

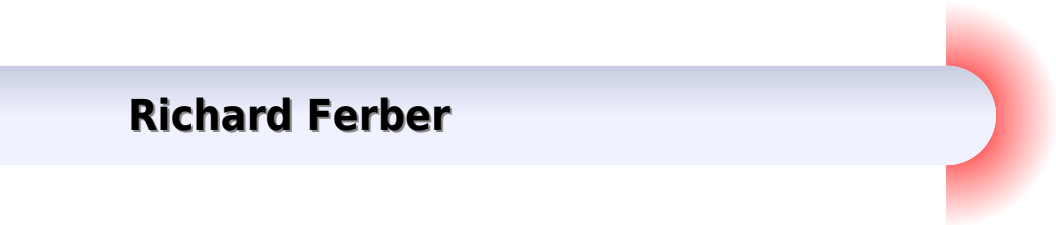
Ways to Help You Sleep Without Drugs



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Sleep Without Drugs

Richard Ferber



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