



the
STAY-AT-HOME
mom
survival guide



Strategies For Stay At Home Parents

Anne Kruse



Strategies For Stay At Home Parents:

Strategies for Stay-at-home Parents Kristine Berggren, 2003 You are both working You have a new baby One parent will have to stay at home Which one How do you adjust your finances from two incomes to one How do you put your career on hold This book focuses on practical issues and emphasises each family's unique values and provides helpful tips for creating a lifestyle for both parents and children The author has interviewed dozens of stay at home parents who shed light on a variety of topics which the reader may not have considered weighing the rewards and challenges choosing who stays at home financial planning caring for your kids nurturing yourself managing your time and space family dynamics returning to work An invaluable book for first time parents and newlyweds containing many ideas and topics not to be found in other parenting books

A Way to Stay Home Anne Kruse, 2023 Discover helpful strategies that make stay at home parenting and living on a single income financially successful At the same time learn to enjoy your children and create the life you want living simply and pursuing your dreams and goals

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The Wall Street Journal. Financial Guidebook for New Parents Stacey L. Bradford, 2009-06-02 A practical approach to affording your kids from cradle to college Bringing home your bouncing baby boy or girl should be an exciting

time of celebration not cause for worry about how you're going to pay for feeding clothing and caring for your new bundle of expenses. The average family will spend between 11 000 and 16 000 during a new baby's first year and more than 200 000 before a kid's eighteenth birthday. Unfortunately a second child only doubles your costs with little economy of scale for each additional baby. Before you start using these statistics as birth control take a deep breath and know that you can have a family and make a comfortable future for your children while saving for your own important goals. The Wall Street Journal Financial Guidebook for New Parents shows you the way with information on how to Safeguard your child's well being with wills trusts and life insurance. Best weigh your child care options and decide whether to go back to work. Save on taxes with child friendly tax credits and deductions plus tax advantaged benefits at work. Manage your family's health care costs. Save for long term costs by setting up a college fund. Spend smart and save money at every stage of your child's development. Continue to contribute to your own retirement savings. From maternity and paternity leave to flexible spending accounts to 529 college plans. The Wall Street Journal Financial Guidebook for New Parents provides all the information you need to meet your child's expenses while also protecting your family's financial security.

Single Mothers in Contemporary Japan Aya Ezawa, 2016-05-12. Combining work and family remains a major challenge for married women in contemporary Japan and it's not uncommon for them to quit working when starting a family. Single mothers by contrast almost always work regardless of the age of their children. Despite their eagerness to support themselves and their children through employment their average income remains low and many live on a household budget close to the poverty line. This book examines how the difficult living conditions facing single mothers in Japan highlight not only the challenges they face in earning a family wage and managing the work family balance but also reveals the class dimensions of family life in contemporary Japan. The need to make ends meet with few resources means that mothers may find it difficult to uphold the lifestyle they may consider as most appropriate for the upbringing of their children and that they may have to choose between their presence at home in line with the ideal of the middle class housewife and mother or devoting more time to earning an income that can pay for a good education. Social class in this case is not just a matter of education occupation or income but is also expressed by mothers' approaches to their children's upbringing and future opportunities in education and employment. Based on life history interviews with single mothers this study examines the gendered meanings of social class and social achievement and the role of maternal practices in shaping their children's future life trajectories.

Mothers Work Michelle Napierski-Prancl, 2019-09-25. Through a series of focus group interviews and an analysis of the media and popular culture Mothers Work examines the institution of motherhood and the arenas in which mothering occurs. Michelle Napierski-Prancl explores shared and divergent experiences perspectives lives and challenges through the voices of experts on the topic of motherhood the mothers themselves. Mothers Work analyzes how mothers feel about themselves each other and the culture that situates them against one another.

All Moms Work Sharon Reed Abboud, 2009. As featured in U S News World Report

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