

TEACHING THE RESTLESS

One School's Remarkable
No-Ritalin Approach
to Helping Children
Learn and Succeed

CHRIS MERCOGLIANO

Chris Mercogliano

Teaching the Restless Chris Mercogliano, 2006-08-01 Teaching the Restless Chris Mercogliano, 2004-01-15 ducator Chris Mercogliano has been working with hyperactive ADHD children for many years at the Free School in Albany New York and has developed numerous ways to help these students relax focus modulate emotional expression make responsible choices and forge lasting friendships all prerequisites for learning In Teaching the Restless Mercogliano uses the stories of six boys and three girls to share valuable lessons offering a way to work with these children without assigning them labels or resorting to the use of stimulant drugs like Ritalin Free School Teaching Kristan Accles Morrison, 2012-02-01 Free School Teaching is the personal and professional journey of one teacher within the American educational system Faced with mounting frustrations in her own traditional middle school classroom and having little success in resolving them Kristan Accles Morrison decided to seek out answers first by immersing herself in the academic literature of critical education theory and then by turning to the field While the literature on progressive education gave her hope that things could be different and better for students locked into America's traditional education system she wanted to find a firsthand example of how these ideas played out in practice Morrison found a radical free school in Albany New York that embodied the ideas found in the literature and over a period of three months she observed and documented differences between alternative and traditional schools In trying to reconcile the gap between those systems Morrison details the lessons she learned about teachers students curriculum and the entire conception of why we educate our children **HELP! My Child Hates School** Mara Linaberger, 2017-11-07 A veteran educator tackles the many difficulties kids face in school from bullying to lack of motivation with strategies to help your child love learning Is your child depressed unmotivated resentful or angry when it s time to go to school each morning Does your child come home with stories of being bullied or made fun of Does your child possess unusual talents that go unrecognized at school or worse is he or she seen as strange by teachers or peers If you answered yes to any of these questions help has arrived HELP My Child Hates School cuts to the root of your child's school issues and shows you practical ways to turn the situation around getting your child out of misery and back to thriving Along the way Mara Linaberger an educational innovator with more than twenty five years of experience will share stories tips and tricks to help instill a love for learning in your child If your child can t last another day in school and you ve had it with the fighting crying and coercing HELP My Child Hates School is for you The Case Against Homework Sara Bennett, Nancy Kalish, 2007-08-28 Does assigning fifty math problems accomplish any more than assigning five Is memorizing word lists the best way to increase vocabulary especially when it takes away from reading time And what is the real purpose behind those devilish dioramas The time our children spend doing homework has skyrocketed in recent years Parents spend countless hours cajoling their kids to complete such assignments often without considering whether or not they serve any worthwhile purpose Even many teachers are in the dark Only one of the hundreds the authors interviewed and surveyed had ever taken a course specifically on homework during training The truth according to Sara Bennett and Nancy Kalish is that there is almost no evidence that homework helps elementary school students achieve academic success and little evidence that it helps older students Yet the nightly burden is taking a serious toll on America's families It robs children of the sleep play and exercise time they need for proper physical emotional and neurological development And it is a hidden cause of the childhood obesity epidemic creating a nation of homework potatoes In The Case Against Homework Bennett and Kalish draw on academic research interviews with educators parents and kids and their own experience as parents and successful homework reformers to offer detailed advice to frustrated parents You ll find out which assignments advance learning and which are time wasters how to set priorities when your child comes home with an overstuffed backpack how to talk and write to teachers and school administrators in persuasive nonconfrontational ways and how to rally other parents to help restore balance in your children's lives Empowering practical and rigorously researched The Case Against Homework shows how too much work is having a negative effect on our children's achievement and development and gives us the tools and tactics we need to advocate for change Also available as an eBook **Post-Enlightenment Self-Education** Eugene Matusov, 2025-06-16 The book aims to challenge and redefine the traditional Enlightenment approach to education by advocating for a Post Enlightenment model that emphasizes self education rooted in individual autonomy dignity and diverse experiences It critiques the Enlightenment's narrow focus on rationality and hierarchy proposing a more inclusive and personalized method that values emotional intelligence and contextual understanding The book seeks to promote a radical shift towards educational pluralism where learning is driven by the learner s own needs interests and judgments rather than imposed by external authorities Ultimately it calls for a reimagined educational paradigm that aligns with the principles of universal human dignity and autonomy envisioning a future where education is a personal and existential pursuit supported by democratic societal structures Critical New Perspectives on ADHD Gwynedd Lloyd, Joan Stead, David Cohen, 2006-09-27 Experts from all over the world take a critical highly international and often controversial perspective on the ADHD phenomenon a condition that has reached global proportions significantly affecting the lives of children parents and teachers worldwide This book raises a number of concerns often not covered by the material currently available to parents and practitioners Critical New Perspectives on ADHD unpicks the myths surrounding the development of this phenomenon and leaves no stone unturned in its search for answers An in depth exploration into the reasons for the emergence and maintenance of ADHD lead to suggested explanations of the dominance of US psychiatric models and the need for new markets for major pharmaceutical companies as well as the functions that ADHD diagnoses fulfil in families classrooms and communities In a world where moves to educational inclusion are paradoxically paralleled by the ever increasing use of medication to control children's behaviour this book scrutinises current accepted practice and offers alternative perspectives and strategies for teachers and other education professionals This in an invaluable resource for

anyone with a serious interest in ADHD and other behavioural difficulties *Kids Caught in the Psychiatric Maelstrom* Elizabeth E. Root MSW, MS Ed, 2009-09-23 This book offers a warning that American children are receiving increased chemical treatment from psychiatrists and provides a primer on how to improve the emotional health of kids without drugs Maelstrom is an apt metaphor for the inexorable deterioration many children experience inside the mental health system Kids Caught in the Psychiatric Maelstrom How Pathological Labels and Therapeutic Drugs Hurt Children and Families challenges current treatment practices and addresses the critically important issue of excessive prescribing of psychiatric medications to children This encyclopedic work reveals inside the system information emphasizing the theoretical divide at the root of the controversy over diagnosis and treatment It explains how the 1990s decade of the brain replaced talk therapy with biochemical treatments leading to the hegemony of the pharmaceutical industry and subsequently the massive drugging of children Author Elizabeth E Root details common diagnoses and treatments explaining up to date brain research with some surprising interpretations and noting dangerous national precedents to mental screening Finally she illuminates pathways toward solutions and healthier families sharing nonpsychiatric explanations for the nation s increase of troubled children and the rationale and research supporting non drug alternative approaches to childhood distress **Childhood** Chris Mercogliano, 2007 As codirector of the Albany Free School Chris Mercogliano has had remarkable success in helping a diverse population of youngsters find their way in the world He regrets however that most kids lives are subject to some form of control from dawn until dusk Lamenting risk averse parents overstructured school days and a lack of playtime and solitude Mercogliano argues that we are robbing our young people of that precious irreplaceable period in their lives that nature has set aside for exploration and innocent discovery leaving them ill equipped to face adulthood The domestication of childhood squeezes the adventure out of kids lives and threatens to smother the spark that animates each child with talents dreams and inclinations There is plenty that those involved with children can do to protect their spontaneity and exuberance We can address their desperate thirst for knowledge give them space to learn from their mistakes and let them explore what their place in the adult world might be **Different Learners** Jane M. Healy, 2011-08-02 Explains a range of learning disorders including ADHD dyslexia and Asperger's syndrome and examines ways of identifying problems early and taking appropriate remedial action at home at school and in the community

Unveiling the Magic of Words: A Review of "Teaching The Restless One Schools Remarkable No Ritalin Approach To Helping Children Learn And Succeed"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "Teaching The Restless One Schools Remarkable No Ritalin Approach To Helping Children Learn And Succeed," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

 $\frac{https://archive.kdd.org/data/book-search/fetch.php/The\%20Politics\%20Of\%20Future\%20Citizens\%20The\%20Jossey\%20bass\%20Behavioral\%20Science\%20Series.pdf$

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Teaching The Restless One Schools Remarkable No Ritalin Approach To Helping Children Learn And Succeed Introduction

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