

Women's Tennis Tactics

"This is one of the best tennis books I have read. Tour-level expertise is clearly explained and logically presented. This book, with its on-court drills, is an asset to professional and club players alike."

Alistair Higham
LTA Head of Coach Education

"A practical guide on building and strengthening your game, *Women's Tennis Tactics* is an essential read. Every female tennis player should have this book!"

Cara Black
2007 Australian Open Doubles Champion
Two-Time Wimbledon Doubles Champion

"In *Women's Tennis Tactics*, Rob Antoun has applied his expertise of coaching and the women's game to create a practical on-court approach ideal for developing today's players. It's an outstanding publication."

Craig A. Morris
Coach Education Manager for Tennis Australia

Women's tennis has come of age. Players today are taller, stronger, and faster than ever before. The distinction between traditional baseline, all-court, and serve-and-volley games continues to diminish as players learn how to dictate the point at the earliest opportunity.

The top players know how to play to their strengths and their opponents' weaknesses, and *Women's Tennis Tactics* shows you how to do the same:

- 69 drills to practice match tactics
- Breakdown of match situations and tactical solutions
- Guidance on developing a personal style
- Strategies for tracking performance
- Tactics for singles and doubles play

Whether serving, returning, playing the baseline, or playing the net, *Women's Tennis Tactics* provides you with the strategic arsenal to elevate your game and enjoy greater success on the court.

ISBN-13: 978-0-7360-6572-6
ISBN-10: 0-7360-6572-5



Human Kinetics

\$19.95
In Canada \$23.95

Tennis Tactics Of Success

Karin Nielsen-Saines



Tennis Tactics Of Success:

Decoding **Tennis Tactics Of Success**: Revealing the Captivating Potential of Verbal Expression

In an era characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Tennis Tactics Of Success**," a mesmerizing literary creation penned by a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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