

Slow-wave sleep



Electrical activity
(EEG)

Decreased
neuromodulator
activity

Neuromodulators
produced by
basal forebrain,
hypothalamus,
and brain stem

Acetylcholine
Hypocretin
Histamine
Serotonin
Noradrenaline

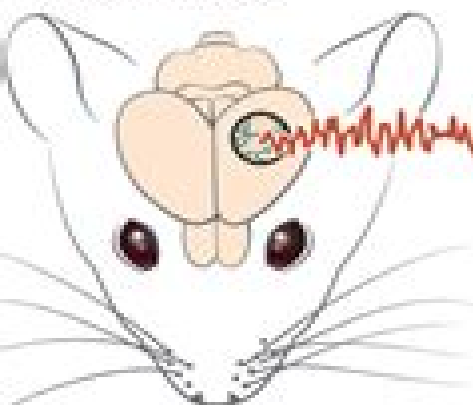
Extracellular space



Sleep-wakefulness
transitions are accompanied
by changes in extracellular
space volume and concentration
of extracellular ions

 K⁺
 Ca²⁺
 Mg²⁺
 H⁺

Wakefulness



Increased
neuromodulator
activity

Electrical activity
(EEG)



Sleep And Wakefulness

J. T. Enright



Sleep And Wakefulness:

Embark on a transformative journey with is captivating work, **Sleep And Wakefulness** . This enlightening ebook, available for download in a convenient PDF format , invites you to explore a world of boundless knowledge. Unleash your intellectual curiosity and discover the power of words as you dive into this riveting creation. Download now and elevate your reading experience to new heights .

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