

The Technique
and Practice of
Object Relations
Family Therapy

Samuel Slipp, M.D.

Technique And Practice Of Object Relations Family Therapy

**Terry Brumley Northcut, Nina Rovinelli
Heller**



Technique And Practice Of Object Relations Family Therapy:

The Technique and Practice of Object Relations Family Therapy Samuel Slipp, 1988 *Family Therapy Techniques* Jon Carlson, Len Sperry, Judith A. Lewis, 2013-01-11 Family Therapy Techniques briefly reviews the basic theories of marriage and family therapy. It then goes into treatment models designed to facilitate the tailoring of therapy to specific populations and the integration of techniques from what often seems like disparate theories. Based on the assumption that no single approach is the definitive approach for every situation, the book leads students through multiple perspectives. In teaching students to integrate and tailor techniques, this book asks them to take functional methods and approaches from a variety of theoretical approaches without attempting to reiterate the theoretical issues and research covered in theories courses. **Family Therapy** Alan Carr, 2006-03-30 Alan Carr has once more demonstrated his unique ability to combine an encyclopaedic breadth of knowledge with clear pragmatic ideas about how to apply this knowledge in clinical practice. The 2nd edition of this book is more than just an update with new sections on common factors in therapy and on integrative models of family therapy which are particularly welcome. Ivan Eisler, Institute of Psychiatry, Kings College London, UK, Editor, Journal of Family Therapy. Carr's style of comprehensively considering different theories and approaches in a practical manner and demonstrating their integrative and cohesive properties is exceptionally helpful and grounding for the reader. There is little doubt that this volume will well serve students, trainees, and experienced practitioners for sometime to come. Eddy Street, Former Editor of Journal of Family Therapy. Now in its second edition, *Family Therapy: Concepts, Process and Practice* has been fully updated to cover recent advances in theory and practice. It offers a critical evaluation of the major schools of family therapy, provides an integrative model for the practice of marital and family therapy, and demonstrates how this model can be used in everyday practice with a range of common child-focused and adult-focused problems. It also provides a thorough up-to-date review of research on the effectiveness of family therapy and outlines implications for evidence-based practice. This popular text now includes exercises that can be used by trainers and trainees to foster family therapy skills development. Other key features from the first edition are retained, including Chapter plans at the start of each chapter and a helpful summary of key points at the end. Suggestions for further reading, Glossary of key terms in theoretical chapters, Case examples, Full details of resources for professionals, including useful web sites. *Family Therapy: Concepts, Process and Practice* is a must-have resource for all students and mental health professionals training in family therapy. It will also be of interest to experienced practitioners and those who are involved in delivering training programmes. **Handbook of Marriage and the Family** Marvin B. Sussman, Suzanne K. Steinmetz, Gary W. Peterson, 2013-06-29 To know where we are going as scholars, educators, and practitioners in the field of marriage and family life, we first need to know where we have been. A perusal of early texts on marriage and family life provides some thought-provoking insights into the accuracy of the saying 'what goes around comes around'. It is interesting to note who has been considered to be in a position to provide information on marriage and family life.

Included in the eclectic collection of texts we reviewed were ministers whose focus was on spirituality doctors who emphasized medical aspects of child and adult health and public health professionals and home economists concerned with fighting disease who emphasized cleanliness order fighting germs and eliminating rodents and insects There are also philosophers who drew from ancient texts when discussing family life and a count who assembled a group of German intellectual elites to address various topics An insightful essay of this type is by Marta Karlweis 1926 in which she notes There is no other fetish that society holds to so firmly as the conception woman with all its usual associations of infantilism and dependence The child requires protection is a minor and consequently a serf but above all it possesses no spiritual existence Neither doctorates or other distinctions nor the right to vote have as yet been able to dispel this sweet idea of the childishness of woman which man cherishes p

Psychodynamic Treatment Approaches to Psychopathology, vol 2, An Issue of Child and Adolescent Psychiatric Clinics of North America Rachel Z Ritvo, Schuyler W.

Henderson, 2013-04-28 Psychodynamic Psychotherapy in Child and Adolescent Psychiatric Clinics covers topics in three major categories in two volumes of this series 1 Approaches to Specific Conditions 2 Special Features in Working with Children 3 Research Presented for the Clinician Specific conditions covered are Anxiety Trauma Depression Eating Disorders Incipient Borderline Personality Disorders and the Medically Ill Youth Special Features include the various therapies in Psychodynamic psychotherapy Play Techniques Use of Boardgames Perspectives on Psychotropic Medications for Children Parent Work Family Therapy and Dyadic Therapies Research for Clinicians includes Neuroscience Evidence Base and Developmental Perspectives **Relational Family Therapy** Christian Gostečnik, 2017-01-06 Relational Family Therapy introduces a cutting edge family and couple therapy model that synthesizes relational theories and integrates object relations theory with interpersonal psychoanalysis and self psychology The model holds that individuals deal with conflicts rooted in the frustrated and threatening environment they grew up in by later forming intimate relationships that are comparable to the core experiences from their primary family systems The book outlines the three levels of experience systemic interpersonal and intrapsychic and provide concrete ways for the therapist to address client problems and promote affect regulation Chapters include transcripts of actual family therapy sessions as well as genograms so readers can see the model in action

Transference And Projection Grant, Jan, Crawley, Jim, 2002-06-01 This book describes defines and demonstrates the clinical applications of transference and projection and how they are used by psychotherapists as mirrors to the self as reflections of a client's internal structure and core ways of relating to other people There is an emphasis on understanding transference as a normal organizing process that helps individuals make meaning of interpersonal experiences and on how to respond effectively to it in the day to day practice of counselling and psychotherapy

Therapists Use of Self in Family Therapy Daniel Bochner, 2000-06-01 To find out more about Rowman Littlefield titles please visit us at www.rowmanlittlefield.com **Integrative Family Therapy** David C. Olsen, Pastoral counselors

therapists in training and clergy are usually introduced to one method of family assessment and treatment which works better in some situations than in others Integrative Family Therapy introduces the major schools of family therapy proposes a tested model that integrates the various approaches and illustrates how this model functions both for assessing and treating family problems Seven central concepts are discerned as a way of understanding the various family therapies as a group Then the major family therapy theories are discussed including cognitive family life cycle developmental interactional communication multigenerational object relations problem solving and structural family After examining their deep structures an integrated model of six discrete moments is presented and illustrated Charts direct the reader through the model and illustrate how the model is employed by means of several case studies Treating People in Families William C. Nichols,1996-01-01 The second section focuses on evaluation and treatment In depth chapters demonstrate how to apply the approach during the various stages of the family s developmental life cycle covering everything from planning therapy and defining goals to performing effective diagnosis and assessment and giving feedback to clients The book also provides a wealth of useful advice for treating problems that arise with divorce and remarriage Throughout special attention is given to ethical considerations in therapy the responsibilities of both the therapist and clients and issues of gender and ethnicity

The Ways We Love Sheila A. Sharpe,2004-01-28 This volume delineates a developmental theory of love relationships that provides a comprehensive approach to treating couples Drawing on her 30 years of clinical experience Sheila A Sharpe conceptualizes marriage and other committed partnerships as comprising multiple patterns of relating that develop over time in a parallel though interconnected fashion Seven universal patterns of intimate relating are identified nurturing merging idealizing devaluing controlling competing for superiority and competing in love triangles Sharpe demonstrates how these patterns originate in a person s early experience are reworked in different ways throughout life and express everyone s basic needs for both connection and separateness Supplying vital insights and tools for therapeutic work the volume offers the clinician a multifaceted perspective on how couple relationships grow and what happens when their growth becomes derailed The Quick Theory Reference Guide Karin Jordan,2007 Since the beginning of the concepts of family therapy mental health professionals have known that the family the system is a powerful source of support for change or a powerful force for resistance to change Some professionals work with individuals some with families and some with groups However all work with the context of the systems family group community country etc Students especially beginning students are overwhelmed and confused at the variety of approaches to working with clients Many programs introduce students to individual as well as systems concepts in the course of training Students need assistance in learning this variety of theories They need to be able to compare and contrast theories and techniques to determine when and where to utilise the best skills in order to facilitate client change Dr Karin Jordan has compiled a comprehensive text that enables the students to discover each theory as it is presented in its purist form The text is accessible yet the content provides comprehensive knowledge of

each theory Dr Jordan has brought together the master educators and clinicians in our fields to write about their particular expertise

Enhancing Psychodynamic Therapy with Cognitive-behavioral Techniques Terry Brumley Northcutt, Nina Rovinelli Heller, 1999

Defending theoretical areas may be one way to cope with external impingements on clinical practice but advancements are needed to enhance and improve the work This text explores an approach based on applying cognitive behaviour techniques in psychodynamic clinical practice It aims to help understand theoretical and practical of the strengths and limitations of the approach as well as how to determine when to combine approaches when treating couples children adolescents older adults even cases of abuse and chemical dependency

Object Relations Family Therapy David E. Scharff, Jill Savege Scharff, 1977-07-07

Offers an indepth and thoughtful exploration of the relevance of psychoanalysis to family therapy

The Legacy of Vietnam Veterans and Their Families Dennis K. Rhoades, Michael R. Leaveck, James C. Hudson, 1995

41 papers from 70 authors from the 1994 national symposium on the aftermath of Vietnam Authorities and doctors of medicine and psychology speak out on the effects of Vietnam on vets and their families Topics include the children of vets with post traumatic stress disorder the potential for change in the delivery of services to vets rural vets traumas and transition building on the experiences of the Agent Orange class assistance program lingering consequences of the Vietnam War vet families with children with disabilities or chronic illness etc

Disorders of the Self James F. Masterson, M.D., Ralph Klein, M.D., 2013-06-17

A testament to the vitality of the Masterson Approach to the study and treatment of the disorders of the self this incisive volume documents the evolution of Masterson s theoretical and clinical work during the past five years It is comprised of writings by a second generation of clinicians who both carry on and expand the horizons of the Masterson Approach Disorders of the Self addresses four new areas of great clinical importance from the perspective of developmental self and object relations theory First Ralph Klein Clinical Director of the Masterson Institute has combined the work of Fairburn and Guntrip with the Masterson Approach to develop and updated broader original and clinically useful concept of the Schizoid Disorders of the Self The force of his approach is illustrated by the focus on the schizoid dilemma and the schizoid compromise vividly depicted with detailed clinical applications Candace Orcutt Senior Faculty Member in the Masterson Institute along with a colleague then apply the Masterson Approach to the controversial topic of early abuse physical and or sexual to the developing self Diagnosis and treatment of narcissistic pathology is the focus of section three Chapters further refine and expand how the disorders of the self triad self activation leads to anxiety and depression which lead to defenses operate in both the patient s life and in the therapeutic relationship The authors identify and illustrate critical points in treatment detail the technical approach to the closet narcissistic personality disorder and address the therapeutic management of devaluation and disappointment reactions along with the countertransference reactions they evoke The volume concludes by delving into arenas beyond individual psychotherapy for disorders of the self An innovative approach to group therapy combines the Masterson Approach with that of W Bion and authors examine the complexities of

drug therapy and comorbidity and their interaction with psychodynamic forces Disorders of the Self will be a vital addition to the armamentarium of any clinician who works with personality disorders It demonstrates the continued expansion and evolution of a profound theoretical and clinical paradigm the Masterson Approach aimed at penetrating and healing the disorders of the self Psychological Treatment Approaches for Young Children and Their Families Ingeborg Stiefel,Matthew Brand,Tanya Hanstock,2024-03-05 Never disappoints A concise authoritative guide this book is a treasure trove and delight to read It provides the reader with an overview of the contemporary early intervention landscape with sufficient detail to allow readers to feel familiar with the key aspects of each approach without overwhelming them with too much new information Alan Carr PhD FPSsI FBPsS Professor of Clinical Psychology UCD and Family Therapist Clanwilliam Institute Ireland Early childhood is the most critical phase in human development Negative influences can contribute to irreversible life long struggles What is learned in the first five years of life becomes the foundation for subsequent learning It is vitally important that we effectively treat mental health problems when we find them in preschoolers Psychological Treatment Approaches for Children and Their Families provides a comprehensive overview of 14 commonly available therapeutic interventions for children aged 3 5 years It fills an important gap in a field where information about treatment options is limited compared with those suitable for older children and adolescents The interventions presented are evidence based and reflect various research backgrounds and theories of change They are grouped into four sections covering individual child treatments parent focused approaches dyadic carer child interventions and family systems models Each section describes the models in a condensed yet comprehensive summary offering information on its evidence base key concepts stages of therapy session structure treatment effects and training options along with a case study example illustrating the therapy in practice The structure allows the reader to decide what treatments can be used for what presenting problem and under what conditions A set of exercise questions concludes the end of each chapter to encourage better theory practice links The result is a text that provides ample opportunities for students and therapists to develop a knowledge base and understanding of how to best approach the treatment of psychological disorders in this age group Edited and authored by a select group of experienced clinical psychologists and psychiatrists with a particular interest in paediatric clinical psychology this text is relevant for students therapists trainers and supervisors referrers researchers and funding bodies as well as all those undergoing training in disciplines related to child development and clinical child psychology

Family Therapy Jon Carlson,Len Sperry,Judith A. Lewis,1997 This is the first book to show therapists how to tailor their treatment plans and how to look at factors such as the impact of work and culture on a family s environment during the counseling process The authors believe that without new approaches counselors will continue to provide hit or miss interventions Tasman's Psychiatry Allan Tasman,Michelle B. Riba,Renato D. Alarcón,César A. Alfonso,Shigenobu Kanba,Dusica Lecic-Tosevski,David M. Ndeti,Chee H. Ng,Thomas G. Schulze,2024-09-04 Authored by over 500

internationally acclaimed expert editors and chapter authors from around the world Completely updated and expanded with almost 40 new chapters Significantly increased attention to the role of culture in all aspects of evaluation and care New sections on Digital Mental Health Services and Technologies Treatment Issues in Specific Populations and Settings and on Prevention Systems of Care and Psychosocial Aspects of Treatment address key advances This edition is the first comprehensive reference work to cover the entire field of psychiatry in an updateable format ensuring access to state of the art information Earlier editions were called the best current textbook of psychiatry by the New England Journal of Medicine and the gold standard by the American Journal of Psychiatry Tasman s Psychiatry 5th Edition builds on the initial vision in prior editions of approaching psychiatric evaluation and care from an integrative bio psycho social cultural perspective It is designed to be an essential and accessible reference for readers at any level of experience This editorial approach encompasses the importance of the first encounter between patient and clinician followed by the complex task of beginning to develop a therapeutic relationship and to develop and implement a treatment plan in collaboration with the patient The importance of increasing attention to the role of culture and social determinants of mental health is reflected both in specific chapters and in components of many chapters throughout the book especially in those pertaining to clinical evaluation the therapeutic alliance and treatment The global scope of this edition is reflected throughout the book including the section on psychiatric disorders where evaluation using both ICD 11 and DSM 5 TR is discussed Most chapters are authored by experts from at least two different countries or continents adding a critically important dimension which often is missing in major psychiatric textbooks Tasman s Psychiatry 5th Edition is an essential reference for all medical professionals and students who need a trusted reference or learning tool for psychiatry psychology clinical research social work counseling therapy and all others

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