TAKING CHARGE

Teenagers Talk about
Life & Physical Disabilities

- Communication
- Independence
- Relationships
- Dating
- Sexuality
- Family Life

Elinor L. Zaslaw, M.A.

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Taking Charge Teenagers Talk About Life And Physical Disabilities

Sara Palmer, Kay Harris Kriegsman, Jeffrey B. Palmer

Taking Charge Teenagers Talk About Life And Physical Disabilities:

Taking Charge Kay Harris Kriegsman, Elinor L. Zaslow, Jennifer D'Zmura-Rechsteiner, 1992 Discusses such topics as independence self esteem relationships and sexuality from the perspective of teenagers with various physical disabilities

The School Counselor's Guide to Helping Students with Disabilities Laura E. Marshak, Claire J. Dandeneau, Fran P. Prezant, Nadene A. L'Amoreaux, 2009-12-21 Down to earth advice for helping students with disabilities succeed The School Counselor's Guide to Helping Students with Disabilities offers school counselors a practical guide for handling the complexities of working with children and youth who have disabilities The book is organized to correspond with the myriad responsibilities and roles assumed by school counselors in elementary middle and high school settings The authors provide both seasoned and new school counselors with the insight and tools they need to successfully promote the academic personal social and career success of students with disabilities Presents a wealth of relevant disability related knowledge and useful strategies Includes information on the most pertinent legislation pertaining to students with disabilities Offers the most effective counseling interventions for helping young children or adolescents experiencing social exclusion because of their disabilities Bonus section contains a wealth of disability specific information with implications and practical applications for counselors This important book brings together experts in two disciplines school counseling and special education disabilities in order to address the practicalities and possibilities of working with students with disabilities Sex, Youth, and Sex Education David Campos, 2002-04-23 An authoritative reference that discusses the history of sex education and its ramifications in the United States Community and school officials parents and educators often stay to the wee hours of the night at PTA meetings arguing about sex education and sexual behavior among young people While some groups preach abstinence and attempt to sign as many youngsters as possible to their rosters it remains a fact that 50 percent of U S teenagers beginning at age 15 are sexually active Sex Youth and Sex Education is a wonderfully crafted resource that gives not only a statistical overview of sexual activity in schools but also examines sex education the scourge of sexual violence in schools and sexuality among selected groups of youngsters What emerges is a groundbreaking work for educators and students of sociology psychology and education This work brings to light the fascinating not to mention ubiquitous world of sexuality among today s youth and its impact on parents school personnel policymakers and society Primary Care of the Child With a Chronic Condition E-Book Patricia Jackson Allen, Judith A. Vessey, Naomi Schapiro, 2009-06-25 Written by nurse practitioners for nurse practitioners this one of a kind resource provides the expert guidance you need to provide comprehensive primary care to children with special needs and their families It addresses specific conditions that require alterations in standard primary care and offers practical advice on managing the major issues common to children with chronic conditions A consistent format makes it easy to locate essential information on each condition Plus valuable resources help you manage the issues and gaps in health care coverage that may hinder quality care This is the only book

authored by Nurse Practitioners that focuses on managing the primary health care needs of children with chronic conditions More than 60 expert contributors provide the most current information available on specific conditions Comprehensive summary boxes at the end of all chronic conditions chapters provide at a glance access to key information Resource lists at the end of each chronic condition chapter direct you to helpful websites national organizations and additional sources of information that you can share with parents and families Updated references ensure you have access to the most current evidence based coverage of the latest research findings and management protocols Four new chapters Celiac Disease Eating Disorders Muscular Dystrophy and Obesity keep you up to date with the latest developments in treating these conditions Autism content is updated with the latest research on autism spectrum disorders including current methods of evaluation identification and management Coverage of systems of care features new information on how to help families obtain high quality and cost effective coordinated services within our complex health care system Easy to find boxes in the chronic conditions chapters summarize important information on treatment associated problems clinical manifestations and differential diagnosis Just One of the Kids Kay Harris Kriegsman, Sara Palmer, 2013-05-31 Supporting and encouraging all members of the family when a child has a physical disability If you have a child with a physical disability how can you plan your family s life in a way that is inclusive for everyone What can you do to create a family where every member pulls his or her own weight in appropriate measure meets challenges and has moments in the spotlight along the way Most parents of a child who has a physical disability want their child to have fun be responsible make friends and take acceptable risks in short to feel like just one of the kids and they want to make sure that the needs of the whole family are met too Just One of the Kids is designed to help parents focus not on what could have been but instead on what can be so that they their children and the grandparents thrive as individuals and as a family The advice from psychologists Kay Harris Kriegsman and Sara Palmer is valuable for any family with children who have a physical disability from any cause Their warm and encouraging book is full of family stories tips and tools Parents of children with physical disabilities can help them develop the skills needed to meet life s challenges and launch into independence Parents building on that foundation and acknowledging each person s contributions interests and aspirations create an inclusive and resilient family Caring for You, Caring for Me David H. Haigler, Kathryn B. Mims, Jack A. Nottingham, 1998 Caring for persons with chronic illnesses or disabilities is a rewarding endeavor but it often places extreme demands on those providing care Caregivers need both education and support to understand their caregiving roles and to cope with the difficult situations they face All too often there is a chasm between professionals who are part of the formal caregiving system and family members friends and neighbors who provide daily care The Caring for You Caring for Me education and support program is a valuable tool for use in providing caregivers with education and support The program is designed to bring formal professional and informal lay family caregivers together to gain a better understanding of each other s perspectives on what it means to be a caregiver with the hope that in the process

both will learn to do it better The program is based on caregiving research and the expertise of frontline caregivers The Leader's Guide contains everything needed to conduct a ten hour education and support program for caregivers informational content layouts for overhead transparencies and suggested group activities. The companion Participant's Manual supports the presentation providing a workbook for class activities a suggested reading list and a compendium of national sources of help for caregivers Caring for You Caring for Me was developed by the Rosalynn Carter Institute under the guidance of the West Central Georgia Caregivers Network CARE NET The Rosalynn Carter Institute was established in 1987 Its mission is to understand the process of caregiving and discover new ways to benefit both formal and informal caregivers The Institute supports the premise that caregivers and care receivers can be served most effectively through the collaborative efforts of formal and informal caregivers academicians public and private services and organizations representing caregivers and recipients of care Spinal Cord Injury Sara Palmer, Kay Harris Kriegsman, Jeffrey B. Palmer, 2008-05-30 Fully updated and revised the second edition of Spinal Cord Injury is the definitive guide for people with SCI and their families Combining first person accounts with up to date medical information the book addresses all aspects of spinal cord injury recovery and coping sex and family matters transportation and housing employment and leisure and reviews the challenges encountered by people with spinal cord injury throughout their lives The authors explain how spinal cord injury affects physical functioning and the impact of physical changes on emotions and social life They offer a holistic approach to recovery that incorporates all aspects of living and emphasizes achieving optimal health personal fulfillment and meaningful family and social relationships The new edition of this helpful book includes a completely revised chapter on recovery and regeneration research stem cell research and activity based therapies New information is offered on medical and rehabilitative care of children and adolescents as well as preventative health measures for people of all ages living with spinal cord injury The book includes expanded ideas and resources for socializing travel sports and recreation Taking Charge of Your Life, 1981 Caring and Competent Caregivers Robert Moroney, 1998 Chronic health conditions are the leading cause of illness disability and death in the United States today affecting nearly one hundred million citizens These conditions cost the economy more than 470 billion a year in direct medical costs and more than 230 billion in lost productivity While Americans pride themselves on living in a caring country society as a whole has not fully prepared for the many challenges presented by chronic illness This timely book illustrates the caregiving needs to be faced in the next century Written by individuals associated with the National Quality Caregiving Coalition NQCC of the Rosalynn Carter Institute Caring and Competent Caregivers is a foundation book for use by academicians conducting professional training programs diverse health care and social service providers on the front lines providing assistance to others and students entering the field Incorporating philosophy social science research and impressionistic evidence this book provides a basis for education Ordinary Families, Special Children, Third Edition Milton and practice that is both inspirational and practical

Seligman, Rosalyn Benjamin Darling, 2009-02-23 This popular clinical reference and text provides a multisystems perspective on childhood disability and its effects on family life The volume examines how child family ecological and sociocultural variables intertwine to shape the ways families respond to disability and how professionals can promote coping adaptation and empowerment Accessible and engaging the book integrates theory and research with vignettes and firsthand reflections from family members Ordinary Families, Special Children Milton Seligman, Rosalyn Benjamin Darling, 2017-02-13 This popular clinical reference and text provides a multisystems perspective on childhood disability and its effects on family life The volume examines how child family ecological and sociocultural variables intertwine to shape the ways families respond to disability and how professionals can promote coping adaptation and empowerment Accessible and engaging the book integrates theory and research with vignettes and firsthand reflections from family members Work! Toby J. Karten, 2005 The book overall has strength of content in many practical areas It is easy to read and clearly set out and would be beneficial for undergraduates and those beginning in inclusive environments Education Review I have been teaching introductory courses in special education for five years Each year I review books to see if I can find the one that truly speaks to the needs of my students in this ever changing field I found what I was looking for in Inclusion Strategies That Work Martha Lawson Assistant Professor Marywood University Inclusion Strategies That Work is a comprehensive educational reference and resource that contributes to the field of special educational needs by helping teachers to translate key research into practical classroom strategies and activities It demystifies the topic of disabilities and inclusion presenting an array of lists charts curriculum suggestions tips for working with parents ideas for preparing IEPs and explanations of special education legislation that make the book an easy hands on resource There are numerous photocopiable materials thoughout By bringing theory and research to life and helping teachers to implement the conclusions in a simple and straight forward way this book will be a valuable tool for special and mainstream settings Cerebral Palsy Jacqueline Langwith, 2010-12-06 Readers are provided with essential information on Cerebral Palsy This book also serves as a historical survey by providing information on the controversies surrounding its causes Compelling first person narratives by people coping with Cerebral Palsy give readers a first hand experience Patients family members or caregivers explain the condition from their own experience The symptoms causes treatments and potential cures are explained in detail Essential to anyone trying to learn about diseases and conditions the alternative treatments are explored Each essay is carefully edited and presented with an introduction so that they are accessible for student researchers and readers BOPOD - Wong's Nursing Care of Infants and Children Marilyn J. Hockenberry, David Wilson, 2014-01-30 The most trusted authority in pediatric nursing Wong s Nursing Care of Infants and Children provides unmatched comprehensive coverage of pediatric growth development and conditions Its unique age and stage approach covers child development and health promotion as well as specific health problems organized by age groups and body systems Leading pediatric experts Dr Marilyn Hockenberry and David Wilson

provide an evidence based clinical perspective based on nearly 30 years of hands on experience Easy to read and extensively illustrated this edition focuses on patient centered outcomes and includes updates on topics such as the late preterm infant immunizations the H1N1 virus and childhood obesity A clear straightforward writing style makes content easy to understand Unique Evidence Based Practice boxes help you apply both research and critical thought processes to support and guide the outcomes of nursing care Unique Atraumatic Care boxes contain techniques for care that minimize pain discomfort or stress Unique Critical Thinking exercises help you test and develop your own analytical skills A unique focus on family content emphasizes the role and influence of the family in health and illness with a separate chapter discussions throughout the text and family centered care boxes Nursing Care Guidelines provide clear step by step detailed instructions on performing specific skills or procedures Unique Emergency Treatment boxes serve as a quick reference for critical situations Unique Cultural Awareness boxes highlight ways in which variations in beliefs and practices affect nursing care for children A developmental approach identifies each stage of a child's growth Health promotion chapters emphasize principles of wellness and injury prevention for each age group Student friendly features include chapter outlines learning objectives key points references and related topics and electronic resources to help you study and review important content A community focus helps you care for children outside the clinical setting Nursing Care Plans include models for planning patient care with nursing diagnoses patient family goals nursing interventions rationales expected outcomes and NIC and NOC guidelines Nursing Tips include helpful hints and practical clinical information and Nursing Alerts provide critical information that must be considered in providing care Roll Models Richard Holicky, 2004 I thought life was pretty much over Paul Herman I was afraid people wouldn t see me for who I still was Cathy Green I didn t need this to be a better person Susan Douglas I wasn t sure I wanted to live this way Kevin Wolitzky The above four people and 49 more just like them went on to find high levels of success and lead satisfying lives Together they tell 53 stories of moving forward to meet all the challenges fears obstacles and problems common to the life altering circumstances after spinal cord injury and doing it without benefit of wealth large settlements or solid health coverage Ranging in age from 21 to 67 disabled from three to 48 years they share 931 years of disability experience Roll Models is a valuable new resource for recently injured people and their families and for nurses therapists psychologists and all other professionals who treat work with and care for people with spinal cord injury Straight from the horse s mouth survivors explore their experiences with disability and answer many questions those in rehab are asking Early Thoughts What were your thoughts immediately following injury What were your initial thoughts and reactions regarding SCI and the future The First Years What were your biggest fears during that first year or so How did you get past those early fears Changes Obstacles and Solutions How much different are you now compared to how you were before injury What s been the biggest obstacle How did you address these obstacles Finding What Works What have been the most difficult things for you to deal with since injury What's the worst thing about having an SCI and using a chair What's been

your biggest loss due to injury Is SCI the worst thing that ever happened to you Tell me something about your problem solving skills How do you deal with stress What do you do to relieve stress Salvations Turning Points and More Was there any one thing that was your salvation or key to your success Was there a turning point for you when you began to feel things were going to get better What personal factors habits and beliefs have helped you the most SCI and Meaning Do you find any meaning purpose or lessons in your disability Did any positive opportunities come your way because of your injury What s your greatest accomplishment What are you most proud of A wonderful roadmap with many alternate routes to living and thriving with SCI Minna Hong SCI survivor and Peer Support Coordinator Vocational Liaison Shepherd Center Avoids the trap of providing a one size fits all mentality and provides solutions as varied as the individuals used as examples Accentuates the positives while not sugar coating the difficulties Essential reading Jeff Cressy SCI survivor and Director of Consumer and Community Affairs SCI Project Rancho Los Amigos A great resource for people as they venture out into the world or search for meaning and a deeper richer life Filled with examples of real people and their real experiences Terry Chase ND RN SCI survivor Patient Family Education Program Coordinator Craig Hospital A wonderful tool for the newly spinal cord injured individual as well as the therapists and counselors working with them This certainly hits the mark in capturing important survival strategies Jack Dahlberg SCI survivor Past President of the National Spinal Cord Injury Association Artfully crafted and organized Roll Models sensitively portrays life following spinal cord injury Informative creative sensitive as well as infused with humor and a kind heart Recommended with my highest accolades Lester Butt Ph D ABPP Director of the Department of Psychology Craig Hospital Using Literature to Help Troubled Teenagers Cope with Health Issues Cynthia Ann Bowman, 2000-03-30 Today traditional illnesses and high risk behaviors of adolescents have become interrelated through the multitude of physical social and emotional changes young people experience Good literature which gives adolescents the truth has incredible power to heal and to renew This reference resource provides a link for teachers media specialists parents and other adults to those novels that can help adolescents struggling with health issues Educators and therapists explore novels where common health issues are addressed in ways to captivate teens Using fictional characters these experts provide guidance on encouraging adolescents to cope while improving their reading and writing skills With the advancement in medicine traditional types of health issues such as birth defects cancer and sensory impairment have shifted to more behavior related problems such as depression alcoholism and eating disorders All of these issues and others are examined from both a literary and psychological perspective in thirteen chapters that explore health issues through fiction Each chapter confronts a different health issue and is written by a literature specialist who has teamed up with a therapist In each novel these experts define the central character's struggle in coming to terms with an issue and growing in response to their difficulties Annotated bibliographies of other works both fiction and nonfiction explore these same issues give readers insight into helping teenagers with similar problems and provide the tools with which to get teenagers reading and addressing these

problems Pedretti's Occupational Therapy - E-Book Heidi McHugh Pendleton, Winifred Schultz-Krohn, 2024-03-25 2025 Textbook and Academic Authors Association TAA McGuffey Longevity Award Winner Selected for 2025 Doody's Core Titles with Essential Purchase designation in Occupational Therapy Gain the knowledge and skills you need to treat clients patients with physical disabilities Pedretti s Occupational Therapy Practice Skills for Physical Dysfunction 9th Edition uses a case based approach threaded through each chapter to provide a solid foundation in evaluation intervention and clinical reasoning The text continues to support the entry level occupational therapist and the experienced occupational therapist focused on expanding skills and knowledge With the OT practice framework as a guide you will focus on the core concepts and central goals of client care And by studying threaded case studies you will learn to apply theory to clinical practice Written by a team of expert OT educators and professionals led by Heidi McHugh Pendleton and Winifred Schultz Krohn this edition includes an eBook free with each new print purchase featuring a fully searchable version of the entire text UNIQUE Threaded case studies begin and are woven through each chapter helping you develop clinical reasoning and decision making skills and to apply concepts to real life clinical practice UNIQUE Ethical Considerations boxes examine the obligation to collaborate with clients on their care using evidence to select treatment options UNIQUE OT Practice Notes convey important tips and insights into professional practice Illustrated evidence based content provides a foundation for practice especially relating to evaluation and intervention Information on prevention rather than simply intervention or treatment shows how OTs can take a proactive role in client care Focus on health promotion and wellness addresses the role of the occupational therapist in what the AOTA has identified as a key practice area Content on cultural and ethnic diversity is included in every chapter reflecting occupational therapy's commitment to this important issue Key terms chapter outlines and chapter objectives highlight the information you can expect to learn from each chapter Braille Book Review .1994

For Younger Readers ,1994 Gender on Campus Sharon Gmelch,1998 Gender on Campus is the first book to combine solid analyses of the broad range of gender issues for women in college with realistic approaches to heighten awareness and alleviate problems Written for students the book first clarifies the concept of feminism and then examines gender dynamics in a variety of settings and contexts from the classroom to the sports field and from language to social life Sharon Gmelch probes sexism racism and homophobia on campus and surveys the special issues facing diverse women students The book also addresses issues relating to body image and sexuality Its final chapters analyze the role gender continues to play after college in the media workplace and politics After a thorough discussion of a topic each chapter concludes with possibilities for action What You Can Do as well as a selected bibliography of books videos and organizations that students can consult Gender on Campus is an invaluable resource for students parents and administrators as well as an excellent text for women s studies courses

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