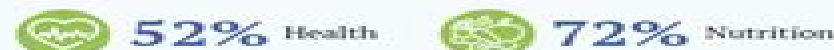


School Meals for Lifelong Health and Nutrition

NATIONAL LAWS, POLICIES, OR STANDARDS RELATED TO SCHOOL FEEDING (% of countries)



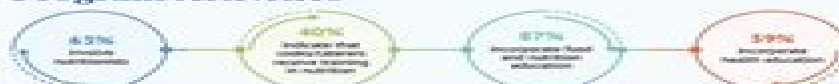
National policies, laws, and standards around school feeding can form a supportive structure to steer school meal programs in a positive direction.

Program Objectives



Programs in all country income classifications are equally likely to cite a focus on nutrition.

Program Activities



When access to affordable, nutritious foods is limited, fortification, biofortification, and micronutrient strategies for school meals can improve nutrition.

		Fortification		Biofortification		Micronutrient Supplementation	
Income group	Low-income	80%	22%	27%	43%		
	Lower Middle-income	72%	4%	37%	37%		
	Upper Middle-income	40%	0%	6%	6%		
	High-income	0%	0%	0%	2%		



The top five most common fortificants are: vitamin A (74%), iodine (52%), iron (50%), vitamin D (39%), and zinc (34%).

The proportion of the global population experiencing overweight and obesity is increasing, including in low- and middle-income countries where overweight and obesity exist alongside persistent conditions of undernutrition.¹

35% of programs report an explicit goal to prevent or mitigate overweight/obesity



1. The COME Group Nutrition Working Group. Addressing Overweight and Obesity in Low- and Middle-income Countries. March 2022.

There is a very strong association between income level and the likelihood of having an objective to prevent obesity.

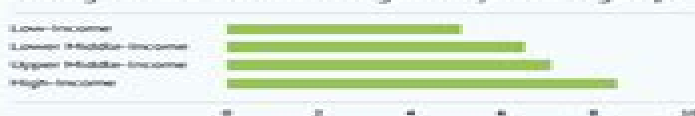
Program approaches to prevent or mitigate overweight/obesity



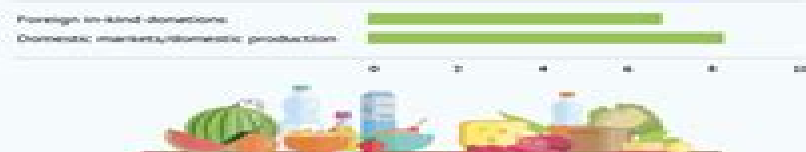
FOOD BASKET DIVERSITY ACROSS PROGRAMS BY INCOME GROUP AND AVENUE OF PROCUREMENT

Average number of food categories* per basket globally
6.3

Average number of food categories by income group:



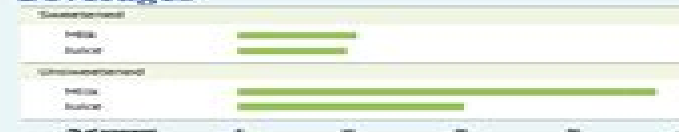
Average number of food categories by avenue of procurement



*Food categories are: Grains/cereals, roots/tubers, legumes/pulses/fruits, dairy products, eggs, meat, poultry, fish, green leafy vegetables, other vegetables, fruits, oil



Beverages



Teaching Nutrition A Review Of Programs And Research

RM Cervero



Teaching Nutrition A Review Of Programs And Research:

Teaching Nutrition Judith A. Glotzer, 1981-01-01 Presented is a comprehensive review of the literature and research on school based nutrition education organized into seven chapters 1 A Conceptual Framework for Individual Nutrition 2 Evaluation of Nutrition Education A Review 3 Teacher Training in Nutrition Education 4 Education and Training for School Food Service Personnel 5 Preschool Nutrition Education 6 Kindergarten Through Sixth Grade Nutrition Education and 7 Secondary School Nutrition Education Each chapter concludes with recommendations and bibliography DS Teaching Nutrition Joanne Nestor, Judith A. Glotzer, 1984-01-01 To find more information on Rowman Littlefield titles please visit us at [www rowmanlittlefield com](http://www.rowmanlittlefield.com) **Resources in Education** ,1994 Nutrition Education Printed Materials and Audiovisuals Shirley King Evans, 1989 *National Food Review* ,1994 **World Review of Nutrition and Dietetics** Geoffrey Howard Bourne, 1984 *Nutrition-related Oversight Review* United States. Congress. House. Committee on Science and Technology. Subcommittee on Domestic and International Scientific Planning, Analysis, and Cooperation, 1977 Quick Bibliography Series ,1976 *World Review of Nutrition and Dietetics* G. H. Bourne, 1969-05-19 **Extension Review** ,1987

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<https://archive.kdd.org/About/Resources/default.aspx/Survey%20Research%20For%20Public%20Administration.pdf>

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