



Infuse your yard with the flavor, fragrance, beauty, and healing power of organic herbs.

Whether you want to work herbs into existing flower or food gardens, grow them in containers, or plant a dedicated herb garden, *Homegrown Herbs* is your in-depth guide to everything you need to know about planting, caring for, harvesting, drying, and using more than 100 herbs.



"A must-have for herbalists and home gardeners. Tammi Hartung has set a new standard with her comprehensive grower's guide. Her years of experience and vast wisdom shine throughout."

—GEORG UEBELHART, JULIETTA PERENNIAL SEEDS

"You'll find not only practical advice and endless tips on growing herbs, but a wise, deep, friendly voice."

—from the foreword by ROSEMARY GLADETAR

TAMMI HARTUNG has been growing and working with herbs for 30 years and is a frequent teacher and lecturer at herb and gardening conferences. She and her husband cultivate 500 varieties of herbs on their organic farm in Colorado.



Tammi Hartung offers dozens of ideas for using your homegrown herbs:

- Prepare **RELAXING HERBAL BATHS** and soaks
- **MIX CUSTOM SEASONING BLENDS** for your favorite recipes
- Make **HEALING TINCTURES, LINIMENTS, and ELIXIRS**
- Perk up **RECIPES** — salads, soups, pastas, vegetables, eggs — with fresh or dried herbs
- Personalize **HOMEMADE BODY CREAMS** with your favorite herbal scents and healing properties
- Give homemade **HERBAL VINEGARS AND BUTTERS** as holiday gifts
- Put the soothing powers of herbs to good use in **SLEEP PILLOWS** and **HEATING PADS**
- Craft **WREATHS** and **POTPOURRIS** with long-lasting fragrance and beauty

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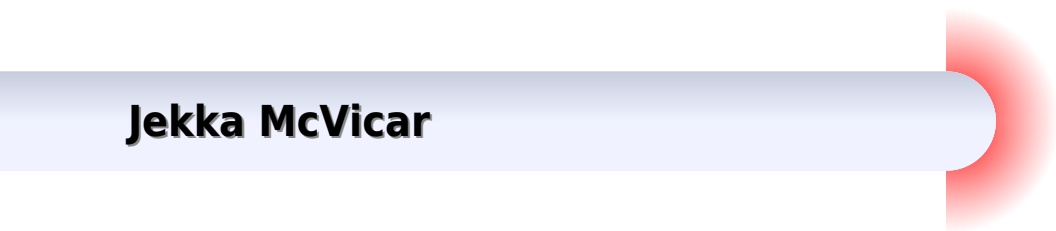
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Table of Contents The Good Health Garden Growing And Using Healing Foods

1. Understanding the eBook The Good Health Garden Growing And Using Healing Foods
 - The Rise of Digital Reading The Good Health Garden Growing And Using Healing Foods
 - Advantages of eBooks Over Traditional Books
2. Identifying The Good Health Garden Growing And Using Healing Foods
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an The Good Health Garden Growing And Using Healing Foods
 - User-Friendly Interface
4. Exploring eBook Recommendations from The Good Health Garden Growing And Using Healing Foods
 - Personalized Recommendations
 - The Good Health Garden Growing And Using Healing Foods User Reviews and Ratings
 - The Good Health Garden Growing And Using Healing Foods and Bestseller Lists
5. Accessing The Good Health Garden Growing And Using Healing Foods Free and Paid eBooks

- The Good Health Garden Growing And Using Healing Foods Public Domain eBooks
- The Good Health Garden Growing And Using Healing Foods eBook Subscription Services
- The Good Health Garden Growing And Using Healing Foods Budget-Friendly Options
- 6. Navigating The Good Health Garden Growing And Using Healing Foods eBook Formats
 - ePub, PDF, MOBI, and More
 - The Good Health Garden Growing And Using Healing Foods Compatibility with Devices
 - The Good Health Garden Growing And Using Healing Foods Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of The Good Health Garden Growing And Using Healing Foods
 - Highlighting and Note-Taking The Good Health Garden Growing And Using Healing Foods
 - Interactive Elements The Good Health Garden Growing And Using Healing Foods
- 8. Staying Engaged with The Good Health Garden Growing And Using Healing Foods
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers The Good Health Garden Growing And Using Healing Foods
- 9. Balancing eBooks and Physical Books The Good Health Garden Growing And Using Healing Foods
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection The Good Health Garden Growing And Using Healing Foods
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine The Good Health Garden Growing And Using Healing Foods
 - Setting Reading Goals The Good Health Garden Growing And Using Healing Foods
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of The Good Health Garden Growing And Using Healing Foods
 - Fact-Checking eBook Content of The Good Health Garden Growing And Using Healing Foods
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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