

THE EXPERIENCE OF NO-SELF

A Contemplative Journey

Bernadette Roberts

The Experience Of No Self A Contemplative Journey

LL Leslie



The Experience Of No Self A Contemplative Journey:

The Experience of No-Self Bernadette Roberts, 1993-03-26 Explores the journey beyond union beyond self and God into the silent and still regions of the Unknown

What Is Self? Bernadette Roberts, 2005-01-15 The renowned contemporary mystic and author of *The Experience of No Self* presents her philosophical treatise on the nature of Self and God As a Carmelite nun Bernadette Roberts pursued a life in union with God She wrote compellingly about her contemplative spiritual journey in her memoirs *The Experience of No Self* and *The Path of No Self* Now she builds on the wisdom she gained exploring the ultimate consciousness that transcends self and experience In *What Is Self* Ms Roberts explains her conceptions of the ego the self and the revelations of the contemplative life Deeply personal and profoundly spiritual this latest effort puts all of Bernadette's insights into clearer and sharper perspective as though her own journey has grown clearer with distance

The Experience of No-self Bernadette Roberts, 1982 The author describes the contemplative experiences which led her to reach a new level of spiritual enlightenment and discusses the nature of the self and its relation to Christian teaching

The Path to No-Self Bernadette Roberts, 1991-01-01 This book shows how once we have adjusted to the unitive state the spiritual journey moves on to yet another more final ending In our major religious traditions the outstanding milestone in the spiritual journey is the permanent irreversible transcendence of the self center or ego The fact that a great deal has been written about the journey to this point means that many people have come this far But what we might ask comes next Looking ahead we see no path even in the literature there seems to be nothing beyond an abiding awareness of oneness with God Had this path been mapped in the literature then at least we would have known that one existed but where no such account exists we assume there is no path and that union of self and God is the final goal to be achieved The main purpose of *The Path to No Self* is to correct this assumption It verifies that a path beyond union does indeed exist that the eventual falling away of the unitive state happens as the culmination of a long experiential journey beyond the state The author shows that a path exists between the transcendence of the ego self center which begins the unitive state and the later falling away of all self the true self which ends the unitive state As a first hand account *The Path to No Self* will be of interest to those with similar experiences or those searching for a better understanding of their own spiritual journey Since the journey is concerned with the effects of grace on human consciousness the book will be of interest to those psychologists concerned with the transformational process

Self and No-Self Dale Mathers, Melvin E. Miller, Osamu Ando, 2013-12-16 This collection explores the growing interface between Eastern and Western concepts of what it is to be human from analytical psychology psychoanalytic and Buddhist perspectives The relationship between these different approaches has been discussed for decades with each discipline inviting its followers to explore the depths of the psyche and confront the sometimes difficult psychological experiences that can emerge during any in depth exploration of mental processes *Self and No Self* considers topics discussed at the *Self and No Self* conference in Kyoto Japan in 2006

International experts from practical and theoretical backgrounds compare and contrast Buddhist and psychological traditions providing a fresh insight on the relationship between the two Areas covered include the concept of self Buddhist theory and practice psychotherapeutic theory and practice mysticism and spirituality myth and fairy tale This book explains how a Buddhist approach can be integrated into the clinical setting and will interest seasoned practitioners and theoreticians from analytical psychology psychoanalytic and Buddhist backgrounds as well as novices in these fields *Quantum Physics and God* Manfred Bauer, 2023-01-19 Quantum physics and the theory of relativity have shaken our conception of reality They have made us realize that the universe is not as we perceive it Religion and philosophy have so far failed to adapt our view of the world on the basis of these findings Thus together with the reader the author sets out to clarify the fundamental questions of life He skillfully juxtaposes convincing answers from different fields of knowledge Scientific chapters about the world of quantum objects space and time or the origin and evolution of the universe stand in stark contrast to chapters about scientifically unexplainable events such as miracles spiritualistic phenomena findings about life after death and reincarnation In addition the author discusses the atheistic worldview The scientific sections are easily understandable especially since they are to a large extent free of technical terms and formulas In the religious chapters the author draws parallels between ideas from all religions especially Hinduism Buddhism and Taoism and scientific findings Descriptions of the God experiences of spiritual masters from all times cultures and religions as well as personal anecdotes and stories imagined by the author provide manifold paradigm shifts in the detailed consideration of one and the same thing the ultimate reason of our existence and the meaning of life **Quest for Silence** Harry A. Wilmer, 2000 What ever happened to silence Actually nothing and Harry Wilmer takes great pains to show how we have submerged it under a toxic barrage of noise Using both clinical examples of the power of silence from his case histories and cultural values of silence he uncovers a astonishing theme in the Japanese idea of MA as silence Wilmer points out how silence gives meaning to words dreams thought action and music From his long experience as a Jungian analyst he weaves his ideas into an eminently practical treatise on the phenomenology of silence With many references to literature as well as his personal life experiences and crises he offers a readable and important new story of the universal and spiritual significance of silence in a world of jackhammer noise Jed McKenna's Notebook: All Bonus Content from the Enlightenment Trilogy Jed McKenna, 2009-06-10 Chapters Include Recipe for Failure 3 Interviews with Jed Impersonating Jed McKenna Blues for Buddha Zen and the Art of Self Mutilation Mannahatta The Journey to the Shaman Kill the Swiss Improbability My Uncle the Vampire Bookstore Guru City Lights Death Discrimination I Witness The New World The Golden Door Visionary Goofballs Nothing Forever A Post Apocalyptic Nightmare **Journeys Into Emptiness** Robert Jingen Gunn, 2000 Journeys into Emptiness traces the lives of three famous religious seekers and their quests for personal transcendence Dogen a thirteenth century Japanese Zen master experienced emptiness in wordless meditation the practice of zazen that spread in time from the Eastern world to the West Thomas Merton was a twentieth

century Catholic monk whose experience of personal homelessness brought him to explore the tension that lies between solitude and community Carl Jung raised by a pious father and a psychologically unbalanced mother was driven to understand the structure of the psyche including the male and female elements that exist in every human person Robert Jingen Guinn provides wise and compassionate portraits of these emblematic figures Each of them in his own way had to experience emptiness going beyond consciousness to discover his own personal truth whether that was rooted in Buddha nature God or the unconscious This going beyond became a path to encountering their own unique selves and a deeper sense of life BOOK JACKET Title Summary field provided by Blackwell North America Inc All Rights Reserved *Modern Buddhist and Christian Mysticism* Charles M. Mueller, Peter Richardson, 2025-03-01 Investigations of mysticism often focus on the past while largely ignoring current developments This book contributes to a reversal of that trend with a rigorous examination of a wide selection of contemporary Buddhist and Christian authors The focus is on the intriguing intersections and subtle divergences now emerging in areas such as ineffability nonconceptuality paradox inverted agency unity and self dissolution The analysis combines the theoretical framework of Cognitive Linguistics with a range of methodological approaches from discourse and thematic analysis to corpus linguistics Wide ranging systematic and informative the book is invaluable to all of those interested in the phenomenon of mysticism within the modern world *The Poetics of Adonis and Yves Bonnefoy* Kareem James Abu-Zeid, 2021-06-15 This book examines the work of two major poets who wrote in the second half of the twentieth century Yves Bonnefoy of France and the Syrian born Adonis born Ali Ahmed Said In conducting close readings of key moments from their respective poetry the author illustrates how both of these writers in their own unique ways construct poetry as a form of spiritual practice that is as a way of transforming both the poet s and the implied reader s ontological perceptual and creative relationships with their internal and external worlds Time To Tell Ronald Green, 2018-11-30 Time seems to flash by when we are enjoying ourselves and slows to a crawl when we are bored Why Does time exist or is it an illusion Does it flow Is it linear How real are our memories When is now These are just some of the questions that Time To Tell asks in its foray into what time is for us what it does to us and for us and how we live and react to it in our daily lives Digging down to the roots of our lived experience in the world Time To Tell takes us through a journey replete with twists and turns and aha moments Challenging the obvious the book asks us to look anew at our perspective of what we naturally take for granted Rattling the comfort of instant satisfaction of reality shows celebrity worship and the self glorification of the I generation Ronald Green with panache and authority takes us on a journey that allows us a new way of looking at ourselves in the world and to act upon what we discover **Science as a Spiritual Practice** Imants Barušs, 2015-10-21 Science as a Spiritual Practice is in three parts In the first part the author argues that there are problems with materialism and that self transformation could lead individual scientists to more comprehensive ways of understanding reality In the second part he takes on the contentious notion of inner knowledge and shows how access to inner knowledge could be possible in some

altered states of consciousness The third part is an analysis of the philosophy of Franklin Wolff who claimed that the transcendent states of consciousness which occurred for him resulted from his mathematical approach to spirituality

Spacious Body Jeffrey Maitland, 1994-10-25 In *Spacious Body* Jeffrey Maitland brings his knowledge and personal experience of Buddhism phenomenology alchemy psychoanalysis and the bodywork system of Rolfing to bear in forging concepts adequate to an understanding of embodied experience

An Introduction to Spiritual Direction Chester P. Michael, 2004 *An Introduction to Spiritual Direction* is a clear nuanced and practical handbook for spiritual directors and directees that examines what it means to be spiritually whole and the process that gets us there It is based in part on the two year training course that the author conducts at Spiritual Direction Institute the teachings of the depth psychologist Carl Jung and the Christian traditionalists among them St Francis de Sales Ignatius of Loyola Teresa of Avila and John of the Cross It is further conjoined with sections on the qualities of the good director and directee with fascinating forays into the nature of temperament and psychological type The core of the book is devoted to its larger question the actual growth and acquisition of spiritual wisdom where the stages pitfalls remedies rewards as well as the importance of spiritual direction especially during times of crises are examined in numerous comprehensive sections Dovetailed with chapter notes and questions index and extensive bibliography *An Introduction to Spiritual Direction* deserves recognition by directors directees counselors students and practitioners of psychology and religious educators It is a great starting point for spiritual exploration

Being Prayer---Transforming Consciousness Mary Rees, 2006 *Being Prayer* offers timeless guidance a clear simple yet personal and challenging path for living fully in harmony and integrity with things just as they are It also provides rich resources for further study based on individual needs and interests

Pneumatology and the Christian-Buddhist Dialogue Amos Yong, 2012-07-26 This project at the interface of Buddhist Christian studies comparative theology and Christian systematic theology proceeds by way of exploring questions related to the presence and activity of the Holy Spirit in a 21st century world of many faiths

The Many Faces of Time John Barnett Brough, Lester Embree, 2013-03-14 Temporality has been a central issue in phenomenology since its inception Husserl's groundbreaking investigations of the consciousness of internal time early in the century inaugurated a phenomenological tradition enriched by such figures as Martin Heidegger Jean Paul Sartre Maurice Merleau Ponty and Eugen Fink The authors of the essays collected in this volume continue that tradition challenging expanding and deepening it Many of the essays explore topics involving the deepest levels of temporal constitution including the relationship of temporality to the self and to the world the ways in which temporalizing consciousness and what it temporalizes present themselves and the roles and nature of present past and future Other essays develop original positions concerning history tradition narrative the time of generations the coherence of one's life and the place of time in the visual arts In every instance the authors show how invaluable phenomenology is for the investigation of time's many faces

Introduction to New and Alternative Religions in

America William M. Ashcraft, Eugene V. Gallagher, 2006-10-30 Most new or alternative religious are gravely misunderstood by members of the religious mainstream Labeled cults or sects groups and their members are often ridiculed or otherwise disregarded as weird and potentially dangerous by the populace at large Despite their efforts at educating the general public the various anti and counter cult activists have in fact promoted much more mis understanding than accurate understanding of the religious lives of some of their fellow citizens Consequently they have helped to create a very hostile environment for anyone whose religious practices do not fit within a so called mainstream This set rectifies the situation by presenting accurate comprehensive authoritative and accessible accounts of various new and alternative religious movements that have been and are active in American society and it addresses ways of understanding new and alternative religions within a broader context Determining what actually constitutes a new or alternative religion is a subject of constant debate Questions arise as to a new faith s legitimacy beliefs methods of conversion and other facets of a religious movement s viability and place in a given culture How a religion gains recognition by the mainstream which often labels such new movements as cults is fraught with difficulty tension and fear Here experts delineate the boundaries and examine the various groups beliefs movements and other issues related to new faiths and alternative beliefs Readers will come away with a fuller understanding of the religious landscape in America today Volume 1 History and Controversies discusses the foundations of new and alternative religions in the United States and addresses the controversies that surround them This volume helps readers better understand what makes a new or alternative belief system a religion and the issues involved Volume 2 Jewish and Christian Traditions explores the various new religions that have grown out of these two Abrahamic faiths Groups such as the Shakers the People s Temple the Branch Davidians Jehovah s Witnesses and others are examined Volume 3 Metaphysical New Age and Neopagan Movements looks at Shamanism Spiritualism Wicca and Paganism among other movements as they have developed and grown in the U S These faiths have found new and devoted followers yet are often misunderstood Volume 4 Asian Traditions focuses on those new and alternative religions that have been inspired by Asian religious traditions From Baha i to Soka Gakkai from Adidam to the Vedanta Society contributors look at a full range of groups practicing and worshiping in the U S today Volume 5 African Diaspora Traditions and Other American Innovations examines the various traditions linked to the African diaspora such as Rastafarianism Santeria and the Nation of Islam alongside traditions that are truly American incarnations like Scientology UFO religions and Heaven s Gate Some of the new and alternative religions covered in these pages include Shamanism Wicca Black Israelites Santeria Scientology Elan Vital Hare Krishna Soka Gakkai and many more *Infinite Reach* John E. Biersdorf, 2016-06-16 *Infinite Reach* Spirituality in a Scientific World connects and integrates the great spiritual insights with science and mathematics for the increasing numbers of Americans who consider themselves spiritual but not religious or spiritual and religious or none of the above and who no longer find traditional religious doctrines and institutions credible or matching their experience In nontechnical language it

precisely and clearly traces how current brain mind research informs and enhances inner spiritual and religious experience and how scientific cosmology confirms spiritual intuitions From hunting gathering prehistory through city states empires and the great religions scientific methods advance exponentially faster into the future while the great spiritual insights have never been surpassed though often ignored or denied But scientific knowing and spiritual knowing share infinite reach Brain mind research contributes to understanding and living meditation and spiritual practices in silence ritual and vision Modern physics and mathematics demonstrate how humans observe and participate in the actual evolution of the universe Fractals in chaos theory are spiritual images of ultimate reality In creating loving and undifferentiated presence we find our own unique voice in the mystery of ultimate reality touching down here and now in the specifics of this present moment

Whispering the Secrets of Language: An Emotional Quest through **The Experience Of No Self A Contemplative Journey**

In a digitally-driven world wherever monitors reign great and quick communication drowns out the subtleties of language, the profound strategies and emotional subtleties hidden within words often move unheard. However, nestled within the pages of **The Experience Of No Self A Contemplative Journey** a fascinating fictional prize sporting with organic emotions, lies an extraordinary quest waiting to be undertaken. Written by a talented wordsmith, this marvelous opus attracts viewers on an introspective journey, gently unraveling the veiled truths and profound impact resonating within the very fabric of every word. Within the emotional depths of this emotional review, we will embark upon a genuine exploration of the book's primary styles, dissect their fascinating publishing model, and succumb to the strong resonance it evokes strong within the recesses of readers' hearts.

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