



Rainbow Chakra Centers

BODY-MIND-SPIRIT CONNECTIONS

1993

PHYSICAL AREAS AND GLANDS OF EACH ENERGY CENTER:

7 CROWN CHAKRA: Pineal gland; Hair/Head Top, CNS (nervous system)

6 BROW CHAKRA: Pituitary, Hypothalamus; Eyes, Adonohi Nerve Syst.

5 THROAT CHAKRA: Thyroid, Para-Thyroid, Neck, Ears, Adam's Respiratory Syst, Cords, vocal strings, etc.

4 HEART CHAKRA: Thymus; Hrt, Breathing apparatus, Lungs, Blood pressure, Lymph, Immune Syst.

3 SOLAR PLEXUS CHAKRA: Pancreas, Stomach, Liver, Small Intestine, Bloodsugar, Digestion

2 SPLEEN CHAKRA: Bloodsugar, Spleen, Ovaries, Urinary Tract, Uterus, Kidney, Adrenals

1 BASE ROOT CHAKRA: Inv. of Sex organs, Systemic, Tailbone, Leg, Ft.

MENTAL-EMOTIONAL STRENGTHS/BLOCKS OF EACH ENERGY CENTER:

7 Compassion & selflessness, seeing self in others, all oneness, harmonious, peaceful, unattached, loving, non-egoistic, SPIRIT LOVE

6 Overview visualization, clairvoyance, choices for good of all, Psychic/Social awareness of self, others, env., Addicts healed, Service

5 Open, clear Communicating, feelings, thoughts, Creativity, Speaking up, Releasing, breathing life-force, Healing

4 Harmony, trust, Lovingness, gentle w/ self, others; Able to give, & to receive w/o giving, flexible, open to new people, ideas, growth, Coping w/ loss, Balance

3 Mental energy, will/power/control over self vs others; beliefs, details, constructive vs self-crit. thoughts, perfects

2 Feelings, Emot. needs, boundaries, Trust, warmth, intimacy, attach/let go, addictive patterns, psychological

1 Body & Survival, safety, sexuality, Action, ground, control, phys. energy



• Spiritual Heart Center
• Heart and Feet Chakras
• Root Chakra

Small Chart Rainbow Wheel 8 Diameter Rainbow Chakra Wheel On 8 Sq Card Text On Reverse

Suze Moll



Small Chart Rainbow Wheel 8 Diameter Rainbow Chakra Wheel On 8 Sq Card Text On Reverse:

Chakras Suze Moll,2017-08-21 Your Chakras are important sources of internal power The word Chakra originated from Sanskrit meaning wheel Our bodies have seven main Chakra power points and many smaller points The seven main Chakras start at the base of the spine and continue up the central spine to the head Each Chakra point is a swirling power that influences your internal organs vibrates at a different rotating speed and is associated with a color These colors correspond to the colors of the rainbow red orange yellow green blue indigo and violet When the power in the Chakra is balanced we are healthy and exhibit a sense of well being If the power becomes blocked the Chakra is not balanced and the bodily functions may be affected Diseases may appear and the mind may be affected by a negative attitudes or fears Since each of the Chakras relates to a different set of organs these areas may suffer too These insights into your Chakras will help you understand your inner rainbow of power We have included additional pages for journaling your feeling and thoughts on each of the Chakras

Whispering the Secrets of Language: An Psychological Journey through **Small Chart Rainbow Wheel 8 Diameter Rainbow Chakra Wheel On 8 Sq Card Text On Reverse**

In a digitally-driven earth wherever monitors reign great and instant connection drowns out the subtleties of language, the profound strategies and emotional subtleties concealed within phrases often get unheard. Yet, set within the pages of **Small Chart Rainbow Wheel 8 Diameter Rainbow Chakra Wheel On 8 Sq Card Text On Reverse** a fascinating fictional prize blinking with organic feelings, lies an extraordinary journey waiting to be undertaken. Published by a skilled wordsmith, this wonderful opus encourages visitors on an introspective trip, gently unraveling the veiled truths and profound impact resonating within the cloth of each word. Within the mental depths of this emotional review, we can embark upon a honest exploration of the book is primary styles, dissect its charming publishing fashion, and fail to the powerful resonance it evokes heavy within the recesses of readers hearts.

<https://archive.kdd.org/files/virtual-library/index.jsp/stupid%20tiger%20and%20other%20tales.pdf>

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