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# Taking Charge Overcoming The Challenges Of Long Term Illness

**Mitch Golant, Ph.D., Susan K. Golant**



## **Taking Charge Overcoming The Challenges Of Long Term Illness:**

**Taking Charge** Irene Pollin, Susan K. Golant, 1996-01-01 Explains how family members and patients can cope with the common fears confronting all those facing long term illnesses dependency stigma abandonment loss of control loss of self image isolation expressing anger and death Reprint 25 000 first printing **Journal of the National Cancer Institute**, 1994 **Therapist's Guide to Clinical Intervention** Sharon L. Johnson, 2003-09-12 Written for clinicians this guide provides an easily understood framework in which to set formalised goals establish treatment objectives and learn diagnostic techniques Professional forms are included in sample form for insurance purposes Handbook of Social Work Practice with Vulnerable and Resilient Populations Alex Gitterman, 2001 Role in forming balanced assessments *Handbook of Mental Health Services for Children, Adolescents, and Families* Ric G. Steele, Michael C. Roberts, 2006-03-30 Social economic and theoretical changes in the current clinical landscape are adding up to profound changes in children's services not the least of which is an expanded need for mental health services Professionals novices and veteran clinicians alike wonder how to fill this demand in the present climate of turf wars reorganizations and budget cuts The Handbook of Mental Health Services for Children Adolescents and Families cogently analyzes the issues and provides the answers from current issues and emerging therapeutic trends to new avenues of treatment Thoroughly researched and documented by industry experts it presents the widest range of mental health services available to youth and their families Areas of coverage include Specific modalities in service delivery including inpatient and day treatment facilities pediatric hospitals and community mental health centers as well as rural school and primary care settings Services tailored to special populations such as adolescent sex offenders homeless children and their families children with chronic illness oppositional teens abuse situations and children exposed to traumatic events Details on preventative programs for child abuse substance abuse STD's and gang violence An in depth examination of the latest developments in children's services including therapeutic camping and Internet based treatment Approaches and methods for evaluating service organization delivery and efficacy Few areas of mental health care demonstrate the need for complementary services as much as child and family practice does With this need firmly in mind the Handbook encourages creativity and collaboration within practice settings and across agencies For clinicians administrators school practitioners and advanced level students this is a reference certain to have lasting impact on the field *Helping Children and Adolescents with Chronic and Serious Medical Conditions* Nancy Boyd Webb, 2010-10-28 Praise for Helping Children and Adolescents with Chronic and Serious Medical Conditions A Strengths Based Approach Helping Children and Adolescents with Chronic and Serious Medical Conditions provides a wellspring of knowledge from the theoretical to the clinical The many vignettes and transcriptions immeasurably enrich the reader's understanding of the interventions and their broader applicability Barbara M. Sourkes PhD John A. Kriewall and Elizabeth A. Haehl Director of Pediatric Palliative Care Lucile Packard Children's Hospital at Stanford An important and practical guide to

providing compassionate care and support to medically compromised children and their families **Helping Children and Adolescents with Chronic and Serious Medical Conditions A Strengths Based Approach** presents practical guidance on integrating the latest research into evidence based practice to ensure the best client care Edited by a top scholar in the field this essential resource contains contributions from renowned specialists in various helping fields Utilizing an inter professional perspective helping professionals will draw from the experiences and expertise of a wide range of medical professionals providing a window into their roles responsibilities and challenges offering the most effective approaches for working with this special population of children and their families Equipping practitioners with the knowledge and skills needed to encourage children s resilience and help them build their emotional strengths this book uses a caring yet authoritative tone and discusses The emotional impact of illness on the individual and the family Child life practice in hospitals School based interventions for children and adolescents with medical conditions How to meet the spiritual as well as emotional needs of children with chronic and life threatening illness With thoughtful coverage of positive helping approaches that encourage family and individual strengths **Helping Children and Adolescents with Chronic and Serious Medical Conditions A Strengths Based Approach** is an invaluable resource for social workers teachers school counselors and other mental health and medical professionals who work with medically challenged children and adolescents in every setting

**Fibromyalgia: A Comprehensive Approach** Miryam Ehrlich Williamson,1996-08-01 Describes the causes symptoms and treatments for fibromyalgia and offers advice on finding the right doctor pain medicines and nondrug therapies meditation and relaxation techniques that help and detecting and treating fibromyalgia in children      **Taking Charge** Irene Pollin,Susan K. Golant,1994-01-01 Explains the method of Medical Crisis Counseling which Irene pioneered to help people weather the crisis of long term illness live productively despite it Through her own devastating family experience work in family counseling Pollin has identified 8 fears shared by all who cope with long term illness fear of loss of control of self image of dependency of stigma of expressing anger of abandonment of isolation of death These fears are natural they can be overcome Compassionate case studies clear practical info will help families draw closer together in a medical crisis address their deepest concerns end the paralysis of fear      **Handbook of Pediatric Psychology** Michael C. Roberts,Ric G. Steele,2010-11-15 Sponsored by the Society of Pediatric Psychology this handbook is recognized as the definitive reference in the field In concise peer reviewed chapters leading authorities comprehensively examine links between psychological and medical issues from infancy through adolescence Psychosocial aspects of specific medical problems and developmental emotional and behavioral disorders are reviewed The volume showcases evidence based approaches to intervention and prevention It describes innovative ways that professionals can promote positive health behaviors help children and families cope with medical conditions and their treatment and collaborate across disciplines to deliver effective clinical services in primary care mental health and school settings      **Legal and Healthcare Ethics for the Elderly** George P. Smith

II,2022-04-18 Increasingly legislators at the state and federal levels of government are forced to evaluate and act upon the unique problems presented by an aging American public A domino effect has occurred evoking concern in educational circles to deal with the varied complex issues associated with the new gerontology This expanded focus brings in not only mental and public health delivery issues but reaches and impacts on the social sciences ethics law and medicine as well as public policy In response to these matters Legal and Healthcare Ethics for the Elderly provides a balanced analytical presentation of the complicated socio legal medico ethical and political perspectives which interact with gerontology as a field of study In a straightforward and unambiguous style it covers information on access and financing healthcare the ethics of rationing healthcare and the inevitable link to the quality of life guardianship issues in a nursing home setting informed consent living wills and durable powers of attorney elder abuse and death with dignity The economics of care giving is charted and directed by the sometimes harsh realities of the marketplace Thus the various philosophical and ethical dilemmas which confront the process of aging are examined here both from a micro and from a macro economic perspective This book exemplifies that it is vitally important to be educated now to be prepared for the future and thereby make informed decisions for both ourselves and our loved ones      **Handbook of Pediatric Psychology, Fourth Edition** Michael C. Roberts,Ric G. Steele,2009-08-10 Sponsored by the Society of Pediatric Psychology this authoritative work is recognized as the definitive reference in the field In concise peer reviewed chapters leading authorities comprehensively examine links between psychological and medical issues from infancy through adolescence Psychosocial aspects of specific medical problems and developmental emotional and behavioral disorders are explored in depth The volume discusses issues in training and service delivery and reviews evidence based approaches to intervention and prevention See also Clinical Practice of Pediatric Psychology edited by Michael C Roberts Brandon S Aylward and Yelena P Wu which uses rich case material to illustrate intervention techniques      **Doing More With Less** Barbara Dane,Carol Tosone,Alice Wolson,2001-07-01 Confronting the challenge to provide sound clinical treatment in brief therapy this timely book will enrich the practices of all psychotherapists Designed and arranged according to the DSM IV diagnostic categories each chapter addresses the short term treatment of a specific condition or patient population Starting from the premise that psychodynamically trained clinicians already possess the requisite skills to conduct short term treatment the editors demonstrate how to adapt these skills to a time limited approach      *Helping Yourself Help Others* Rosalynn Carter,Susan K. Golant,2023-07-17 In Helping Yourself Help Others former first lady Rosalynn Carter draws upon her own experiences and those of hundreds of others to offer reassuring practical advice to caregivers Long before the COVID 19 pandemic inspired national conversations about the vast undervaluing of unpaid caregiving the dangers of burnout and the merits of self care for relief Rosalynn Carter was shining a light on these matters and everything else that caregivers confront      Awakening to Disability Karen G. Stone,1997      **We Cry Out** John DeFrain PH D,John S. Campbell,Susan Dahl MS,2006 How does a developmental disability affect an individual throughout the course of life What impact does the

disability have on the individual's family What strengths do families use to cope with these disabilities What do they do that works And what doesn't work These are the kinds of questions we have been asking individuals and families in our research over the past 15 years This book was written to report their stories and to honor these people who have shared their lives and their cries from the heart with us It is both a positive book and a realistic book full of love and grief and tenderness and anger and kindness and sorrow and courage It is as real as the people who gave us the gift of their lives *Coping with Lupus* Robert H. Phillips, 2001 A diagnosis of lupus is understandably disquieting and can cause emotional turmoil After all there is no cure for the disease and managing its debilitating symptoms can be challenging This completely revised and updated edition of *Coping with Lupus* answers all the important questions you may have about this disease of the autoimmune system Writing in a warm engaging style Dr Robert Phillips offers useful information and practical coping strategies to help you through a stressful time He lends his expertise in dealing with the psychological aspects of chronic health problems and provides the most recent medical information about lupus

**What to Do When Someone You Love Is Depressed, Second Edition** Mitch Golant, Ph.D., Susan K. Golant, 2007-08-07 Originally published New York Villard Books 1996

**A Journey** John S Campbell MD, 2006-06 All of us repeatedly grieve heal and reinvent ourselves throughout our lives Being aware of and active in this inherent aspect of our existence I believe to be a less painful and more satisfying way of living than blindly struggling with or resisting these natural processes John S Campbell MD author of *A Journey Creative Grieving and Healing* We all die he seems to be telling us What is far more important is that we live a meaningful life before that time comes We all need to dig deep to find our own wisdom so we may understand what John is telling us Nikki DeFrain MS and John DeFrain PhD from their Foreword

**Life on Hold** David G. Seiler, Laurel S. Brunvoll, 2006-06-01 Beyond sending a get well card many people know little about supporting someone through a serious illness let alone passing through one themselves *Life on Hold* answers the need of many people who face or may soon be faced with a health crisis of longer duration Written by a father and daughter who lost their wife and mother to an extended battle with cancer this sensitive personal journal is dotted with illustrations from real life survivors Each chapter offers tools for dealing with the challenges of physical illness A practical spiritual handbook it shows sufferers ministers lay workers family and friends how to trust God during a season of recovery or release Scripture and counsel on getting through the first several weeks are among this book's most rare and precious gifts

**Disability** Romel W. Mackelprang, Richard O. Salsgiver, 2016 Disability is a tool for human service practitioners to use in understanding disability from an empowerment social model perspective The text addresses policy theory description and practice from a strengths based viewpoint stressing disability as a difference rather than as dysfunction The book establishes the historical and societal context in which those with disabilities are marginalized discusses the major groupings of disabilities and offers a model for assessment and practice

## Decoding **Taking Charge Overcoming The Challenges Of Long Term Illness**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Taking Charge Overcoming The Challenges Of Long Term Illness**," a mesmerizing literary creation penned with a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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