Equips you with the knowledge and skills necessary to function effectively in the unique political environment of the school Outlines the school social worker's essential role as aconsultant to faculty and administrators as well as creator and mediator of school and community collaborations that enhance theacademic success of at risk students In addition this book provides current assessment methods forevaluating the effectiveness of interventions recently developedstandardized measures designed to assess change at the classroom school family neighborhood and community levels guidelines forsuccessfully planning implementing and evaluating new programsbased on Comprehensive Quality Programming CQP strategies and detailed information on the most current student focused violenceprevention programs Complete with lists of Internet resources and other references atthe end of each chapter School Social Work is a valuable tool forstudents and a hands on resource for school social workers psychologists counselors and administrators Ageing in Society John Bond, Sheila M Peace, Freya Dittmann-Kohli, Gerben Westerhof, 2007-02-22 Ageing in Society brings forth exciting new questions fresh perspectives and a necessary critical approach to key issues this is indeed an authoritative introduction The authors not only have made significant contributions to gerontology but offer the reader considerations for what could be not just what is the design of old age in society The book will inform students in ways that so many texts in the area satisfied with comfortable bromides do not Jaber Gubrium Editor of Journal of Aging Studies University of Missouri Columbia This completely revised Third Edition of Ageing in Society presents one of the most comprehensive pictures of ageing today Emphasising the dual processes of ageing societies and the

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to tailor their practice to suit their students needs Each chapter has been specifically crafted by leaders in their fields with the ultimate goal of giving school based practitioners the tools they need to deliver the best mental health and social services possible to students families and communities This is a must have reference for all school based social workers psychologists counselors mental health professionals and educators Theory and Practice in Clinical Social Work Jerrold R. Brandell, 1997-02 Following an overview of the principal frameworks for clinical practice including systems theory behavioral and cognitive theories and psychoanalytic theory the book goes on to present the major social crises and new populations the social worker confronts each day Theory and Practice in Clinical Social Work includes twenty four original chapters by leading social work scholars and master clinicians who represent the widest variety of clinical orientations and specializations Organizational Change in the Human Services Rebecca Ann Proehl, 2001-08-15 Organizational Change in the Human Services looks at the context of organizational change describes how individuals and systems change and pinpoints keys to successful change Author Rebecca Proehl then presents a proven model of organizational change built on lessons learned from both the public and private sectors but tailored for human service organizations in Clinical Social Work Jerrold R. Brandell, 2010-02-16 This thoroughly updated resource is the only comprehensive anthology addressing frameworks for treatment therapeutic modalities and specialized clinical issues themes and dilemmas encountered in clinical social work practice Editor Jerrold R Brandell and other leading figures in the field present carefully devised methods models and techniques for responding to the needs of an increasingly diverse clientele Key Features Coverage of the most commonly used theoretical frameworks and systems in social work practice Entirely new chapters devoted to clinical responses to terrorism and natural disasters clinical case management neurobiological theory cross cultural clinical practice and research on clinical practice Completely revised chapters on psychopharmacology dynamic approaches to brief and time limited clinical social work and clinical practice with gay men Content on the evidentiary base for clinical practice New detailed clinical illustrations in many chapters offering valuable information about therapeutic process dimensions and the use of specialized methods and clinical techniques Accompanied by Robust Ancillaries The password protected Instructor Teaching Site of the companion site includes a test bank recommended readings and relevant Internet websites The open access Student Study Site offers chapter summaries keywords recommended Web sites and recommended readings The extensive breadth of coverage makes this book an essential source of information for students in advanced practice courses and practicing social workers alike Social Work in Health Care Surjit Singh Dhooper, 2012 This book is a comprehensive look at the US healthcare industry from its historical development to its current status It pays particular attention to four domains of health care and the role that social workers play in these roles in the present day and in the future Gender, Sexualities and Law Jackie Jones, Anna Grear, Rachel Anne Fenton, Kim Stevenson, 2011-03-17 Bringing together an international range of academics Gender Sexualities and Law provides a comprehensive interrogation

of the range of contemporary issues both topical and controversial raised by the gendered character of law legal discourse and institutions The gendering of law persons and the legal profession along with the gender bias of legal outcomes has been a fractious but fertile focus of reflection It has moreover been an important site of political struggle This collection of essays offers an unrivalled examination of its various contemporary dimensions focusing on issues of theory and representation violence both national and international reproduction and parenting and partnership sexuality marriage and the family Gender Sexualities and Law will be invaluable for all those engaged in research and study of the law and related fields as a Effectively Managing Human Service Organizations Ralph Brody, 2005 Now in its Third Edition Effectively Managing Human Service Organizations continues to provide invaluable advice for achieving managerial success Ralph Brody dissects and diagnoses common workplace dilemmas arming practicing managers with the skills to implement positive changes in their organizations While retaining much of the valuable information from the previous editions the Third Edition adds up to date information and ideas to chapters on developing leadership planning strategically solving organizational problems addressing challenging employee situations monitoring financial statements improving internal and external communications and obtaining funding from private foundations Easy to read the book contains hundreds of real life examples and specific guidance in developing skills necessary to manage large and small organizations Practice With African American Men Janice M. Rasheed, Mikal N. Rasheed, 1999-02-09 Janice M. Rasheed and Mikal N. Rasheed have produced a well written and informative work that proposes a variety of innovative and practical strategies A well documented book including excellent clinical case studies from the Foreword by Jewelle Taylor Gibbs Zellerbach Family Fund Professor University of California Berkeley The need for theory related to social work practice with African American men is long overdue In addressing a broad spectrum of issues including program development and public policy implications for African American men Janice M Rasheed and Mikal N Rasheed suggest that men are key to successful interventions with African American families Uniquely this book provides detailed clinical counseling methods for practice with African American males that have not previously been demonstrated in social work literature Rasheed and Rasheed have taken a major step to fill this void by offering a theoretical framework for social work practice intervention that puts African American men at the center of analysis This book represents a significant breakthrough in social work knowledge Social Work Practice with African American Men will help bring a visible presence to African American men and their plight in social work literature and practices Lawrence E Gary Howard University Washington DC The authors conceptualization integrating the ecological critical constructionist and cultural perspectives in the service of empowerment liberation and social justice in practice with African American men is an outstanding contribution to social work and is on the cutting edge of theory and practice development A rich innovative and fascinating book that may well bridge the gap between the profession and this neglected misunderstood and often denigrated population Ann Hartman D S W Dean and Professor

Emerita Smith College The authors of this useful text provide a lens through which social work practice might more effectively serve African American men This work is a rich blend of conceptual perspectives practice guidelines and processes that the practitioner should find beneficial for enhancing the practice effectiveness with African American men Bogart R Leashore Dean and Professor Hunter College Authors Janice M Rasheed and Mikal N Rasheed have developed a comprehensive holistic approach to practice with African American men and their families Social Work Practice with African American Men is a groundbreaking and long overdue book that proposes a variety of innovative and practical strategies to address relevant issues for African American men in micropractice approaches such as individual couple family and group treatment issues as well as macropractice approaches such as policy formulation program development and community practice This well documented book is enriched with the authors years of qualitative research and their considerable clinical experience with African American men The Rasheeds sensitively apply a multidisciplinary conceptual framework that integrates ecological Africentric and critical constructionist theoretical perspectives in their multilayered analysis of the various psychological social and economic issues confronted by African men and their families These perspectives are skillfully applied to the life experiences of African American men with results that reflect their diversity vulnerability victimization perseverance adaptability resilience and strength Excellent clinical case studies are used to illustrate the application of the multidimensional model of assessment and treatment Professionals and students in social work human services family studies ethnic studies and multicultural counseling will find Social Work Practice with African American Men Legal Issues in Social Work, Counseling, and Mental Health Robert G. Madden, 1998-03-09 As a a reliable resource psychotherapist what do you need to know about the law How does the legal system support or fail to support your work or the delivery of mental health services generally What can you do to make use of the law and the legal system to improve your practice and to protect yourself Filling a significant gap in the social work and other psychotherapeutic literature Legal Issues in Social Work Counseling and Mental Health presents clearly and comprehensively what mental health and other direct practice professionals need to know to respond to the legal issues that surround practice This volume covers a wide range of topics including providing testimony responding to subpoenas dealing with an attorney influencing the legal system and understanding the legal side of the business of psychotherapy The author also discusses various direct practice and human service issues incorporating some of the everyday legal issues these professionals encounter and using case material The book educates counselors and clinicians on the function of the law in their professional lives Through cases and case vignettes the author illustrates the legal processes relevant to clinicians professional lives and suggests alternative behaviors for clinicians that would satisfy legal requirements yet remain within sound practice Helping to demystify the legal system Legal Issues in Social Work Counseling and Mental Health will allow professionals and students in social work human services family studies counseling clinical psychology pastoral counseling and psychotherapy a better understanding of the

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