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Bodhisattva Vow, The: The Essential Practices of Mahayana Buddhism

Kelsang Gyatso, Geshe

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The Bodhisatta Vow The Essential Practices Of Mahayana Buddhism

Geshe Kelsang Gyatso



The Bodhisatta Vow The Essential Practices Of Mahayana Buddhism:

The Bodhisattva Vow Kelsang Gyatso,1995 A Bodhisattva is a friend of the world who motivated by compassion spontaneously seeks to improve his or her good qualities for the benefit of each and every living being With this handbook as our companion we can enter the Bodhisattva s way of life and progress along the path to full enlightenment *The Bodhisattva Vow* Geshe Kelsang Gyatso,2002 **Essence of Vajrayana** Geshe Kelsang Gyatso,2000 Essence of Vajrayana is the first complete explanation in English of the Highest Yoga Tantra practice of Heruka body mandala Buddha Heruka is a manifestation of all the Buddhas enlightened compassion and by relying upon him we can swiftly attain a pure selfless joy and bring true happiness to others In Part One Geshe Kelsang explains with great clarity and precision how we can practise the sublime meditations of Heruka body mandala and thereby gradually transform our ordinary world and experiences into the transcendental reality of a Buddha Then in Part Two he provides definitive instructions on the completion stage practices that lead to the supreme bliss of full enlightenment in this one lifetime This is a treasury of practical instructions for those seriously interested in following the Tantric path **Guide to Dakini Land** Geshe Kelsang Gyatso,2000 Guide to Dakini Land is the first complete explanation in English to the Tantric practice of Vajrayogini the female Buddha of wisdom The book provides detailed instructions on the eleven yogas of generation stage which are special methods for transforming all our daily activities into the spiritual path It also explains with perfect clarity the essential completion stage practices of Vajrayogini It includes all the sadhanas of Vajrayogini and advice on how to do a Tantric retreat and a wealth of additional material that will be indispensable to anyone wishing to rely upon Buddha Vajrayogini *The Bodhisattva Vow* Kelsang Gyatso,1991 Joyful Path of Good Fortune Geshe Kelsang Gyatso,1990-01-01 Joyful Path of Good Fortune presents the complete Buddhist path to enlightenment in a form that is easy to understand and put into practice Enriched with stories and illuminating analogies it presents the essential meaning of all Buddha s teachings in the order in which they are to be practised giving step by step guidance on all the meditations leading to full enlightenment *Meaningful to Behold* Kelsang Gyatso,Geshe Kelsang Gyatso,2000 A Bodhisattva is someone who has resolved to liberate all living beings from suffering by fulfilling his or her full spiritual potential Many people have the compassionate wish to benefit others but few understand how to make this wish effective in their daily life In this highly acclaimed explanation of the great Buddhist classic Guide to the Bodhisattva a Way of Life Geshe Kelsang shows how we can develop and maintain the supremely compassionate motivation of a Bodhisattva and how we can then engage in the actual practices that provide the greatest benefit to others and lead to the attainment of full enlightenment **Great Treasury of Merit** Geshe Kelsang Gyatso,2002-01-01 The Book Is A Great Wealth Of Spiritual Guidance And An Indispensable Resource For Those Wishing To Integrate All Their Spiritual Practices Into The Tantric Swift Path To Full Enlightenment **Understanding the Mind** Geshe Kelsang Gyatso,2002 An explanation of the nature and functions of the mind What is the mind and how does it work Which types of mind lead to inner

peace and happiness and which do not. How can an understanding of our mind be applied to our daily life? Understanding the Mind provides a practical explanation of the mind in a unique combination of profound philosophical exploration and practical psychology. Part One explains how Buddhist psychology is based on an understanding of the mind as a formless continuum that is related to yet separate from the physical body. Though understanding the nature of the mind and the process of cognition, we can attain a lasting state of inner peace and happiness that is independent of external circumstances. Part Two explains the many types of mind and shows how we can abandon those that harm us while increasing those that lead to personal joy and fulfilment. Throughout the book, Geshe Kelsang skilfully shows how we can apply our understanding of our mind to improve our daily life.

Shantideva's Guide to the Bodhisattva's Way of Life Śāntideva, 2002. Reading the verses slowly while contemplating their meaning has a profoundly liberating effect on the mind. The poem invokes special positive states of mind moving us from suffering and conflict to happiness and peace and gradually introduces us to the entire path to attaining the supreme inner peace of enlightenment, the real meaning of our human life.

The Middle Way, 2004. **Forthcoming Books** Rose Arny, 1996-06. **Joyful Path of Good Fortune** Kelsang Gyatso, 1995. We all have the potential for self transformation and a limitless capacity for the growth of good qualities, but to fulfil this potential we need to know what to do along every stage of our spiritual journey. With this book, Geshe Kelsang Gyatso offers us step by step guidance on the meditation practices that will lead us to lasting inner peace and happiness. With extraordinary clarity, he presents all Buddha's teachings in the order in which they are to be practised, enriching his explanation with stories and illuminating analogies. Following these practical instructions, we will come to experience for ourselves the joy that arises from making progress on a clear and structured path that leads to full enlightenment.

Ocean of Nectar Kelsang Gyatso, 1995. Ocean of Nectar is the first complete commentary in English to Chandrakirti's classic Guide to the Middle Way, one of the most important scriptures in Mahayana Buddhism and regarded to this day as the principal text on emptiness, the ultimate nature of reality. In this long awaited major work, Geshe Kelsang provides an entirely new translation of Chandrakirti's verse masterpiece and explains with outstanding clarity the philosophical reasoning establishing Buddha's most profound view of the middle way. In the course of the book, he also charts the progress of a Mahayana practitioner from the initial cultivation of compassion through to the attainment of full enlightenment, providing an indispensable guide for the serious student of Mahayana Buddhism.

Clear Light of Bliss Kelsang Gyatso, 1992. Within all of us lies a source of infinite bliss, clarity of wisdom and compassion for others. In this unique and highly praised book based on Buddha's Tantric teachings, the contemporary Buddhist Master Geshe Kelsang Gyatso presents authentic methods for discovering this inner wealth for ourselves. In a clear and precise way, he explains step by step how we can generate a deeply peaceful and concentrated mind by harnessing the subtle energy system within our body. With this blissful awareness, we can uncover our true nature, destroy ignorance and suffering at its root and swiftly become a source of inspiration and benefit for others.

Publisher description

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