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web apr 22 2022 also known as persistent depressive disorder pdd or dysthymia chronic depression is characterized by a

low mood for most of the day however there are several treatment options for  $\bf chronic\ depression\ symptoms\ causes\ and\ treatment$  - Jan 01 2023

web jun 23 2022 according to the centers for disease control and prevention cdc close to 5 of adults regularly experience feelings of depression this article explores the symptoms causes and diagnosis of chronic depression as well as some treatment options and coping strategies that may be helpful