

The **LEAN BODY** Promise

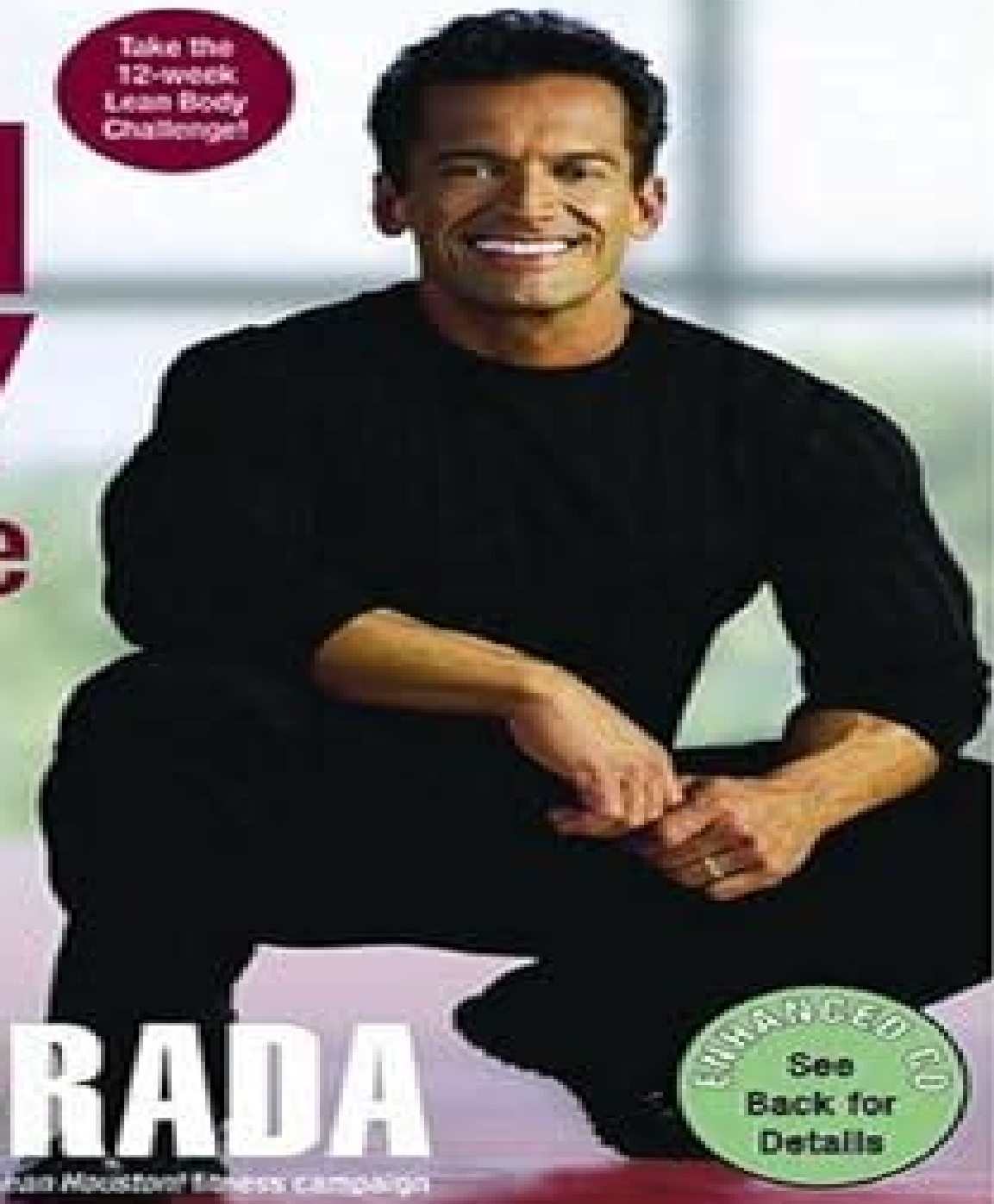
Take the
12-week
Lean Body
Challenge!

**Burn Away Fat
and Release the
Leaner, Stronger
Body Inside You**

WRITTEN AND READ BY

LEE LABRADA

Former Mr. Universe & founder of the Get Lean Houston! fitness campaign



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M Carnoy



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burn body fat and most important build muscle You ll kick your metabolism into high gear enabling you to melt fat even while you re resting Lee puts it all together in a day by day format that will help you derive maximum results from short workouts

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