

Swimming To America

Kathleen Armour

Swimming To America:

Sports in America from Colonial Times to the Twenty-First Century: An Encyclopedia Steven A. Riess, 2015-03-26 A unique new reference work this encyclopedia presents a social cultural and economic history of American sports from hunting bowling and skating in the sixteenth century to televised professional sports and the X Games today Nearly 400 articles examine historical and cultural aspects of leagues teams institutions major competitions the media and other related industries as well as legal and social issues economic factors ethnic and racial participation and the growth of institutions and venues Also included are biographical entries on notable individuals not just outstanding athletes but owners and promoters journalists and broadcasters and innovators of other kinds along with in depth entries on the history of major and minor sports from air racing and archery to wrestling and yachting A detailed chronology master bibliography and directory of institutions organizations and governing bodies plus more than 100 vintage and contemporary photographs round out the coverage Breakthrough Swimming Cecil Colwin, 2002 Never before has one book taken such a comprehensive look at the evolution science and coaching application of competitive swimming In Breakthrough Swimming legendary swimming coach and researcher Cecil Colwin provides a rich perspective on the development of the sport and explains major advances in stroke mechanics training methods and racing techniques Accompanied by richly detailed illustrations this engaging text is one of the most insightful written works on the sport It makes clear sense out of the scientific principles and puts into context the historical changes in the sport Not only will you gain a greater understanding of competitive swimming through its origins and evolution but you ll also gain these valuable skills Improve your stroke technique starts and turns Improve your feel of the water by learning to anticipate and effectively manipulate the reacting flow of the water Understand the hydrodynamics of swimming and learn how water reacts to the forces you apply with each swimming stroke Improve your conditioning and develop a better training program by understanding the principles of training Learn how to design different types of workouts to produce specific physiological effects Learn how to plan a seasonal program and how to relate your training to the pace of the race you intend to swim The book includes a chapter contributed by Dr David Pyne sport physiologist to the 2000 Australian Olympic swimming team Pyne covers the physiology of modern swimming training and the preparation of swimming teams for top flight international competition Breakthrough Swimming covers every aspect of competitive swimming from its spawning ground in early 19th century England to the present day including the profound changes that occurred in the last decade of the 20th century The book also explains the societal changes of recent years such as the advent of professional swimming and the specter of performance enhancing drugs Combining history with the latest innovations Breakthrough Swimming is the definitive work on the past present and future of competitive swimming

Youth Sports in America Skye G. Arthur-Banning,2018-06-21 Written by a former Olympic consultant this book examines youth sports in America today from institutions that dominate organized youth sports to high profile controversies

ranging from burnout and out of control parents to the health risks of youth football As organized youth sports occupy an ever greater role in the lives of American families critics have begun to question whether some programs and participants have lost their way This timely book examines the state of youth sports in America today analyzing how organized sports influence communities discussing the potential emotional and physical benefits as well as drawbacks of youth sports and profiling the industry s key participants ranging from parent coaches to club sports owners to personal trainers The work begins with a look at the evolution of youth sports in the United States then explores such topics as burnout self discipline performance enhancing drugs parental violence and scholarships The content includes coverage of 20 individual youth sports such as basketball softball lacrosse baseball volleyball football soccer cross country and swimming and provides breakdowns of historical and current participation rates injury rates and sport specific scholarship trends Each summary includes contact information on important organizations specific to that sport

Swimming to America Patricia Spears Jones, 2011

Homer, Eakins, and Anshutz: The Search for American Identity in the Gilded Age Randall C. Griffin, 2004 Randall Griffin's book examines the ways in which artists and critics sought to construct a new identity for America during the era dubbed the Gilded Age because of its leaders taste for opulence Artists such as Winslow Homer Thomas Eakins and Thomas Anshutz explored alternative American themes and styles but widespread belief in the superiority of European art led them and their audiences to look to the Old World for legitimacy This rich never resolved contradiction between the native and autonomous on the one hand and on the other the European and borrowed serves as the armature of Griffin s innovative look at how and why the world of art became a key site in the American struggle for identity Not only does Griffin trace the interplay of issues of nationalism class and gender in American culture but he also offers insightful readings of key paintings by Eakins and other canonical artists Further Griffin shows that by 1900 the nationalist project in art and criticism had helped open the way for the formulation of American modernism Homer Eakins and Anshutz will be of importance to all those interested in American culture as well as to specialists in art history and art criticism Breakthrough Swimming Cecil M. Colwin, 2002-02-20 Never before has one book taken such a comprehensive look at the evolution science and coaching application of competitive swimming In Breakthrough Swimming legendary swimming coach and researcher Cecil Colwin provides a rich perspective on the development of the sport and explains major advances in stroke mechanics training methods and racing techniques Accompanied by richly detailed illustrations this engaging text is one of the most insightful written works on the sport It makes clear sense out of the scientific principles and puts into context the historical changes in the sport Not only will you gain a greater understanding of competitive swimming through its origins and evolution but you ll also gain these valuable skills Improve your stroke technique starts and turns Improve your feel of the water by learning to anticipate and effectively manipulate the reacting flow of the water Understand the hydrodynamics of swimming and learn how water reacts to the forces you apply with each swimming stroke Improve your conditioning and develop a better training

program by understanding the principles of training Learn how to design different types of workouts to produce specific physiological effects Learn how to plan a seasonal program and how to relate your training to the pace of the race you intend to swim The book includes a chapter contributed by Dr David Pyne sport physiologist to the 2000 Australian Olympic swimming team Pyne covers the physiology of modern swimming training and the preparation of swimming teams for top flight international competition Breakthrough Swimming covers every aspect of competitive swimming from its spawning ground in early 19th century England to the present day including the profound changes that occurred in the last decade of the 20th century The book also explains the societal changes of recent years such as the advent of professional swimming and the specter of performance enhancing drugs Combining history with the latest innovations Breakthrough Swimming is the definitive work on the past present and future of competitive swimming Foot-ball Rules ... Authorized and Adopted by the American Intercollegiate Association National Collegiate Athletic Association, 1904 Early volumes consisted of rules with a separate publication for text Later volumes consist of text and rules at first the official rules later the read easy rules Vols for 1976 78 do not include rules America's Girl Tim Dahlberg, Mary Ederle Ward, Brenda Greene, 2009-08-04 America's Girl is an intimate look at the life and trials of Gertrude Ederle who in 1926 not only became the first woman to swim across the English Channel but broke the record set by men The feat so thrilled America that it welcomed her home with a ticker tape parade that drew two million people This fascinating portrait follows Ederle from her early days as a competitive swimmer through her gold medal triumph at the 1924 Olympics to the first attempt the next year by Ederle to swim from France to England in frigid and turbulent waters a feat that had been conquered by only five men up to that time This is also a stirring look at the go go era of the 1920s when the country was about to recognize that women not only could vote but compete on an international scale as athletes At the height of Prohibition Ederle's triumph over the formidable Channel was a triumph for women everywhere America's Girl immerses readers in a pivotal era of American history and brings to life the America's Industrial Heritage, 1991 spirit of that time **Safety Education** ,1929 A magazine of the good adventure Bulletin - U.S. Coast Guard Academy Alumni Association United States Coast Guard Academy. Alumni Association, 1996

The Joy of Swimming Lisa Congdon, 2016-04-19 The acclaimed artist and author invites readers to dip into the many joys of swimming in this beautifully illustrate and loving homage to aquatic bliss Brain Pickings Best known as an artist illustrator and author Lisa Congdon is also a record breaking long distance swimmer Now she shares her personal passion for swimming in this beautiful and thoughtful celebration of getting in the water Hand lettered inspirational quotes and watercolor portraits are paired with real people s personal stories Illustrated collections of vintage objects such as colorful swim caps traditional pool signs and bathing suits through the ages evoke the beauty and inspiration of the subject An emphasis on swimming as a way of life from taking a leap to going with the flow makes this delightful volume a must have for serious swimmers vacation paddlers and anyone pondering their next high dive

Journal of Health, Physical

Education, Recreation, 1963 Bulletin of the Education Section Florence Nelson, C. F. Scheer, 1928 American The Daily News Almanac and Political Register for ...,1924 Physical Education Review ,1913 The American Statesmen's Yearbook ,1912 Encyclopedia of Sports in America Murry R. Nelson, 2008-12-30 Sports and leisure activities serve as a mirror allowing us to examine the attitudes and values of everyday people This new reference explores the development and influence of sports in American culture as well as how sports icons commercial enterprises organizations sporting events and even fan culture have changed from decade to decade and from era to era from the foot races of colonial times to the extreme sports of today Each chapter focuses on key aspects of sports in American culture including such topics as ethnicity gender and economics Enhanced with numerous sidebars on the movers and shakers key sporting trends as well as the controversies that threatened to tear the sports world apart this insightful reference is ideal for high school and college students who are interested in tracing the evolution of sports and American culture throughout the nation s history Features include a timeline of important events numerous photographs and a bibliography of print and electronic sources for American Gymnasia and Athletic Record ,1905 Water in North American Environmental History Martin V. further Melosi, 2022-06-07 Water in North American Environmental History offers 25 cases studies that explore the range of uses and perceptions of water throughout Canadian Mexican and United States history Water has served a myriad of purposes historically as human sustenance agricultural irrigation sanitation fire protection military defense power generation transportation and much more Water and its uses provide an excellent entre into the study of humans and the environment not only because water is a vital resource for life but also because water as a medium is so intimately woven into the everyday experiences of humans and into society s economic political and social fabric A North American perspective is not representative of the world's water use but it is an area with a linked history and many overlapping human and environmental features and concerns With a continental perspective the book explores many disparate topics without being confined to the history and experiences of just one country. The chapters are short but descriptive and departure points for what they tell us about the human experience in dealing with water and the environmental implications of water use The text leads students to consider water in relation to society and to the past The book will be of interest to students of environmental history geography and the environmental sciences

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