

A miswak is a natural toothbrush picked from the tree 'Salvadora persica', which is also known as the 'Peelu' tree or 'Arak' in Arabic.

# Why a Miswak?

Miswak has been found to inhibit bacterial growth and retard the buildup of plaque, helping to improve oral health and freshen the breath.

## **The Miswaak**

### **Afzalur Rahman**

#### The Miswaak:

You Have Been Chosen Igsaan Abrahams, You Have Been Chosen A Guide to Memorising the Holy Qur an is an insightful and practical book that serves as a comprehensive guide for individuals embarking on the journey of memorising the Holy Our an Drawing from years of expertise and experience the author presents a step by step approach to help readers effectively memorise the Quran enabling them to experience the profound blessings and rewards associated with this sacred act The book emphasizes the significance of Qur anic memorisation exploring the spiritual religious and personal benefits that arise from committing the Quran to memory It highlights the transformative power of memorising the Qur an not only in strengthening one s faith but also in fostering character development moral values and a deeper connection with Allah With Design: Reinventing Design Modes Gerhard Bruyns, Huaxin Wei, 2022-11-05 This collection stems from the International Association of Societies of Design Research IASDR congress in 2021 promoting the research of design in its many fields of application Today s design finds itself at a critical moment where the conventional modes of doing thinking and application are increasingly challenged by the troubled ideology of globalisation climate change migration patterns and the rapid restructuring of locally driven manufacturing sectors. The volume presents a selection of papers on state of the art design research work As rapid technological development has been pushing and breaking new ground in society the broad field of design is facing many unprecedented changes In combination with the environmental cultural technological and crucially pandemic transitions design at large is called to fundamentally alter its modes of practice Beyond the conventional models of conducting research or developing solutions to wicked problems the recoupling of design with different modes should be seen as an expression to embrace other capacities of thinking criticisms and productions This selection of proceedings papers delivers the latest insights into design from a multitude of perspectives as reflected in the eight thematic modes of the congress i e social making business critical historical projective impact pandemic and alternative with design modes The book benefits design researchers from both academia and industry who are interested in the latest design research results as well as in innovative design research methods In presenting an interesting corpus of design case studies as well as studies of design impact this comprehensive collection is of relevance to design theorists and students as well as scholars in related fields seeking to understand how design plays a critical role in their respective domains Cancer Is a Jinn (Demonic) Possession, the Ultimate Cure Dr Mira Bajirova, 2019-12-05 Medicine instead of healing contributes to the disease progression and creates other diseases including other Cancer What comes to you of good is from Allah but what comes to you of evil O man is from yourself Our an An Nisa 4 79 When person commits the Sin a black spot appears on his heart and if he seeks forgiveness this black spot is removed and if he returns to Sin the black spot grows until his heart becomes black and he will be doomed Disease is an Expiation of the Sins in this book I have described 351 Sins The Sins involve the Evil Jinn Demons possess the humans because of the Sins revenge desire of control attraction Sorcery Evil Eye

anger fear and depression The most frequent Sins denying or associating partners to Allah the Creator of all things Cancer is a Jinn Demonic Possession The anti Cancer treatment excites the hidden Evil Jinn and the Jinn spread more the disease Additionally medicine creates other diseases due to the side effects Doctors cannot help cannot remove your Sins and make you sicker and die Know for certain that when you break no one will heal you except you Ibn Al Qayyim Repentance from the Sins is obligatory A trial is not sent down except due to a Sin and it is not lifted except with repentance Ali Ibn Abi Talib Demons are afraid of Allah only our Creator The Ultimate Cure is within the Qur an Ruqyah Negative Ions and Prophetic Medicine Whoever abandons the Qur an would abandon treating sickness and seeking healing through it THE REWARDS FOR GOOD DEEDS SHAYKH SHARAF AL-DIN 'ABDUL MU'MIN AL-DIMYATI,2016-01-01 Biopolymer Composites Salit Sapuan,Syeed SaifulAzry Osman Al Edrus,Ahmad Adlie Shamsuri,Aizat Abd Ghani,Khalina Abdan,2023-01-30 Biopolymer Composites covers a wide range of materials used in biocomposite products from biopolymer wood fiber wood and non wood species It discusses the preparation of the material processing and end applications and also reviews wood quality improvement through different types of treatments

The Religion of the Iranian Peoples Cornelis Petrus Tiele,1912

Natural Conservative Dentistry: An Alternative Approach to Solve Restorative Problems Maha Ahmed Niazy, Hesham El-Enshasy, Shimaa Mahmoud Ameen, 2024-05-03 In nature lies the solution to restore teeth with minimal damage In this groundbreaking book the management of dental challenges is presented from a new perspective Natural Conservative Dentistry An Alternative Approach to Solve Restorative Problems provides evidence based solutions to dental challenges to researchers practitioners and dental service providers The main attribute of all these solutions is that they are all derived from natural ingredients Natural ingredients are an effective alternative for dental care and management in contrast to synthetic products that have multiple side effects This book fills a knowledge gap on alternative and sustainable solutions derived from nature to respond effectively to dental challenges encountered in dental treatment for the conservation of the tooth It is a compilation of the work of expert dentists that has been carried out in clinics for the management of dental problems Key Features Provides an insightful look at the prevention of dental diseases through evidence based interventions using natural products in 9 referenced chapters Contains valuable contributions in restorative dentistry such as caries prevention enamel and dentin remineralization dentin biomodification dentin desensitization vital pulp therapy antioxidants and tooth bleaching Provides an update on the current status of different ingredients used in oral health care products developed for commercial markets Includes notes on pathophysiology and diagnosis on specific conditions and sources of natural ingredients The book is a valuable reference for trainees and professionals who want to enhance their restorative dentistry practice in the clinic Muhammad [] Encyclopædia of Seerah Afzalur Rahman, 1992-05-04 The Encyclopaedia of Seerah is a unique approach to analyse and study the life of Prophet Muhammad peace be upon him with an emphasis on the lifestyle of the Prophet This Digital Edition is available in 9 Volumes Culturally Sensitive Oral Healthcare Crispian

Scully, Nairn H. F. Wilson, 2019-09-03 We work in a multicultural society and modern healthcare delivery demands that the religious cultural and ethical beliefs of patients be considered as a part of their treatment There is therefore an increasing need to understand other cultures We have attempted to address this need by developing this book to provide members of the dental team with a reference source to culturally sensitive care in everyday clinical practice This is not a text about technical dentistry Neither is this book intended to cover the orofacial problems that can affect people of various cultures and lifestyles although they are mentioned where relevant This book is about patient care The knowledge base to be culturally sensitive is enormous Lists of cultural traits and religious customs and beliefs can help but inevitably give a very false impression of uniformity Thus in making reference to such lists it is crucial to remember that there is considerable variation within every cultural and religious group and to avoid stereotyping The information given applies only to certain patients It is not a recipe for all solutions we simply provide guidelines as a starting point for individualising dental healthcare Individuals views practices needs and wishes vary widely and can be influenced by religion ethnicity educational socioeconomic acculturational and other factors This book is presented in three sections. The first section covers the many aspects of culturally sensitive healthcare the second section outlines features of various religions and faiths and the third discusses cultural groups In the second and third sections topics have been arranged alphabetically for convenience We do not attempt to be comprehensive Cross referencing has been essential Although we are based in the United Kingdom we hope that our efforts will help improve culturally sensitive oral healthcare worldwide **Pathology of the Hard Dental Tissues** Albert Schuurs, 2012-09-27 This is a seminal text uniquely dedicated to oral hard tissue pathology presenting the growth of clinical knowledge and advancement in the field in recent years Starting with a discussion of numerical and formative anomalies and unusual eruption the book goes on to consider caries erosion resorption and toothwear as well as tooth fractures and discolouration and ends with a chapter on congenital syndromes with dental anomalies Pathology of the Hard Dental Tissues is an invaluable reference for specialist practitioners and researchers as well as dental students combining a scholarly overview of the field with clinical management protocols Includes prevention techniques as well as treatment regimes Contains many colour clinical photographs Accompanied by a large number of references Provides helpful tables to categorise the causes and characteristics of lesions Written by a leading expert in the field

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#### The Miswaak Introduction

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