

# *Lebanese Cuisine*

THE AUTHENTIC COOKBOOK • SAMIRA KAZAN



# The Lebanese Cookbook

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## **The Lebanese Cookbook:**

**The Lebanese Cookbook** Hussein Dekmak, 2007-10 Lebanese cuisine is one of the most unique in the Middle East combining influences from the Egyptians Persians ancient Greeks Ottomans and most recently the French This cookbook includes more than 100 authentic recipes in easy step by step format and sumptuous colour photographs *My Lebanese Cookbook* Tarik Fallous, 2020-03-31 Your Lebanese favorites made easy for the whole family Lebanese cooking is one of the world's healthiest and most vibrant flavored with richness of spice the tang of yogurt and citrus and the brightness of herbs like mint cilantro and parsley My Lebanese Cookbook shows you how just a few basic ingredients can create deliciously aromatic and zesty dishes your family will love My Lebanese Cookbook lets you cook your way through the day from breakfast through dessert with more than 80 easy to follow authentic recipes Whether making hummus or a selection of mezze to share grilling kebabs or baking up homemade pita you'll find an incredible variety of dishes in this Lebanese cookbook My Lebanese Cookbook includes Your Lebanese pantry Take a tour of the ingredients that define Lebanese cuisine from garlic and lemon to pomegranate molasses and phyllo dough Classic recipes From Hummus and Falafel to Baklava and Ma'moul you'll find all the flavors you remember and savor The Lebanese way This Lebanese cookbook offers four sample menus that show you how to pair dishes for family celebrations and get together with friends Enjoy a taste of Lebanon with the whole family through the savory and simple to make recipes you'll find in My Lebanese Cookbook [The Lebanese Cookbook](#) Dawn Anthony, Elaine Anthony, Selwa Anthony, 2004 [The Lebanese Heritage Cookbook](#) Louise Stelma, 2012-02-15 There is no spectacle on earth more beautiful and appealing than that of a woman in the act of cooking for those she loves Lou lives and breathes Lebanese cooking Her home is permeated with the fragrances of the culturally refined Lebanese dishes she prepares from her heritage What a great neighbor Lou made Her cookbook will be treasured by all cooks and make elegant family gifts A S R Indiana This cookbook would have saved me hundreds of dollars in phone calls to aunts for advice on cooking Lebanese Food A must have for all those who love the healthy food of the Middle East Donna A Shalala Office of the President Miami University Knowing Lou for 30 years I have tasted many of her recipes for Lebanese food Her tabouli stuffed grape leaves and other recipes are delicious and better than most Lebanese restaurants This is a winner Dr Elaine Wangberg Menchaca Graduate Dean and V P Research ret California State University Over the years I have tasted Louise's Lebanese cooking and I am delighted to say her food and recipes are the best Maybe it is due to all the love she puts into her creations Sandra Ramsey Lines Forensic Document Examiner **Lebanon** BookSumo Press, 2019-09-03 Authentic Lebanese Get your copy of the best and most unique Lebanese recipes from BookSumo Press Come take a journey with us into the delights of easy cooking The point of this cookbook and all our cookbooks is to exemplify the effortless nature of cooking simply In this book we focus on Lebanese The Easy Lebanese Cookbook is a complete set of simple but very unique Lebanese recipes You will find that even though the recipes are simple the tastes are quite amazing So will you join

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**The Lebanese Cookbook** Hussien Dekmak,2014-08-01 If you re a fan of Yotam Ottolenghi and want to expand your knowledge of authentic Middle Eastern cuisine In this well received book Hussien Dekmak opens the door to his country s food and traditions with over 100 delicious authentic recipes to cook at home *Lebanese: The Cookbook* Salma Hage,2012 The definitive guide to Lebanese home cooking with more than 500 recipes **Lebanese Cookbook** Selwa Anthony,2002-08-27 *Lebanon* BookSumo Press,2018-05-09 Authentic Lebanese Get your copy of the best and most unique Lebanese recipes from BookSumo Press Come take a journey with us into the delights of easy cooking The point of this cookbook and all our cookbooks is to exemplify the effortless nature of cooking simply In this book we focus on Lebanese The Easy Lebanese Cookbook is a complete set of simple but very unique Lebanese recipes You will find that even though the recipes are simple the tastes are quite amazing So will you join us in an adventure of simple cooking Here is a Preview of the Lebanese Recipes You Will Learn Sweet Tahini Dressing Cinnamon Stuffed Cookies Classic Shakshuka Skillet Onion Salad

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Powell,2021-01-18 The recipes included in this cookbook are the traditional and authentic cuisines from the Lebanese menu They are rich in nutrients and full of flavors The book has a variety of meal preparations starting from snacks dips stew kebabs to dessert Most of the recipes are made of nuts chickpeas yogurt rice and meat It has recipes for both vegan and meat lovers **Cooking the Lebanese Way: Traditional Lebanese Recipes for You to Try at Home!** Carla

Hale,2019-02-08 Lebanon a tiny country lying in heart of the Middle East is globally famous for its cuisine representing the best of cooking in the region It is home to some of the most iconic Arab food Hummus anyone So if you find yourself constantly craving delicious Lebanese food or if the take out containers from your favorite Lebanese restaurants have been piling up then this is the cookbook for you From classic dishes like Hummus and Kibbeh to quick and easy shawarmas to authentic local Lebanese dishes this book compiles together some of the best food that Lebanon has to offer With 30 yummy recipes ranging from quick meals to more elaborate main courses to delicious desserts you will find everything you need to cook yourself an authentic Lebanese experience *My Lebanese Cookbook, 2Nd Generation* Gretchen Homan,2018-10-29

This is a cookbook of family recipes first collected around 2008 when Sity and I got together to cook and discuss all the meals she usually made for our family It was so fun to spend time with her and I really wanted to find a way to recreate all the meals exactly her way The process was tricky because Sity would smile and say Season to taste or Cook until it s done We would laugh and I would try to figure out an exact measurement to write down I wanted Sity and my memories of her to live forever In the last few years I cooked the same recipes with my dad my aunt and my uncle and learned so much They have special knowledge about the dishes that I could only figure out when I observed directly In this second generation cookbook I was able to take Sity s methods and add the advice and techniques her kids have developed Now we can cook the meals we love in a way that fits our lifestyle The recipes make large quantities enough for everyone and the freezer and cooking together is a fun family treat **The New Lebanese Cookbook** BookSumo Press,2019-09-03 Lebanese Cooking Companion

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**A Taste of Lebanon** Mary Salloum,1992-10-30 This is the first book of its kind specifically devoted to the incredible diversity of Lebanese cooking Simple step by step instructions guide the novice or experienced cook through more than 200 dishes developed and tested by the author A Taste of Lebanon offers not only recipes for popular favorites such as stuffed grapevine leaves hommous and baklava but recipes for dishes rarely found in Lebanese restaurants in the West With an emphasis on fresh ingredients and healthy eating this book covers all aspects of Lebanese cuisine from appetizers and sauces to soups salads entr es stews stuffed vegetables poultry fish meatless dishes yogurt savory pastries pita bread fillings and sweets and beverages

**The Lebanese Cookbook for Beginners** Jamal Al-Farhan,2021-06-08 Lebanese food is particularly well rated in the Mediterranean diet because of its many health advantages Meals made with abundant quantities of vegetables grains fresh herbs and spices poultry and lamb are full of rich robust tastes The whole spectrum of classic Lebanese food is shown in 206 exquisite dishes in the Lebanese Cookbook authored by Chef Jamal Al Farhan Farhan s all distinctive staples such London broil layered with pita and garlic yogurt and heart healthy fire roasted wheat with lamb are also in this book In this book the recipes were broken down step by step and used the simple word to make Lebanese cuisine available to anybody

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