



Stress In Policing

Ronald J. Burke



Stress In Policing:

Stress and Police Personnel Leonard Territo, Harold J. Vetter, 1981-01-01 This compilation of articles on job related stress in policing addresses the complexities of the stress syndrome among police officers and advocates the incorporation of a stress intervention and management component into police officer training programs The volume is designed for practical use by police officers and administrators Articles are arranged in topical sections and begin with an orientation and introduction to the general subject providing terminology and background to some of the principle psychological physiological and social consequences of stress Job stress and some of its more destructive manifestations in police officers such as alcoholism divorce other family problems and suicide are examined In addition specific and unique stress experienced by women and minorities in law enforcement is also discussed Recommendations are given concerning the most effective ways that both the officer and the law enforcement agency can deal with these problems Articles on stress and the police administrator concern factors in the managerial task and function that contribute to stress Among them are upward mobility with accompanying loss of supportive relationships among colleagues family and friends the risks of decisionmaking with consequences affecting the lives of many people and political pressures in balancing resources against goals and objectives Under the topic of stress and the family articles look at the toll exacted on wives children and relatives of police personnel by the stressful aspects of police work of which the high divorce rate is but the most visible consequence The concluding section presents organizational and individual programs for coping with stress illustrated by stress control and counseling programs available to officers administrators and families in the police departments of Miami Dallas and Chicago A retirement counseling program for police officers is also discussed because of the unique nature of police retirement which occurs early and isolates former officers from agency friends and informal peer groups that have served as a source of personal support Tabular data and endnotes accompany individual articles The appendix contains a listing of police stress training films An index is also supplied

Stress and Policing Jennifer M. Brown, Elizabeth A. Campbell, 1994-03-15 A critical assessment of available evidence on police stress featuring a detailed discussion of stress experiences of women homosexual and ethnic minority officers Examines the role of routine stressors and highlights stress problems associated with major trauma incidents Documents treatment for post traumatic stress disorder and pinpoints risk factors Includes a review of the latest research in Britain North America and Australia

Stress and the Police Officer Katherine W. Ellison, 2004 Good policing is not impossible The reactions that have been associated with stressors are not inevitable Many officers retire in good physical and emotional health and 100 back on their careers with pleasure In a situation where stressers have led to maladaptive behavior on the part of individuals or organizations change is called for Change must be constant as social conditions in the world around us vary The police represent a force for the order necessary for society to function It is not an easy job but it is one that is worth doing well

Policing and Stress Heith Copes, 2005 For

undergraduate graduate courses in Policing and Criminal Justice Focusing on the topic of police stress this text compiles chapters written by leading police researchers who examine the sources and consequences of stress as well as effective strategies for coping with it

Stress in Policing Ronald J. Burke, 2016-07-01 Stress in policing remains a serious concern for individual officers their families their organizations and society at large As an editor of the Psychological and Behavioural Aspects of Risk series Ronald J Burke brings together the latest research findings and intervention strategies shown to be effective by an international group of experts The contributors comprise of a group of high profile researchers and writers who are experts in their respective fields This edited collection addresses such issues as The increased risk of international terrorism Racial profiling Police Culture Police integrity Police suicide Inadequate police training The work of police officers exposes them to sources of stress that increase several risks in terms of their psychological and physical health their family relationships physical injuries emotional trauma ambiguity about their roles in society Shift work and undercover work add additional burdens to officers and their families Police work also places risks on the communities in which officers serve in terms of officers being inadequately trained to deal with mentally ill citizens

Stress in Policing Hans Toch, 2009 In this book the author explores the daily challenges joys and frustrations of police work Told in candid and uncensored interviews the realities of keeping the peace reveal sources of sustenance and stress that are often contrary to popular wisdom Given that today's police force is increasingly diverse race and gender issues are shown to be sources of stress However the dangers on the street are far less stressful than departmental politics and top down management practices This book combines both qualitative methods in which police officers aided by the author and his research team designed and conducted their own survey of the rewards and stresses of the job This innovative method of study identified not only problems but also significant organizational changes that could lead to enhanced job satisfaction The author's gentle probing provides new insights into the often misunderstood world of the law enforcement officer and challenges departmental administrators to find creative ways of initiating institutional reform

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terms of officers being inadequately trained to deal with mentally ill citizens Police Stress Robert N. Brenner, Marjorie Kravitz, 1979 **Traumatic Stress in Police Officers** Douglas Paton, 2009 The objective of this book is to demonstrate how adopting a career perspective can provide a more comprehensive conceptualization of traumatic stress processes as they apply to police officers and agencies and provide a framework that can be used to guide research and intervention agenda in ways that reflect the changes that can occur over the course of a police career that can span decades The book examines the nature and effectiveness of the police role in dealing with adverse events as they unfold within a career perspective It begins with pre employment experiences and their implications for operational well being and concludes with a discussion of the implications of a police career for disengagement or retirement from this role It draws upon empirical research to provide an evidence based approach to traumatic stress risk management and well being in contemporary policing Based on state of the art research the book provides a framework that police agencies can use to develop their officers and their organizations in ways that enhance their capability to confront an increasingly uncertain future in ways that maximize the interests of front line policing Areas of discussion include incorporation of police trauma into a life career course perspective changing context and nature of police work recruitment selection and socialization in the context of critical incident and terrorist work changing gender balance training in uncertain times managing risk and vulnerability organizational context family dynamics inter and intraorganizational teams health and mental health consequences of long term exposure to hazards and disengagement and retirement The text will be of significant interest to police organizations and agencies whose officers face a high risk of experiencing disaster and traumatic stress law enforcement managerial and supervisory personnel human resource and health and safety professionals and mental health professionals and consultants The text will also be relevant to those researching traumatic stress disaster stress and emergency management as well as other protective services

Society's Victim, the Policeman William H. Kroes, 1976

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