



THE NEED FOR CONTEMPLATION

Richard D. Woodhams

A 1998-1999
Fellow of the
National Center
for the Study
of the
Moral Life

The Need For Contemplation

Roman Wölfel



The Need For Contemplation:

The Need for Contemplation René Voillaume,1972 To many contemplation is something reserved for the monk in his cell or for the hermit who has turned aside from the humdrum of everyday living This book dispels that myth by showing how vital contemplation is for the life of prayer of each one of us The author aims to encourage a more deliberate and more universal diffusion of contemplative thought throughout the entire Christian society He shows the need for contemplation at the outset by going right to the heart of prayer and develops this by describing the ideal of the fusion of contemplation with the demonstration of love to the world outside Back cover

Contemplation in a World of Action Thomas Merton,1998-02-15 The spiritual and psychological insights of these essays were nurtured in a monastic milieu but their issues are universally human Thomas Merton lays a foundation for personal growth and transformation through fidelity to our own truth and inner being His main focus is our desire and need to attain a fully human and personal identity This classic is a newly restored and corrected edition and the inaugural volume of Gethsemani Studies in Psychological and Religious Anthropology a series of books that explores through the twin perspectives of psychology and religion the dynamics and depths of being fully human When I speak of the contemplative life I do not mean the institutional cloistered life I am talking about a special dimension of inner discipline and experience a certain integrity and fullness of personal development Discovering the contemplative life is a new self discovery One might say it is the flowering of a deeper identity on an entirely different plane Thomas Merton from the book

The Need for Contemplation Rene Voillaume,1972 **Christian Contemplation** Joseph H. Nguyen SJ,2020-12-02 Spiritual practitioners and experts across religious traditions are convinced that contemplation cultivates an awareness of the deeper desires of the human heart But many will ask does contemplation still exist If one has been led to believe that there indeed exists the art of contemplation one will still perhaps wonder what it is and whether or not it is still relevant and applicable today For many the term contemplation itself perhaps connotes a sense of an exotic practice from a distant past unrelated and impractical to the contemporary life In this book the author explores the nature and functions of Christian contemplation and offers the reader a wide variety of contemplative prayer methods that can help cultivate an awareness of the spiritual dimension of the human life The author argues that Christian contemplation is the work of the Holy Spirit While drawing upon a variety of Christian traditions the author bases his discussion on the Jesuit tradition of prayer discernment and spiritual growth as revealed in the Spiritual Exercises of St Ignatius

Embracing Contemplation John H. Coe,Kyle C. Strobel,2019-02-26 What does a Christian life lived by the Spirit look like Bringing together Protestant scholars and practitioners of spiritual formation this volume offers a distinctly evangelical consideration of the benefits of contemplation Drawing on historical examples from the church including John Calvin Richard Baxter Jonathan Edwards and John Wesley this book considers how contemplative prayer can shape Christian living today

Summa Theologiae: Volume 46, Action and Contemplation Jordan Aumann,2006-10-26 Paperback reissue of

one volume of the English Dominicans Latin English edition of Thomas Aquinas Summa Theologiae *The Secrets of Buddhist Meditation* Eric M. Greene, 2021-01-31 In the early 400s numerous Indian and Central Asian Buddhist meditation masters chānsi traveled to China where they established the first enduring traditions of Buddhist meditation practice in East Asia The forms of contemplative practice that these missionaries brought with them and which their Chinese students further developed remained for several centuries the basic understanding of meditation chān in China Although modern scholars and readers have long been familiar with the approaches to meditation of the Chan Zen School that later became so popular throughout East Asia these earlier and in some ways more pervasive forms of practice have long been overlooked or ignored This volume presents a comprehensive study of the content and historical formation as well as complete English translations of two of the most influential manuals in which these approaches to Buddhist meditation are discussed the Scripture on the Secret Essential Methods of Chan Chan Essentials and the Secret Methods for Curing Chan Sickness Methods for Curing Translated here into English for the first time these documents reveal a distinctly visionary form of Buddhist meditation whose goal is the acquisition of concrete symbolic visions attesting to the practitioner's purity and progress toward liberation Both texts are apocryphal scriptures Taking the form of Indian Buddhist sutras translated into Chinese they were in fact new compositions written or at least assembled in China in the first half of the fifth century Though written in China their historical significance extends beyond the East Asian context as they are among the earliest written sources anywhere to record certain kinds of information about Buddhist meditation that hitherto had been the preserve of oral tradition and personal initiation To this extent they indeed divulge as their titles claim the secrets of Buddhist meditation Through them we witness a culture of Buddhist meditation that has remained largely unknown but which for many centuries was widely shared across North India Central Asia and China **The Contemplative Practitioner** John P.

Miller, 2014-01-01 Describes how the experience of the whole through mindful contemplation can release energy and knowledge for practical use in the classroom and in the place of business **Discerning Vocations to the Apostolic Life, the Contemplative Life, and the Eremitic Life** Marie Theresa Coombs, Francis Kelly Nemeck, 2018-09-25 Throughout the spiritual journey God's love engenders within every Christian active contemplative and solitary inclinations Consequently each person wants to do some good to have a basic receptivity to God and at times to be alone with God As life unfolds God's love also calls forth within a person an overriding attraction toward one of those three orientations which in due course impels the individual toward a corresponding vocational lifestyle an apostolic life a contemplative life or an eremitic life In this book the authors identify the core features of those three vocational lifestyles In light of each vocational core they then discuss an ensemble of signs and patterns that point to an authentic calling from God This study offers wisdom and insight to those pondering the mystery of their personal vocations to those discerning their vocational direction and to spiritual directors formation personnel ecclesial leadership and Christian educators who accompany them in their quest **Neural**

Mechanisms Underlying Movement-Based Embodied Contemplative Practices Laura Schmalzl, Catherine E. Kerr, 2016-07-05

Relative to the extensive neuroscientific work on seated meditation practices far less studies have investigated the neural mechanisms underlying movement based contemplative practices such as yoga or tai chi Movement based practices have however been found to be effective for relieving the symptoms of several clinical conditions and to elicit measurable changes in physiological neural and behavioral parameters in healthy individuals An important challenge for neuroscience is therefore to advance our understanding of the neurophysiological and neurocognitive mechanisms underlying these observed effects and this Research Topic aims to make a contribution in this regard It showcases the current state of the art of investigations on movement based practices including yoga tai chi the Feldenkrais Method as well as dance Featured contributions include empirical research proposals of theoretical frameworks as well as novel perspectives on a variety of issues relevant to the field This Research Topic is the first of its kind to specifically attempt a neurophysiological and neurocognitive characterization that spans multiple mindful movement approaches and we trust it will be of interest to basic scientists clinical researchers and contemplative practitioners alike

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