

Soul Friends

Finding Healing with Animals

Kate Nicoll, MSW



Soul Friends Finding Healing With Animals

Christine Valters Paintner



Soul Friends Finding Healing With Animals:

Soul Friends: Finding Healing with Animals Kate Nicoll, 2005 This book follows the psychological process leading to the adoption of an animal companion and alerts adopters to potential unconscious needs patterns of behavior and elements of rescuing that hugely impacts dog adoptions in today's world This insightful exploration encourages readers to complete self examination prior to adoption that is more meaningful than current applications and potentially avoids fallout from unsuccessful adoptions Psychological elements that impact the meeting of the perfect dog are often misunderstood and seemingly disregarded by potential adopters Nicoll explores her personal history her first experience with pet loss and rescue fantasies as potent narratives that may lead to irresponsible relationships with our animal companions Current trends toward positive reinforcement in dog training explore psychological theories of cognitive and behavioral approaches in everyday interactions with animals Nicoll encourages readers to delve deep into the psychological underpinnings of the human animal bond to enhance the relationship and find meaning in our life with dogs The work of companionship is highlighted as a potential opportunity for deep self reflection and healing while playing learning and living life with our animal friends Guidelines for seeking healing with our soul friends will potentially decrease unsuccessful adoptions and promote a sense of reverence for the healing lick

Our Dog Red Edward C. Sellner, 2019-08-26 Everyone who has lost a beloved pet knows the deep grief and heartbreak a death can cause often raising questions about the meaning of such a loss whether there is an afterlife for pets and sometimes why God would take such a dear member of the family so soon This book is the story of a father and son Ed and Daniel whose pet Red died on Good Friday in the week Christians call Holy It shows how Red's death drew them even closer while also leading each of them into new awarenesses The timing of that death also raised serious questions for Ed a pastoral theologian which he had not faced before do animals have souls What sort of God is it that we Christians believe in What was one to learn from the synchronicity of Red dying on Good Friday As a result of his grief and the questions it raised Ed found himself being led to teaching new courses in ethics art and spirituality concerned with animals and a new field specifically called animal theology This memoir is written for those concerned with the death of their beloved pets It discusses practices and rituals helpful in dealing with grief which can contribute to healing

The Role of Companion Animals in Counseling and Psychology Jane K. Wilkes, 2009 The human health benefits derived from relationships with companion animals has attracted an abundance of scientific interest and research However there is a need for theoretical conceptualizations in order to understand the healing benefits of human animal interactions The goal of this book is to seek these answers and the OC howOCO and OC whyOCO companion animals play a role in counseling and psychology In depth semi structured interviews were conducted with three psychologists who use animals in their therapy settings The focus of these interviews was to determine the experiences of having a companion animal present during therapy sessions The results revealed that pets in therapy 1 enhanced the therapeutic alliance relationship 2 revived the

therapeutic environment 3 improved professional practice and 4 created a sense of sacredness The therapy animals seemed to provide the trust and safety needed for clients to work within the transitional space and that the animals may act as transitional objects for some clients This book suggests that therapy animals are extremely helpful in providing a sense of safety for traumatized clients and could act as catalysts especially with defensive and or detached clients Unique features include discussion of the domestication of companion animals research into the human animal bond social and psychological support theory descriptions of methods used object relations theory and Winnicott s Concepts implications for the practice of counseling and psychology professional and ethical considerations and suggestions for future research Replete with informative appendices that will serve as valuable knowledge this book is a significant resource on the subject of animal assisted therapy for mental health professionals such as counselors clinical social workers psychologists and skilled therapists

Run, Spot, Run Jessica Pierce, 2016-05-06 A thoughtful book about how to ensure that the animals we love benefit from the relationship as much as we do Kirkus Reviews We feel love for our companions and happiness that we re providing them with a safe healthy life But sometimes we also feel guilt When we see our cats gazing wistfully out the window or watch a goldfish swim lazy circles in a bowl we can t help but wonder Are we doing the right thing keeping these independent beings locked up subject to our control Is keeping pets actually good for the pets themselves That s the question that animates Jessica Pierce s powerful *Run Spot Run* A bioethicist and a lover of pets herself including over the years dogs cats fish rats hermit crabs and more Pierce explores the ambiguous ethics at the heart of this relationship and through a mix of personal stories philosophical reflections and scientifically informed analyses of animal behavior and natural history she puts pet keeping to the test Is it ethical to keep pets at all Are some species more suited to the relationship than others Are there species one should never attempt to own And are there ways that we can improve our pets lives so that we can be confident that we are giving them as much as they give us With gentle humor clear compelling language and always in search of the physically and emotionally healthiest lives possible for our animal companions *Run Spot Run* moved me all the more because it s written from the inside looking out Pierce herself lives with three pets and understands the deep urge so many of us feel to connect across species lines Barbara King author of *How Animals Grieve* **The Latham Letter** ,2005

Healing a Friend or Loved One's Grieving Heart After a Cancer Diagnosis Alan D Wolfelt, Kirby J. Duvall, 2014-08-01 Half of all men and one third of all women in the United States will develop cancer during their lifetimes according to the American Cancer Society and on top of the pain and struggle that patients have to face a cancer diagnosis can also profoundly affect the lives of their loved ones Friends and family members who may not know what to do what to say or how to help an individual diagnosed with cancer will find guidance and comfort in this book that helps them understand the normal and natural grief their loved one is experiencing The basic process of grief and mourning is explained and suggestions are provided for things readers can do to help their friend or family member not only survive but thrive

Regardless of the type or stage of cancer the treatment plan or the prognosis this compassionate guide will help readers be good companions throughout the journey that is cancer

The Edgar Cayce Primer Herbert Puryear, 2009-10-21 The Edgar Cayce story is one of the most compelling in inspirational literature Over the course of forty years the Sleeping Prophet time and again closed his eyes entered an altered state of consciousness and spoke to the very heart and spirit of mankind on subjects such as health healing dreams meditation sexuality and reincarnation His more than 14 000 readings are preserved at the Association for Research and Enlightenment And now with the guidance of Edgar Cayce we can learn how to mine our psychic strengths for happier and healthier lives Here are the readings of The Sleeping Prophet condensed and simplified the wisdom to help us make the right decisions affecting all facets of our lives Cayce speaks out on The sources of psychic development reincarnation Karma and grace dreams meditation prayer personal health including diet and exercises holistic healing sexuality spirituality rejuvenation religion spiritual psychology and much more Cayce offers us the keys to insight enlightenment and total fulfillment

A Friend of All Faiths Michael H. Cohen, 2007-05-29 A Friend of All Faiths describes an education in spirit and shadow through encounters with the numinous moving with great force through the heart as pulsations of love touching religious myth ritual dream and vision and revealing intuitive aspects of personal transformation

Animal Wayshowers Tammy Billups, 2022-12-06 A guide to understand support and honor the soul missions of our animal companions 2023 Coalition of Visionary Resources Silver Award Explains how animals that live alongside humans are lightworkers helping to raise the vibration of collective consciousness and aid in humanity's ascension process Shares example stories of incredible animal Wayshowers from around the world whose actions and sacrifices on behalf of their human companions changed them all for the better Offers meditations rituals and transformational soul practices to embrace 5D frequencies intuit heart intelligence connect to the Higher Self and heal the shadow Animals are natural holders of 5D consciousness The extraordinary animals who have chosen at a soul level to live alongside humans are lightworkers on the front lines of the animal kingdom's mission to help people to heal evolve and assist in raising the vibration of the planet and collective consciousness to 5D As Tammy Billups reveals once we become aware of the soul path of our animal companions we are then able to connect with them soul to soul not only supporting their soul missions but also finding the healing we need to let go of 3D reality Sharing stories of incredible animal wayshowers from around the world she explores the many levels of service your beloved animal friends are providing you every day including during disasters storms and pandemics She shows how they help shoulder the psychological and emotional burdens we are not yet capable of holding on our own and show us the way back to our own hearts The author offers meditations rituals and exercises for applying the teachings of the animal stories shared including transformational soul practices to embrace 5D frequencies intuit heart intelligence connect to the Higher Self and heal the shadow Offering ways to embrace and emulate the soul teachings of our animal companions Tammy Billups shows that by honoring animals as courageous guides on our ascension

to 5D consciousness we too can become wayshowers in our own right **Chakra Animals** Angelica Stuart, 2019-01-08

Chakra Animals is insightful informative and extremely readable Angelica Stuart's love of the subject and her readers is obvious on every page Richard Webster author of *Is Your Pet Psychic* and *Living in Your Soul's Light* Bathe Your Soul in the Ethereal Energy of the Animal Spirit Realm The animals of the world are filled with insights and lessons for their human friends Chakra Animals shares the chakra wisdom of fifty familiar North American animals to support you in making changes in your life especially in areas where you may be struggling Developing your connection to the animals that you resonate with is an important and fun activity that enhances your spirituality and sense of wellness for example Call on the turtle in the heart chakra for those times you need support opening your heart and emerging from your shell If you connect to bear and the heart chakra it may mean you need to climb into a warm and cozy den for a period of healing and rejuvenation Work with the butterfly in the crown chakra when journeying into higher realms of consciousness and reconnecting with the beauty you find there In this book you will discover chakra interpretations for each of the seven chakras for all fifty animals 350 bite sized bits of chakra wisdom in all These insights will help you focus on specific goals that are important to you and they will help you remove inner blocks that may be holding you back You will also discover tips and techniques for integrating the chakra wisdom into your life and stories of personal transformation to help you process the profound guidance the animals share with you Praise Angelica Stuart's Chakra Animals stands out among contemporary intuitive oracular and divinatory tools Its images are of animals and it speaks of their sacred power in the very energy centers that translate light to form the Chakras Orion Foxwood author of *The Faery Teachings* We humans love to ally ourselves with other animals and Chakra Animals allows us to internalize the energies of fifty different beings while using the seven primary chakras as a road map Angelica Stuart provides an introduction to these valuable relationships helping the reader to understand some of the ways in which the animals can guide us through personal growth and spiritual development Lupa author of *New Paths to Animal Totems* *Energy Medicine for Animals* Diane Budd, 2019-02-19 A full color practical handbook on the bioenergetics of animal healing with case studies to showcase the effects of vibrational medicine 2020 Coalition of Visionary Resources Gold Award and Industry Choice and Peoples Choice Award Reveals how to work with the energy fields auras and chakras of horses cats and dogs Demonstrates how to use High Sense Perception HSP in relation to an animal illustrating what happens in the energy fields of a human being and an animal when they connect telepathically Details how zoopharmacognosy or animal self selection of remedies such as essential oils can assist in promoting emotional release and physical healing Vibrational medicine offers a natural effective and hands on response to animal ailments and disturbances In the absence of a shared language of words energetic healing can connect a human more closely to an animal while at the same time working on the physical body the chakras and the different layers of the animal's aura or energy field In this book animal communicator and healer Diane Budd shares her intriguing journey research and experience of working

with animals energetically She explains how together with a healer colleague she set out to document the effects of animal communication and healing on the energy field of the animal and the communicator which led to further in depth research Detailing her findings she reveals how to work with the energy fields auras and chakras of horses cats and dogs as well as what benefits energetic healing work can offer to animals Sharing many case studies from her healing practice the author explores what High Sense Perception HSP reveals about the relationship between an animal and human and how to make sense of what you are receiving on an intuitive level Full color illustrations clearly show the energy field the energy flow between animals chakras and what happens in the energy fields of a human being and an animal when they connect telepathically The illustrations also help guide you step by step through the use of the healing tools and practices described The author explains how zoopharmacognosy animal self selection of remedies such as essential oils or herbs can support emotional release and physical healing not only for animals but for humans too She details animal personality types and their soul evolvment levels and explores the influence of an animal s past life on present day issues whether it be a past life connection with the current owner or an issue the animal needs to work with in this present lifetime Full of animal communication stories and ground breaking research on animal energy fields this book shows how just as we humans are all here on this earthly plane to learn and grow so are our animals

Tales of an Animal Communicator - Master Teachers

Nancy A. Kaiser,2011-11-11 Tales of an Animal Communicator Master Teachers chronicles the tales of the remarkable animals that taught an animal loving pharmacist that she was destined to be an animal communicator and healer These amazing tales began after her marriage to an equine veterinarian in 1977 Having left pharmacy to manage their equine hospital and breeding farm in central New Jersey she found that astonishing animals and events began entering her life From her life on Fair Chance Farm through her move to the mountains of North Carolina and subsequent divorce the lessons and unconditional love of the extraordinary animals that surround this gifted woman will simply astound you Join her on a journey of growth and discovery You will never look at your own animals the same way again

The Animal's Defender and Zoophilist ,1900

Angel Pets Margrit Coates,2010-07-28 Margrit Coates is an internationally acclaimed animal healer and communicator In Angel Pets she reveals how animals talk to us all the time and shares their incredible true stories Meet Rusty the lost dog whom Margrit guided home using the psychic connection between them Mitzi the brave little cat who made the greatest sacrifice Twinkle the determined rabbit who saved a girl s life Gypsy the sheepdog with special healing powers Freddy s friend the demon cat who was really an angel in disguise and many many more wonderful animals Through these amazing stories Margrit answers the question that every pet owner will have asked themselves what is my pet really thinking Offering helpful tips she unlocks the secret of tuning into and connecting with pets at the very deepest level A heartwarming read this book will change the way you relate to animals forever

The Archangel Guide to the Animal World
Diana Cooper,2021-10-26 Just like humans each type of animal has its own soul purpose on Earth Birds fish insects and

reptiles are on their own spiritual journey Some animals incarnate in service to humanity while others serve the planet or are here to grow spiritually through life on Earth The souls of animals like the souls of humans come from different stars or planets even from different universes In this book which features unprecedented teachings on the animal realm Diana Cooper shares fascinating channelled information about the soul missions and service work of many of the creatures of the world We discover the various planets or stars from which they originate and what they come to Earth to learn or teach As well as comprehensive material about the creatures with whom we share the planet and the particular angels they work with this incredible book contains visualizations to connect with them and prayers to help them all The Archangel Guide to the Animal World will expand your consciousness and help you see to the animal world with enlightened eyes Singing the Soul Back Home Caitlin Matthews,1995 Offering advice on the application of simple shamanic principles to daily life this book sets out to show how they can be learned by anyone regardless of creed or religion It describes how through practical exercises readers can explore their inner space journeying between the everyday world and the spiritual realm of the shaman and how to harness creative imagination and innate healing powers and find one s spirit voice and true destiny **With the Sun in My Eyes** Mikaya Heart,2008-12 This unusual book illustrates the life and wisdom of the Northwest healer and psychic Char Sundust Mikaya Heart was asked to write this book by Char on the instructions of the spirits who are always at Char s side offering invaluable advice For two years Mikaya followed Char around everywhere she went re visiting her childhood haunts and delving into her shamanic healing work A skilled interviewer she spent many hours with Char s family friends students and clients gleaning in depth information then spinning this into a gripping narrative Char was trained in Native American shamanic healing methods from the age of fifteen and as a young adult she quickly began to heal others radiating love and light Now she does psychic readings to help people access the full potential of life she does house blessings which involve cleansing the energy of a space removing stuck energy that might be manifesting in the form of ghosts poltergeists or simply unpleasant vibrations and she does soul retrievals which are about re uniting an individual with parts of herself that she may have lost as a result of traumas on life s journey Her greatest gift is being able to recognize and shift old outmoded energy that is attached to people things or places Mikaya has been able to describe in detail the extraordinary healing that occurs in Char s work with vivid concrete details of the different realms entities power animals energies archetypes and spirits that Char relates to on a daily basis This is not only a delightful adventure story it is also educational chronicling in detail how healing of all kinds can be addressed on levels other than the physical Char is a particularly gifted psychic but all human beings can access a sense of the vastness of all that is to a greater or lesser degree and can choose to work with that sense fine tuning it to specifics Everything that we see as solid was in the form of pure energy before it became visible to our physical eyes This book explains in clear detail how one healer learned to work in the arena of energy to change what is being manifested Others can follow in her path or make their own Even for those who

choose not to be healers the understanding that the world of physical form is only a tiny portion of what is occurring around us is profoundly life enhancing You cannot read this book without realizing that the potential of being human is huge and the ability to choose joy lies within us all **Your Pets' Past Lives** Madeleine Walker,2012-03-01 An investigation into animals and past life healing this work delves deep into the profound connections between people and their non human companions Using groundbreaking case studies of animals reincarnating in order to heal and release the past life traumas between them and their human counterparts this book explains how animals travel through time with people in different guises to help them on their soul journeys From an animal therapist with expertise in pet and human regression this guide instructs on accepting physical and emotional healing from pets and how to relieve the trauma of bereavement by recognizing past animals past incarnations Filled with inspiration and compassion this resource will bring comfort to anyone who has felt the devastation of losing a pet *The Soul's Slow Ripening* Christine Valters Paintner,2018-09-07 What does God want for your life Christine Valters Paintner bestselling Catholic author and online abbess for Abbey of the Arts uses reflections stories guided activities prayer experiences and a variety of creative arts to help you patiently and attentively listen to God s invitation Everyone wants to understand God s will for their lives Christine Valters Paintner shares one of the most ancient paths to understanding from her study of monasticism and immersion into Celtic spirituality while living in Ireland The Celtic way which Paintner distills into twelve practices offers discernment that focuses on the environment rather than the intellectual focus present in other forms of discernment It allows for what Paintner calls the soul s slow ripening coming into the fullness of our own sweetness before we pluck the fruit Each chapter begins with a story of a particular Irish saint some well known like Patrick or Brigid others less so such as Ita and Ciaran and then introduces a helpful practice for discernment that the saint s life illustrates Paintner explores the call of dreams the importance of thresholds the practice of peregrination wandering for the love of God walking the rounds learning by heart soul friends blessing each moment and the wisdom of the landscape and the seasons Readers are invited to explore these concepts through photography and writing She invites us to contemplative walks with specific themes along with poetic writing prompts for expression As you explore an alternate way of discerning a spiritual path one which honors the moment by moment invitations and the soul s seasonal rhythms you will discover that this book will help you become more aligned with creativity and wholeness [Animal Souls Speak](#) Robert Shapiro,2007 Arcturus is the name given to the star system some thirty seven light years from our own It includes at least a half dozen planetary bodies and is many times larger and much older than our own star and its system Arcturian involvement with our system began over three million years ago when a space colony a galactic space station was established on Velatropa 24 4 otherwise known as Mars With its 40 000 year warm cycles Mars provided the perfect experimental way station If anything went wrong at least those on the Arcturus system would not be affected or so it was thought Some of those in command of the Martian project had not considered carefully enough the inexorable efficacy of karma the law of

cause and effect By the time strange events began to transpire on Mars little did anyone on Mars or Arcturus reckon the strange consequences of forgetting about each other's mutual existence Thus unfolds the tale of the Arcturian experimental way station V 24 4 otherwise kno

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Table of Contents Soul Friends Finding Healing With Animals

1. Understanding the eBook Soul Friends Finding Healing With Animals
 - The Rise of Digital Reading Soul Friends Finding Healing With Animals
 - Advantages of eBooks Over Traditional Books
2. Identifying Soul Friends Finding Healing With Animals
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Soul Friends Finding Healing With Animals
 - User-Friendly Interface
4. Exploring eBook Recommendations from Soul Friends Finding Healing With Animals
 - Personalized Recommendations
 - Soul Friends Finding Healing With Animals User Reviews and Ratings
 - Soul Friends Finding Healing With Animals and Bestseller Lists
5. Accessing Soul Friends Finding Healing With Animals Free and Paid eBooks
 - Soul Friends Finding Healing With Animals Public Domain eBooks
 - Soul Friends Finding Healing With Animals eBook Subscription Services
 - Soul Friends Finding Healing With Animals Budget-Friendly Options
6. Navigating Soul Friends Finding Healing With Animals eBook Formats

- ePub, PDF, MOBI, and More
- Soul Friends Finding Healing With Animals Compatibility with Devices
- Soul Friends Finding Healing With Animals Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Soul Friends Finding Healing With Animals
 - Highlighting and Note-Taking Soul Friends Finding Healing With Animals
 - Interactive Elements Soul Friends Finding Healing With Animals
- 8. Staying Engaged with Soul Friends Finding Healing With Animals
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Soul Friends Finding Healing With Animals
- 9. Balancing eBooks and Physical Books Soul Friends Finding Healing With Animals
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Soul Friends Finding Healing With Animals
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Soul Friends Finding Healing With Animals
 - Setting Reading Goals Soul Friends Finding Healing With Animals
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Soul Friends Finding Healing With Animals
 - Fact-Checking eBook Content of Soul Friends Finding Healing With Animals
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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