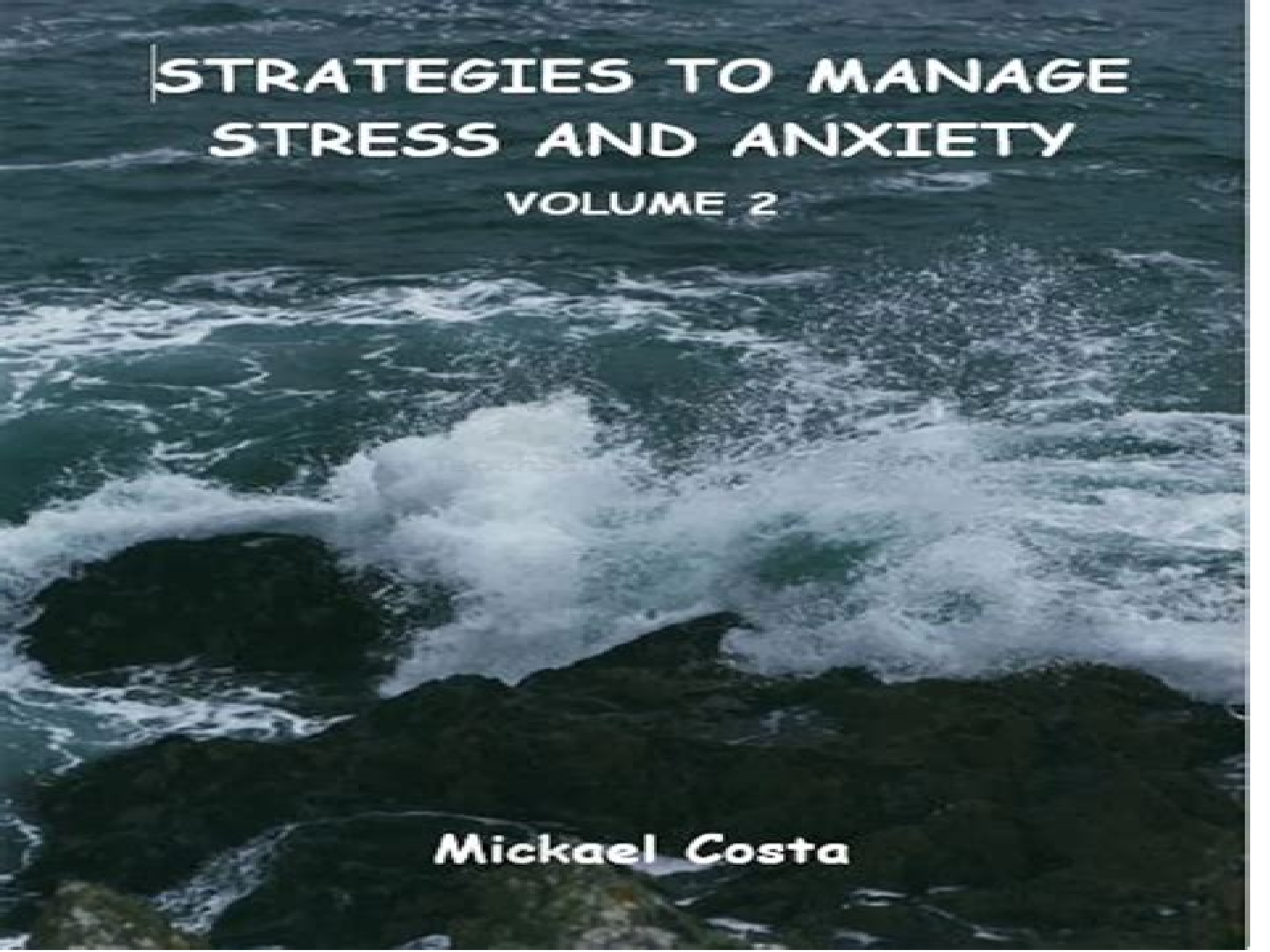




STRATEGIES TO MANAGE STRESS AND ANXIETY

VOLUME 2

Mickael Costa

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