



TAMING MONSTERS, SLAYING DRAGONS

**The Revolutionary
Family Approach to
Overcoming Childhood
Fears and Anxieties**

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AND GRAHAM YOST**



Taming Monsters Slaying Dragons The Revolutionary Family Approach To Overcoming Childhood Fears And Anxieties

Lia DeLand



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Taming Monsters, Slaying Dragons Joel Feiner, Graham Yost, 1988-01-01 Answering all the questions parents have about their children's fears this insightful logical book provides practical advice from the earliest years of childhood through the teenage years The A to Z Guide to Raising Happy, Confident Kids Dr. Jenn Berman, 2010-09-24 As an experienced therapist a parenting expert on television and radio an award winning columnist and a parent Dr Jenn Berman provides insightful and informative advice to parents as they guide their children through early childhood The A to Z Guide to Raising Happy Confident Kids addresses twenty six of the most important issues that modern parents face Each self contained and easy to read chapter covers a different topic allowing busy parents to quickly find and read what they need You'll turn to this great resource again and again as your children grow Michigan PTA Presents the Parents' Answer Book Patricia B. Peart, 1988 Answers 90 questions most frequently asked by parents of the Advisory Board to the Detroit Free Press Parent Talk Page Fifty leading professionals pictures of authors give parents measured carefully thought out advice in three areas school relationships parenting Michigan Psychiatric Society the Merrill Palmer Institute State Department of Mental Health other leading advocates of education for parenting Unique in format content Valuable for libraries to use in ordering related materials needed by parents The helpful easy format is applicable nationwide Call 313 646 1020 for information 24 books shipped for 2 50 Discounts for non profits Solve Your Child's School-related Problems Michael Martin, Cynthia Waltman-Greenwood, Pamela Patrick Novotny, 1995 The first book by professionals that advises parents how to help their child succeed in school and offers enlightened and effective solutions to more than 70 common problems that kids have in school The Publishers Weekly, 1987 The Parents' Resource Almanac Beth DeFrancis, 1994 The author of The Writer's Guide to Metropolitan Washington Where to Sell What You Write now offers a book of resources for parents an all in one directory that lists telephone hotline numbers newsletters catalogs associations and more The only guide to nationwide parenting resources **Research and Theory in Family Science** Randal D. Day, 1995 **The Publishers' Trade List Annual**, 1989 *Bibliographic Guide to Education*, 1988 Annual supplement to the Dictionary catalog of the Teachers College Library Columbia University and its 1st 3rd supplements **American Book Publishing Record**, 1988

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Books in Print, 1987 *Books in Print Supplement*, 1988 Monsters Under the Bed and Other Childhood Fears Stephen W. Garber, Ph.D., Robyn Freedman Spizman, Marianne Daniels Garber, 2011-04-13 A step by step manual designed to

help parents cope with children's fears *Monsters Under the Bed and Other Childhood Fears* discusses common fears how to respond to childhood anxieties and other ways to deal with frightened children With the culture getting scarier and parents getting busier there is a growing need to help parents understand and cope with childhood fears This thoughtful and practical work fulfills that need extraordinarily well Stan and Jan Berenstain authors of *The Berenstain Bears* children's book series This book is about how to respond to your child's fears Most children experience fears of the dark strangers unidentified noises and numerous other things for a short time and then they pass By supporting your child and filling in the gaps in her knowledge you can minimize most of the normal childhood fears many children experience By preparing your child in advance for the new situations she must meet you may be able to avoid new fears From the Introduction Praise for *Monsters Under the Bed* The authors of *Monsters Under the Bed* have created a great resource for parents to help their children The fun part is that some of the basic wisdom in this book may also apply when the occasional wayward monster slips under an adult bed Sheryl Leach president of The Lyons Group creator of Barney Fears often annoy disturb and sometimes even prevent a child from enjoying childhood At no time are fears a laughing matter This book offers parents a variety of clever suggestions on how to help their child slay the ubiquitous monsters that lurk under the bed in the hall and outside the window Today's concerned but busy parents will appreciate the straightforward yet family oriented language of this book Ted Ayllon Ph D professor of psychology and special education Georgia State University author with Mori Freed of *Stopping Baby's Colic* *A Mangle of Monsters* Lia DeLand, 2018-12-19 Life is full of monsters Anxiety is the most common mental health issue seen in children Children cope with anxiety in various ways for example by avoiding getting sick distracting with video games having temper tantrums or numbing out with food Written by a specialist in trauma resolution this book shows children how to face their fears in a healthy and empowering way that brings true peace and resolution

Taming the Dragon in Your Child Eastman, 1997-03 *No More Monsters in the Closet* Jeffrey L. Brown, Julie Davis, 1995 Dr Jeffrey L Brown provides parents with useful suggestions for teaching children how to channel their own imaginations to calm their fears and banish the bogeyman The childhood years are fraught with situations that bring about fear and apprehension in children whether it's a visit to the doctor or merely going to bed at night In this simple guide Dr Brown explains the essential techniques of Imagination Training an innovative method of using a child's own vivid imagination as a coping mechanism to reduce both physical and emotional discomforts He offers age appropriate solutions to a wide range of childhood situations including The Magic Glove to alleviate a toddler's fear of a doctor's needle and The Takealong Hero to address a youngster's more complex anxiety about starting school or overcoming shyness in social situations Whatever the situation Imagination Training can help your child to cope with real or perceived fears improve self confidence and performance at school and at play relieve physical and emotional stress and distress Along with Julie Davis a regular contributor to parenting magazines pediatrician Jeffrey L Brown shows parents that the most powerful tool to help allay

childhood fears and tears lies in a child's own imagination *Taming the Dragon in Your Child* Meg Eastman, Sydney Craft Rozen, 1994-01-26 Angry children are like storybook dragons breathing fire one moment enchanting and harmless the next This guide helps parents to recognize and diffuse the situations that trigger their children's sulks and tantrums Parents learn how to tell if a child's anger is a normal expression of hurt fear and frustration or a warning sign of serious family stress There are also suggestions for breaking family fighting setting appropriate boundaries finding disciplinary techniques that work dealing with divorce abuse school problems death and other crises as well as knowing when to get professional help

What Do You Say to a Dragon? Lexi Young Peck, 2021-05-04 A child gains courage after facing a scary dragon in a dream

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