

 **The  
Practical  
Therapist  
Series®**

# RATIONAL EMOTIVE BEHAVIOR THERAPY



**A THERAPIST'S GUIDE**  
SECOND EDITION

**ALBERT ELLIS, PH.D.**  
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# The Practical Therapist

**Jianjun Gao**



## **The Practical Therapist:**

## **The Practical Therapist** Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**The Practical Therapist**," published by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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