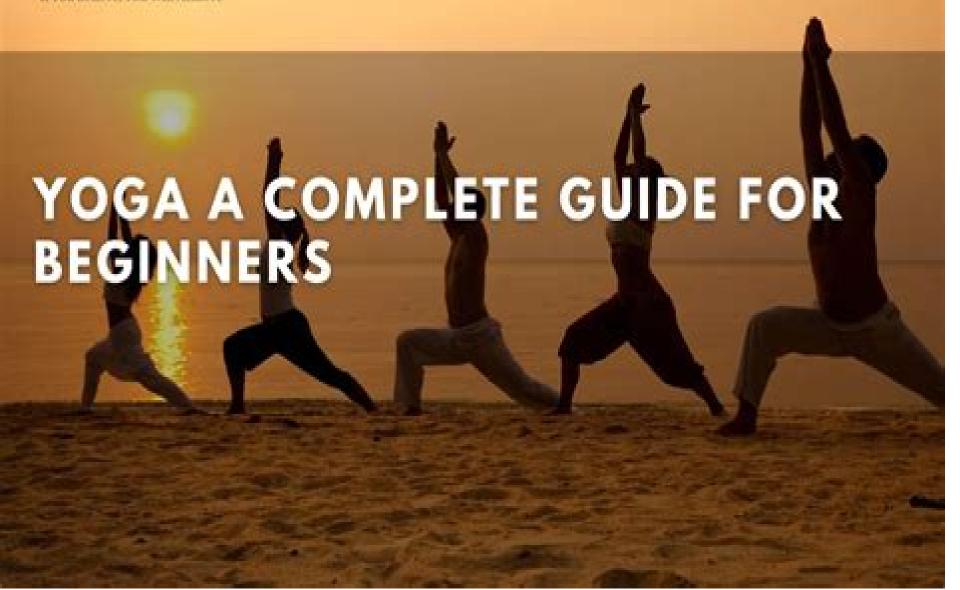


If You Believe, You Will Achieve



The Complete Beginners Guide To Physical Fitness

R Sandford

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