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# **Slim Goodbody**

John Burstein

## **Slim Goodbody:**

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Why are You Picking on Me? John Burstein,2009 Explains what bullies are and why they antagonize on others and offers strategies for students to discourage bullying behaviors which can include physical or verbal attacks and what to do when someone becomes the target of a bully **What Should I Do?** John Burstein,2009-08 It s very important for a child to learn how to make good decisions In this informative new book Slim Goodbody helps children learn the steps they should follow in making almost any decision Stop Think Act Review STAR Fast Food John Burstein,2008 Fast food meals can be made more nutritious by making healthy decisions at the restaurant This book focuses on how to make healthy fast food choices

Big Fat Lies John Burstein, 2008 Advertising strategies intended to influence the food choices of children are the focus of this book Reader are introduced to them taught how to identify and analyze them and finally shown how to make healthy decisions **Delicious Dairy** John Burstein, 2009-08 In this interesting new book Slim explores the essential nutritional value of the dairy group Children will learn about why dairy products are so important for healthy bones and teeth how milk is brought to market the difference between whole milk and fat free milk how cheese and yogurt is made what kinds of animals produce milk different dairy products used around the world and how much dairy a person needs to consume each The Dynamic Digestive System John Burstein, 2009 Readers will learn about their esophagus stomach liver small and dav large intestine and how their digestive system functions Marvelous Meats and More John Burstein, 2009-08 In this meaty new book Slim explores the essential nutritional value of the meat group Children will learn that this group is made up of more than meat It includes poultry fish dry beans eggs and nuts They will also discover why tofu is part of this group how this group helps build strong muscles what different kinds of meats poultry fish etc are eaten around the world and how much a person needs to eat each day from this group **Slim Goodbody, the Inside Story** John Burstein, 1977-01-01

Demonstrates in verses prose drawings and photographs how various parts of the body work and discusses emotions as well Outstanding Oils and Wonderful Water John Burstein, 2009-08 In this fascinating as good eating and general health habits new book Slim explores the essential nutritional value of oils and water Students will learn why oils are essential to health what foods produce oils what oil products are consumed around the world and how much oil is needed every day Students will also learn about why drinking enough water is essential to good health and how much water they need each day Astounding Nervous System John Burstein, 2009 Join Slim Goodbody and his Body Buddies for a system by system exploration of the amazing human body Book jacket The Remarkable Respiratory System John Burstein, 2009 Join Slim Goodbody and his Body Buddies for a system by system exploration of the amazing human body Book jacket Can We be Friends? John Burstein, 2009 Children who belong to healthy peer groups are generally happier and function at a higher level Will You Be My Friend helps young students learn the steps it takes to meet make and keep a friend Vital Vegetables John Burstein, 2009-08 In this interesting new book Slim explores the essential nutritional value of the vegetable group Children will learn about the incredible variety of vegetables and vegetable products the history of vegetables in the human diet what is special about dark green and leafy vegetables what changes occur when vegetables are cooked vegetables grown around the world and how many vegetables a person needs each day

The Amazing Circulatory System John Burstein, 2009 Explores the workings of the heart and circulatory system in the human body

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