

Slow-wave sleep

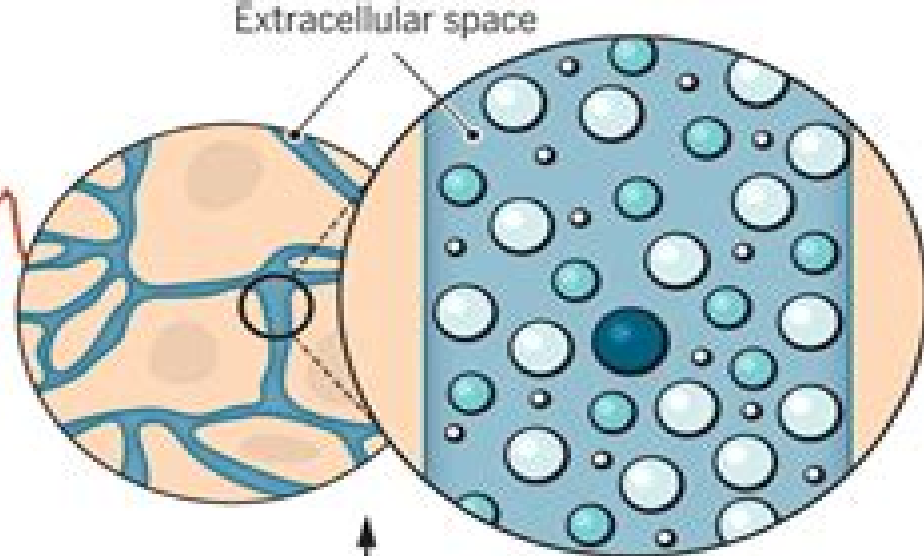


Electrical activity
(EEG)

Decreased
neuromodulator
activity

Neuromodulators
produced by
basal forebrain,
hypothalamus,
and brain stem

Acetylcholine
Hypocretin
Histamine
Serotonin
Noradrenaline



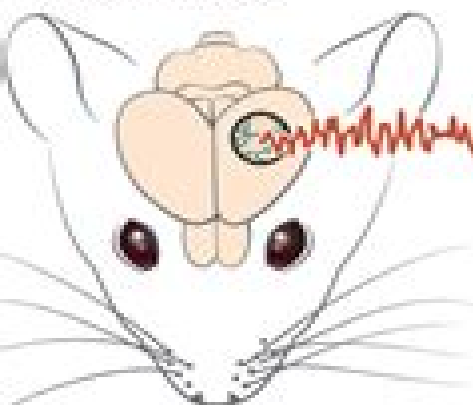
Extracellular space

Sleep-wakefulness

transitions are accompanied
by changes in extracellular
space volume and concentration
of extracellular ions

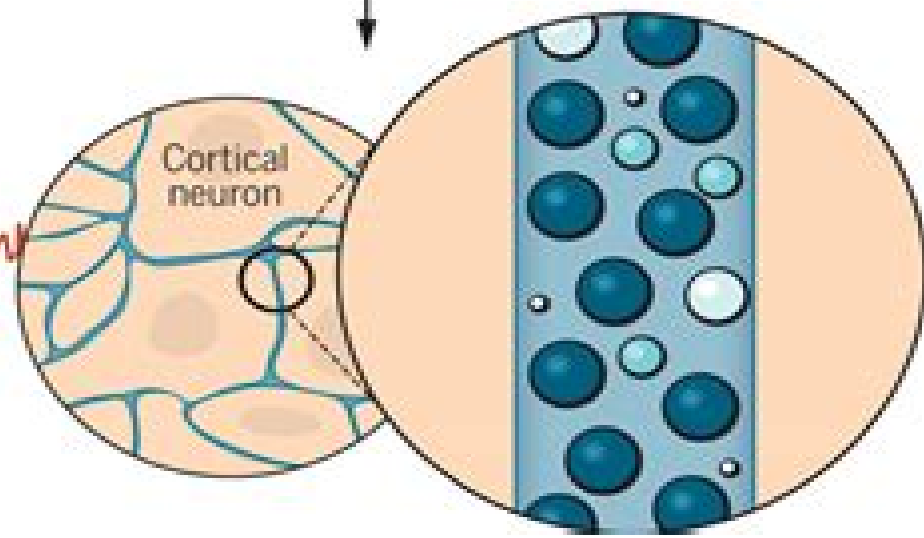
K^+
 Ca^{2+}
 Mg^{2+}
 H^+

Wakefulness



Increased
neuromodulator
activity

Electrical activity
(EEG)



Cortical
neuron

Sleep And Wakefulness

SB Merriam



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