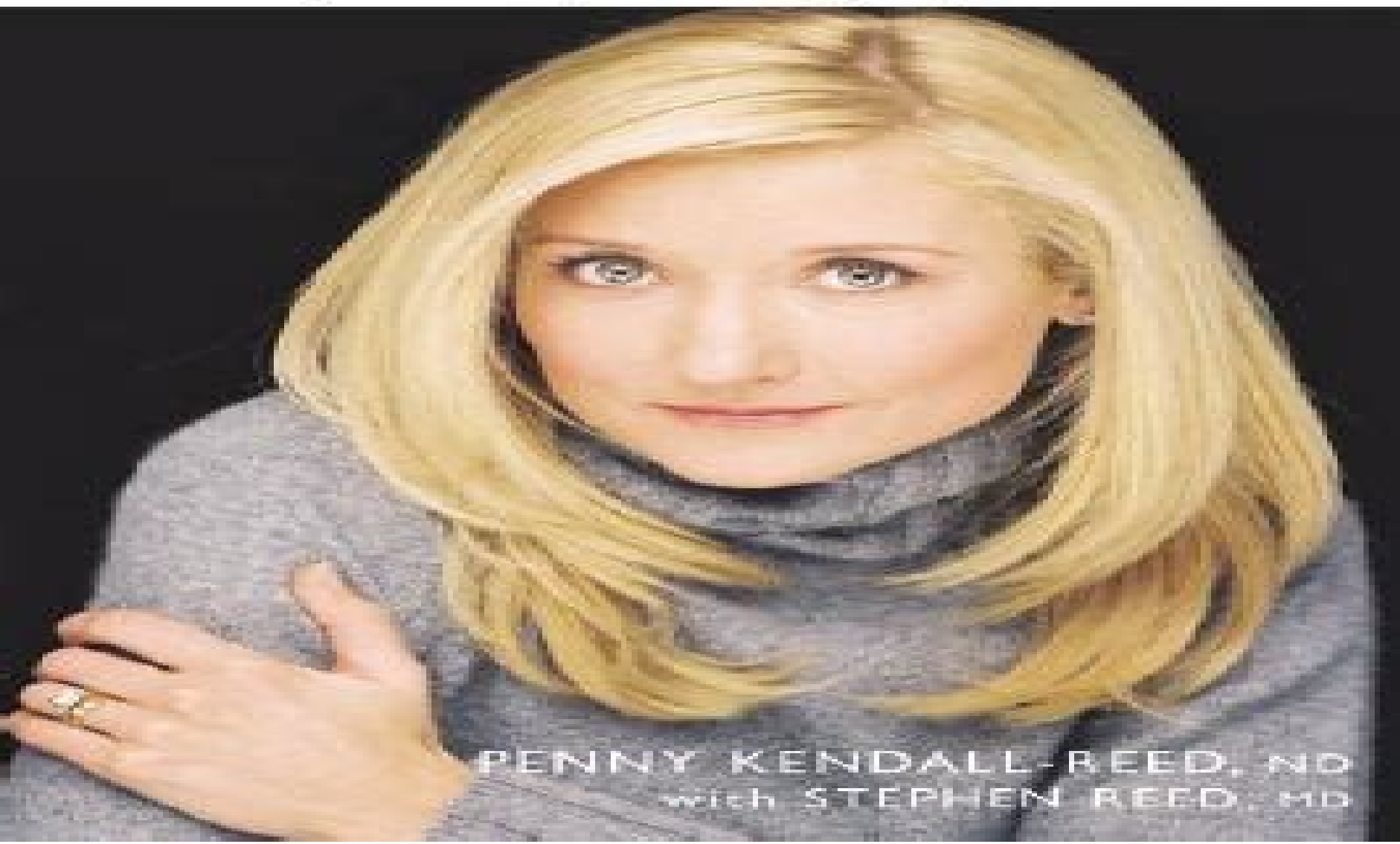


THE NEW **NATUROPATHIC DIET**

*A Guide for Managing Weight,
Preventing Illness & Achieving Optimum Health*



PENNY KENDALL-REED, ND
with STEPHEN REED, MD

The Naturopathic Diet For Managing Weight Preventing Illness And Achieving

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