

# Sleep And Its Derangements ( Hypnosis & Alt ered States of Consciousn...

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# Sleep And Its Derangements Hypnosis And Altered States Of Consciousness

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## **Sleep And Its Derangements Hypnosis And Altered States Of Consciousness:**

Hypnosis and Conscious States Graham Jamieson, 2007-01-18 The phenomenon of hypnosis provides a rich paradigm for those seeking to understand the processes that underlie consciousness Understanding hypnosis tells us about a basic human capacity for altered experiences that is often overlooked in contemporary western societies Throughout the 200 year history of psychology hypnosis has been a major topic of investigation by some of the leading experimenters and theorists of each generation Today hypnosis is emerging again as a lively area of research within cognitive systems level neuroscience informing basic questions about the structure and biological basis of conscious states This book describes the latest advances in understanding hypnosis and similar trance states by researchers within the neuroscience of consciousness It contains many new and exciting contributions from up and coming researchers and provides a lively debate on methodological and theoretical issues central to the development of emerging research paradigms in the neuroscience of conscious states The book introduces and describes many of the recent new tools that have become available to researchers in this field Academics researchers and clinicians wanting to develop their knowledge of the latest findings theories and methods in the scientific study of hypnosis and related states of consciousness will find this an up to date guide to this rapidly advancing field

**Sleep and Its Derangements** William A. Hammond, 2021-05-19 In *Sleep and Its Derangements* William A Hammond delves into the intricate world of sleep disorders articulating the myriad ways in which disturbed sleep patterns profoundly affect human health and behavior Utilizing a blend of scientific analysis and case studies Hammond s prose is both accessible and erudite firmly situating his work within the burgeoning field of medical psychology of the late 19th century The book reflects the Victorian fascination with the mind body connection deconstructing notions of rest while advocating for a deeper understanding of its physiological and psychological underpinnings Hammond s keen observations and detailed categorizations of sleep disturbances present readers with a holistic overview of the subject matter which remains relevant in contemporary neuroscience and psychiatry William A Hammond 1828 1900 was a pioneering American neurologist whose extensive work laid foundational stones for modern neurology His clinical background and personal encounters with patients suffering from sleep disorders led him to address the drastic implications of these disruptions As an advocate for the medical profession s need to scrutinize the psychology of sleep Hammond s contributions emerged from his conviction that understanding sleep is paramount to advancing medical science and improving patients lives This compelling book is highly recommended for both medical professionals and general readers intrigued by the complexities of human behavior Hammond s insights and thorough research provide valuable knowledge that can enhance the understanding of sleep disorders encouraging a dialogue that is just as essential today as it was in the 19th century

**Sleep Talking** A. M. Arkin, 2018-10-24 First published in 1982 Routledge is an imprint of Taylor Francis an informa company **Reprint**

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