

ONE WOMAN'S JOURNEY THROUGH CANCER

STAND UP FOR YOUR LIFE

Nena O'Neill,
best selling author

Stand Up For Your Life One Womans Journey Through Cancer

Tammy Inc. Miller



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Stand Up for Your Life Nena O'Neill,2004-08 Nena O'Neill's book is that rare combination of how to and mesmerizing personal experience that reads like a detective story but is full of practical advice and tips on how to co manage your medical fate Divided into three parts Diagnosis Treatment and Recovery the book will help almost anyone with a serious medical diagnosis Through her own experience with a rare cancer the author shows you why she did it and how she did it from such helpful information as notebooks and how to do research to the use of music and having a Healing Circle By example this book details step by step what goes into making a critical decision about your treatment plans After treatment Stand Up For Your Life will guide you through the many pathways to recovery both traditional and non traditional Uplifting and positive this author shows us how psychological and spiritual attitudes can help you recover with glowing colors **One Side of**

Suicide Dee Burt,2006-02 One Side of Suicide draws on the author's personal use of journaling to move from surviving to thriving in a powerful story of loss and love Journaling pages with writing prompts help you go within on your own healing journey Includes professional resources *Surviving the Storm* Laura L. Torres,2018-04-11 Laura was alone when she received the news She had metastatic vulvar cancer Having worked in the medical field for more than ten years she knew the word metastatic was not good The scariest part about the diagnosis however was going to be telling her children Before Laura did that she called her boyfriend Lyle Then she texted each of her children and told them she needed to talk to them at home All she could think about was what she was going to say and how she was going to say it How could she share this news without it crushing their spirits Cancer also tested Lauras faith in the Lord and she found herself wondering How can He keep allowing things like this to happen in my life What am I doing wrong To answer that question she read and reread the book of Job He didn't question God when he was in the midst of losing everything It was in that moment that a peace washed over her and she was ashamed to even entertain the question of Why Join Laura as she battles a life changing diagnosis and learns how to confront it with a positive outlook and thankful heart for all of Gods blessings in *Surviving the Storm* Laura L Torres reveals how her faith helped her navigate challenges and obstacles after being diagnosed with a rare form of cancer She currently resides in Wisconsin with her very large and loving family Laura continues to be active with local outreach programs through her church and in her community **Along the Path...One Woman's Journey Through**

Grief.... Suzi Decker,2016-07-26 I started these notes which turned into a blog which helped me process my grief from the loss of both parents and my husband plus loss in other areas of life We are comforted by God and in turn we have the opportunity to comfort others along their paths as well **Journey Through Jerusalem with No Hands** Janet

Penney,2013-11-25 Through a traumatizing event both of my wrists were completely shattered with just three weeks left before I was to board a jumbo jet and fly across the world to Israel Would I still go The invitation had been given with all expenses divinely paid Surely I could not go the distance alone in this broken condition Destiny called my name and I had to

answer Despite every obstacle that stood in my way I embarked on a remarkable journey through Jerusalem with no hands This story chronicles a concentrated snapshot of two consecutive years of my life It encompasses the time just before I went to Israel all that transpired while I was there and more life changing events that occurred after my return The holistic healing of my spirit soul and body is nothing short of a miracle *One Woman's Journey: Finding Hope* Ashlee Nessel,2014-03-20

One Woman s Journey Finding Hope is an inspirational story of one woman facing great challenges who has found the strength and courage to overcome them utilizing courage faith and above all Hope 30%% of all sales will be donated directly to takethewalk net **Buck Up: The Real Bloke's Guide to Getting Healthy and Living Longer** Buck Shelford,2012-09-26

All Black legend Buck Shelford was the epitome of brute strength determination and athletic prowess It was a shock to New Zealand sports fans then when he was diagnosed with lymphatic cancer in 2005 which he subsequently overcame with treatment More recently after a public battle with his weight Buck successfully shed over 25 kilos Accessible and user friendly Buck Up draws on Buck s personal experience with health issues but goes far beyond along with highly regarded sports scientist Dr Grant Schofield Buck offers a wide array of information and realistic tips to improve the quality of life for Kiwi males and their loved ones A book full of big ideas and practical advice as well as a good dose of blokey humour Buck Up promises to positively alter awareness of and approaches to men s health for both everyday males and practitioners [The Lighter Side of Breast Cancer Recovery](#) Tammy Inc. Miller,2012-10

The Lighter Side of Breast Cancer Recovery Lessons Learned Along the Path to Healing takes you down the path with a woman who has been there but it may not be the path that most people follow From surgeons equipped with clown noses to going through surgery wearing a feather boa Tammy looks at this very serious topic with a lighthearted attitude and some words of encouragement for others facing a difficult journey *Discovering the Positives* Rhiannon Huzarewich,2025-07-31 Discovering the Positives A Woman s Journey through Triple Negative Breast Cancer is a powerful memoir of resilience hope and self discovery Hearing a triple negative breast cancer diagnosis can be overwhelming and scary Diagnosed with it in her early forties Rhiannon takes readers on an open and honest journey through the fears treatments and side effects that come with battling this disease With raw honesty and unwavering courage she shares the physical and emotional toll of her experience while uncovering unexpected moments of positivity along the way More than just a story of survival this book serves as a leading light for other women navigating their own diagnoses as well as for the family and friends standing by them who want to learn and understand the challenges when faced with fighting this disease Through her journey Rhiannon proves that even in the darkest times strength hope and newfound purpose can emerge **I Lost Two Boobs and Gained Two Balls** Gail Rognan,2015-10-23

As a healthy fifty eight year old woman a cancer diagnosis rocked author Gail Rognans world In I Lost Two Boobs and Gained Two Balls Rognan shares how she moved from fear and doubt to strength and serenity She offers a raw candid account of how she grew a pair and found her voice realizing that in order to live she had to speak up and risk

being judged and criticized Her unconventional path to healing is both a memoir and a practical supportive resource for anyone whose life has been touched by cancer Each chapter offers tips and resources for current cancer patients and chronicles the steps Rognan took in her own journey By facing her illness and possible death head on she is offering knowledge that may make it easier for those who also have a difficult path to travel By sharing her story she sheds light on the darkness and guides you each step of the journey Her story shares how you can learn how our mind body and spirit intersect to help us heal ourselves alternative health treatments can be combined with traditional health treatments to listen to ourselves so we can avoid illness and our illness can teach us about who we really are Realistic and inspiring I Lost Two Boobs and Gained Two Balls offers a poignant story for those touched by cancer

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