

# Life Skills



Self-Awareness  
Self-Management

Empathy  
Sympathy

Problem-Solving  
& Decision-Making

Interpersonal  
Relationship

Accepting  
Criticism

Stress  
Management

Thinking  
& Creativity

Communication  
& Collaboration

# Skills For Life The Meaning Value Of

**Judy Galbraith, Jim Delisle**



**Skills For Life The Meaning Value Of:**

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