

ONE WOMAN'S  
JOURNEY  
THROUGH  
POSTPARTUM  
DEPRESSION

# SLEEPLESS DAYS

"Susan Kushner Resnick has written a real page-turner, a fast-paced, terrifying story of one woman's descent into a type of depression little discussed. Little known, but here, finally. Illustrated in prose that rings clear and sharp." — Lauren Slater, author of *Lyrics & Hallelujahs*  
—*Atlanta Journal-Constitution*, and *Delaware to My Country*

SUSAN KUSHNER RESNICK

# Sleepless Days One Womans Journey Through Postpartum Depression

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## **Sleepless Days One Womans Journey Through Postpartum Depression:**

Immerse yourself in the artistry of words with is expressive creation, Immerse Yourself in **Sleepless Days One Womans Journey Through Postpartum Depression** . This ebook, presented in a PDF format ( Download in PDF: \*), is a masterpiece that goes beyond conventional storytelling. Indulge your senses in prose, poetry, and knowledge. Download now to let the beauty of literature and artistry envelop your mind in a unique and expressive way.

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