# IMPACTS OF POOR MENTAL **HEALTH FOR TEENAGERS**



#### Education:

When struggling with concentration, memory and motivation, it can be difficult to excel at school and often grades suffer.



### Physical Health:

Mental health issues can lead to physical health problems. such as sleep disorders. gastrointestinal problems and headarnes.





## **Employment**:

Teenagers may struggle to find and keep a job and their performance often suffers.



#### Finances:

Managing finances is incredibly difficult for those with mental Illnesses - especially impulsive





## Relationships:

Struggling with mental illness often puts strain in relationships including withdrawal and increased conflict.



## **Social Problems And Mental Health**

A. Javier Treviño

**Social Problems And Mental Health:** 

Ignite the flame of optimism with is motivational masterpiece, **Social Problems And Mental Health** . In a downloadable PDF format ( PDF Size: \*), this ebook is a beacon of encouragement. Download now and let the words propel you towards a brighter, more motivated tomorrow.

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