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Fumio Demura & Dan Ivan

A Practical Guide to Self-Defense

Street Survival A Practical Guide To Self Defense

Pasquale De Marco

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Street Survival Fumio Demura, Dan Ivan, 1979 Techniques of karate aiki do and judo are featured in a guide to the tactics Street Survival: Comprehensive Guide to Urban Combat Pasquale De and strategies of self defense Marco, 2025-07-24 Street Survival Comprehensive Guide to Urban Combat is the ultimate guide to urban combat and self defense providing invaluable knowledge and practical techniques to navigate the dangers of the urban jungle Drawing from the wisdom of renowned martial artists and self defense experts this comprehensive book empowers you with the skills and mindset to protect yourself and emerge victorious from any encounter Within these pages you will discover how to assess and respond to potential threats recognizing the subtle cues that could save your life Learn the principles of situational awareness enabling you to identify and avoid dangerous situations altogether Master the art of hand to hand combat gaining the physical and mental prowess to defend yourself effectively against any attacker Street Survival Comprehensive Guide to Urban Combat also delves into the legal implications of urban combat ensuring that you understand the boundaries of self defense and your rights in the aftermath of a violent encounter With this knowledge you can confidently navigate the legal system protecting yourself from unjust accusations Whether you are a seasoned martial artist or a novice seeking to enhance your personal safety Street Survival Comprehensive Guide to Urban Combat offers a wealth of invaluable insights and practical techniques It is a must read for anyone who values their safety and well being in the urban environment In this comprehensive guide you will embark on a journey towards self empowerment gaining the knowledge and skills to protect yourself and your loved ones from harm With Street Survival Comprehensive Guide to Urban Combat as your guide you can face the challenges of the urban jungle with confidence knowing that you are equipped to handle any situation that may arise Street Survival Comprehensive Guide to Urban Combat is your essential companion for urban survival providing you with the knowledge skills and confidence to thrive in the face of danger Embrace the power of self defense and empower yourself with the ability to protect what matters most If you like this book write a review Street Survival Guide Rory Christensen, Take the nonsense and confusion out of learning self defense This book will be your street survival guide and will simplify the process of learning self defense If you want to learn about self defense this book will help you do that In this book you will learn How to defend yourself and NOT get arrested in the process How to avoid being a victim of violence How to spot and avoid trouble before it happens How to handle trouble when it does happen How to manage feelings of fear and adrenaline How to deal with the aftermath of violence And much more If you are just beginning your journey in self defense this book will help you do that by telling you exactly what you need to know in simple and concise terms This is no bullshit self defense Want to learn more BUY THE BOOK NOW The 10 Best Stick Fighting Techniques Sammy Franco, DEVASTATING STRICK FIGHTING SECRETS The 10 Best Stick Fighting Techniques is the fourth installment in Sammy Franco s 10 Best Book Series This unique book offers you the most practical and useful methods for using a combat stick for real world self

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