

The **POWER** of **SELF- CONFIDENCE**

BECOME
UNSTOPPABLE, IRRESISTIBLE,
AND UNAFRAID
IN EVERY AREA OF YOUR LIFE

BRIAN TRACY

The Power Of Self Confidence

RM Cervero



The Power Of Self Confidence:

The Power of Self-Confidence Brian Tracy, 2012-08-16 Why are some people more successful than others Self confidence What one great goal would you set if you knew you could not fail What wonderful things would you want to do with your life if you were guaranteed success in anything you attempted Your level of self confidence determines the size of the goals you set the energy and determination that you focus on achieving them and the amount of persistence you apply to overcoming every obstacle In this powerful practical book based on work with more than 5 million executives entrepreneurs sales professionals and ambitious people in more than sixty countries you learn how to develop unshakable self confidence in every area of your life The Power of Self Confidence explains how to increase your mental fitness by thinking like top performers in every field Little by little you build up and maintain ever higher levels of self confidence in everything you do Self confidence allows you to move out of your comfort zone and take risks without any guarantees With step by step guidance author Brian Tracy will help you build the foundations of lifelong self confidence You discover how to determine what you really want and unleash your personal powers to accomplish it You ll learn how to Clarify and live consistently with your values to become the very best person you could possibly be Set clear goals and make written plans to accomplish them Commit yourself to mastery in your chosen field and to lifelong personal improvement Program your subconscious mind to respond in a positive and constructive way to every problem or difficulty Minimize your weaknesses and maximize your strengths for higher achievement Develop high levels of courage and incredible persistence Become unstoppable irresistible and unafraid in every area of your life through the power of unshakable self confidence Become a person of action overcome any obstacle and scale any height With your newfound unshakable self confidence you will accomplish every goal you can set for yourself **The Power of Self-Confidence** Daniel J. Martin, 2021-07-23 Do you want to be brave enough to do what you really want instead of what you re supposed to do What would your life be like if you stopped doubting yourself and found the courage to pursue your goals without worrying what people will say Do you want to develop unshakeable self confidence to help you overcome your low self esteem insecurities and fears Self confidence is perhaps the most important factor when it comes to achieving true happiness inner peace and life satisfaction The Power of Self confidence will provide you with a practical interesting guide to help you increase your confidence and self esteem quickly through 9 simple steps that are easy to apply and maintain This book is for you if You want to know how to improve your self confidence You constantly battle low self esteem You find it hard to ask for what you want Fear holds you back from pursuing your goals Meeting new people makes you nervous You re constantly seeking others approval You find it hard to finish what you start You don t think you re good enough Criticism really gets you down You would do anything to please people You re stuck in toxic relationships that bring you nothing good You want to enjoy a more rewarding life Increasing your levels of self confidence will enable you to leave behind your fear of what others think of you silence your inner critic make mistakes without feeling guilty enjoy more love

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