

APPROACHES IN PSYCHOLOGY

Enter your sub headline here



Psychodynamic

- Childhood trauma or conflict has not been dealt with and repressed.
- Unconscious conflicts between the Id & ego have created defense mechanisms.



Behavioral

- Unpleasant consequences are avoided (operant conditioning).
- Psychological problems in others are observed and imitated (social learning theory).



Cognitive

- Finally, and irrational thought processes lead to negative schemas about the world.
- Negative view of self, the world and the future.



Biological

- Inherited faulty genes.
- Chemical imbalances.
- Brain trauma.
- This is a sample text
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Humanistic

- Each person can exercise free will and make rational choices, not dominated by unconscious instincts.
- Humans should be viewed as a whole and not reduced to parts.

Six Approaches To The Person

A Gutmann



Six Approaches To The Person:

Six Approaches To The Person Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has been evident than ever. They have the capacity to inspire, provoke, and ignite change. Such may be the essence of the book **Six Approaches To The Person**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall impact on readers.

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